

# COLLEGE OF ARTS AND SCIENCES

## 2020-21 KINESIOLOGY BS TL DEGREE PLAN

\* Emphasis in Health and Human Performance with teacher licensure

FIRST YEAR - FRESHMAN							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB	121	Life of Christ <sup>1</sup>	2	BIB	122	Acts of the Apostles <sup>1</sup>	2
ENG	101	English Composition I <sup>1</sup>	3	ENG	102	English Composition II <sup>1,3</sup>	3
KIN	120	Foundations of Kinesiology	3	EDU	130	Introduction to Education	3
BIO		Human Bio OR A&P I <sup>2</sup>	4	MAT		College Algebra or higher <sup>2</sup>	3
COM	140	Speech Communications <sup>1</sup>	3	KIN	100	Fundamentals of Movement	1
PEA	100	Lifetime Wellness	1	HIS		History <sup>1</sup>	3
			<b>16</b>				<b>15</b>

SECOND YEAR - SOPHOMORE							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB		Bible	2	BIB		Bible	3
KIN	235	Fund of Sports Skills	3	KIN	328	Anatomical Kinesiology <sup>3</sup>	3
SPE	240	Special Ed Foundations <sup>3</sup>	3	KIN	320	Measurement & Eval in Phy	3
		Creative works:ART/ENG/MU	3	PSY	210	General Psychology <sup>2</sup>	3
PSY	306	Educational Psychology <sup>3</sup>	3	HEA	121	Principles of Nutrition	3
EDU	327	Test & Measurement* <sup>3</sup>	3	KIN/PEA/HEA		Elective: Recommend KIN	3
				EDU	250	Professional Reflective Sem	1
			<b>17</b>				<b>19</b>

THIRD YEAR - JUNIOR							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB		Bible	2	BIB	346	Foundations of Faith	3
RDG	321	Teaching Secondary Schoo	3	EDU	320	Technology in the Classroom	3
KIN	225	Physical Activities for Child	3	KIN	420	Motor Learning	2
KIN	327	Care & Prev of Athletic Inj	3	KIN	426	Adaptive Physical Educatio	3
KIN	338	Physiology of Exercise <sup>3</sup>	3	PEA	156	Weight training	1
HEA	216	Personal Health	3	KIN/HEA		UPPER Elective: Rec KIN 330/33	3
			<b>17</b>				<b>15</b>

FOURTH YEAR - SENIOR							
Fall Semester				Spring Semester			
Dept	Crse#	Course Name	Hrs	Dept	Crse#	Course Name	Hrs
BIB	495	Values in Human Thought	3	EDU	448	Student Tchng - Secondar	12
EDU	431E	Edu Meth, Strat & Tech, Content Ar	3	EDU	450	Professional Reflect. Sem II	1
EDU	428	Classroom Management**	2				
KIN	425	Organization & Adm in Phy	3				
KIN	329	Biomechanics <sup>3</sup>	3				
HEA	217	First Aid and CPR	3				
EDU	350	Professional Reflect. Sem I	1				
			<b>18</b>				<b>13</b>

<sup>1</sup>Liberal Arts Core Requirement

<sup>2</sup>Liberal Arts Core Major Requirements in *Undergraduate Catalog*

<sup>3</sup>Course has prerequisite. See corresponding *Undergraduate Catalog*

## ADDITIONAL ITEMS RELATED TO THE MAJOR

Suggested KIN electives (Spring only) - KIN221 - Protective Techniques of Athletic Injuries, KIN 330/331 - Advanced Athletic Training I/II, KIN437 - Exercise Testing and Prescription

**The following guidelines are important. Failure to follow these guidelines may delay graduation.**

1. Plan schedules carefully. Plan to fulfill prerequisites for future courses.
2. Do not alter the sequence of courses without consulting with your academic adviser as not all classes are offered every semester.
3. Before the enrollment period, check to make sure holds will not prevent you from registering.
4. Register for classes early during the registration period to secure classes.

**The Four-Year Degree Plan is a suggested plan of study. This plan does not replace the *Undergraduate Catalog*. The *Undergraduate Catalog* provides the official listing of program requirements.**

<b>2020-21 Undergraduate Liberal Arts Core Requirements</b>	
<p><b>I. Biblical Values</b> BIB 121 <b>AND</b> 122 <b>AND</b> 346 <b>OR</b> 7</p> <p><b>II. Basic Skills</b></p> <p><b>A. Written Communication</b> ENG 101 <b>AND</b> ENG 102 6</p> <p><b>B. Oral Communication</b> COM 1 Speech Communication 3</p> <p><b>C. Quantitative Reasoning</b> MAT 100 <b>OR</b> MAT 101 <b>OR</b> 3 or 4 MAT 120 <b>OR</b> MAT 122 <b>OR</b> MAT 235</p> <p><b>III. Broadened Perspectives</b></p> <p><b>A. Behavioral Sciences</b> BIB/FAM 230 <b>OR</b> PSY 210 <b>OR</b> 3 SOC 241 <b>OR</b> SWK 251</p>	<p><b>B. Natural Sciences</b> BIO 100 <b>OR</b> BIO 105 <b>OR</b> BIO 13 or 4 BIO 111 <b>OR</b> BIO 112 <b>OR</b> BIO 211 <b>OR</b> CHE 121 w/CHE121L <b>OR</b> PHS 111 <b>OR</b> PHS 112 <b>OR</b> PHS 201 <b>OR</b> PHS 211</p> <p><b>C. Arts and Humanities</b></p> <p><b>1. History</b> 3 HIS 111 <b>OR</b> HIS 112 <b>OR</b> HIS 221 <b>OR</b> HIS 222 <b>OR</b> HUM399A <b>OR</b> POL 251</p> <p><b>2. Creative Works</b> 3 ART 110 <b>OR</b> ART 201 <b>OR</b> ART 234 <b>OR</b> ENG 225 <b>OR</b> ENG 226 <b>OR</b> ENG 235 <b>OR</b> ENG 236 <b>OR</b> ENG 245 <b>OR</b> ENG 246 <b>OR</b> ENG 299A/399A <b>OR</b> MUS 110 <b>OR</b> MUS 214 <b>OR</b> PHI 243 <b>OR</b> PHI 245 <b>OR</b> PHI 246 <b>OR</b> THE 160 <b>OR</b> THE 265 <b>OR</b> THE 299A/399A</p> <p><b>3. Humanities Capstone</b> 3 BIB/HUM 495</p>
<p>Complete course names and descriptions for the liberal arts core requirements are located in the <i>Undergraduate Catalog</i>.</p>	