

**COLLEGE OF ARTS & SCIENCES**  
**2021-2022 KINESIOLOGY EMPH: HEALTH & HUMAN PERFORMANCE -**  
**TEACHING LICENSURE**

<b>FIRST YEAR - FRESHMAN</b>							
<b>Fall Semester</b>				<b>Spring Semester</b>			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB	121	Life of Christ <sup>1</sup>	2	BIB	122	Acts of the Apostles <sup>1</sup>	2
ENG	101	English Composition I <sup>1</sup>	3	ENG	102	English Composition II <sup>1,3</sup>	3
KIN	120	Foundations of Kinesiology	3	EDU	130	Introduction to Education	3
BIO		Human Bio OR A&P I <sup>2</sup>	4	MAT		College Algebra or higher <sup>2</sup>	3
COM	140	Speech Communications <sup>1</sup>	3	KIN	100	Fundamentals of Movement	1
PEA	100	Lifetime Wellness	1	HIS		History <sup>1</sup>	3
			<b>16</b>				<b>15</b>
<b>SECOND YEAR - SOPHOMORE</b>							
<b>Fall Semester</b>				<b>Spring Semester</b>			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB		Bible	2	BIB		Bible	3
KIN	235	Fundamentals of Sports Skills	3	KIN	328	Anatomical Kinesiology <sup>3</sup>	3
SPE	240	Special Education Foundations <sup>3</sup>	3	KIN	320	Measurement & Eval in Phy Ed	3
		Creative Works: ART/ENG/MUS <sup>1</sup>	3	PSY	210	General Psychology <sup>2</sup>	3
PSY	306	Educational Psychology	3	HEA	121	Principles of Nutrition	3
EDU	327	Test & Measurement* <sup>3</sup>	3			KIN/PEA/HEA Elective: Recommend KIN	3
				EDU	250	Professional Reflective Seminar I <sup>3</sup>	2
			<b>17</b>				<b>20</b>
<b>THIRD YEAR - JUNIOR</b>							
<b>Fall Semester</b>				<b>Spring Semester</b>			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB		Bible	2	BIB	346	Foundations of Faith <sup>1</sup>	3
RDG	321	Teaching Secondary School Lit	3	EDU	320	Technology in the Classroom* <sup>3</sup>	3
KIN	225	Physical Activities for Children	3	KIN	420	Motor Learning	2
KIN	327	Care & Prevention of Athletic Injuries	3	KIN	426	Adaptive Physical Education	3
KIN	338	Physiology of Exercise <sup>3</sup>	3	PEA	156	Weight training	1
HEA	216	Personal Health	3	KIN/HEA		UD Elective: Recommend KIN330/331/4	3
			<b>17</b>				<b>15</b>
<b>FOURTH YEAR - SENIOR</b>							
<b>Fall Semester</b>				<b>Spring Semester</b>			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB	495	Values in Human Thought <sup>1</sup>	3	EDU	448	Student Teaching - Secondary <sup>3</sup>	12
EDU	431E	Tchng Methods & Literacy: K-12 Content Areas** <sup>3</sup>	3	EDU	450	Professional Reflective Seminar III <sup>3</sup>	1
EDU	428	Classroom Management** <sup>3</sup>	2				
KIN	425	Organization & Adm in Phy Ed	3				
KIN	329	Biomechanics <sup>3</sup>	3				
HEA	217	First Aid and CPR	3				
EDU	350	Professional Reflective Seminar II <sup>3</sup>	1				
			<b>18</b>				<b>13</b>
<b>Total</b>							<b>131</b>

<sup>1</sup>Liberal Arts Core Requirement

<sup>2</sup>Liberal Arts Core Requirements in *Undergraduate Catalog*

<sup>3</sup>Course has prerequisite. See corresponding *Undergraduate Catalog*

## ADDITIONAL ITEMS RELATED TO THE MAJOR

Suggested KIN electives (spring only) - KIN 221 - Protective Techniques of Athletic Injuries, KIN 330/331 - Advanced Athletic Training I/II, KIN 437 - Exercise Testing and Prescription

**The following guidelines are important. Failure to follow these guidelines may delay graduation.**

1. Plan schedules carefully. Plan to fulfill prerequisites for future courses.
2. Do not alter the sequence of courses without consulting with your academic adviser as not all classes are offered every semester.
3. Before the enrollment period, check to make sure holds will not prevent you from registering.
4. Register for classes early during the registration period to secure classes.

**The Four-Year Degree Plan is a suggested plan of study. This plan does not replace the *Undergraduate Catalog*. The *Undergraduate Catalog* provides the official listing of program requirements.**

### 2021-22 Undergraduate Liberal Arts Core Requirements

I. Biblical Values	III. Broadened Perspectives
<b>A. Bible</b>	<b>A. Behavioral Sciences</b>
BIB 121 & 122 & 346 <b>OR</b> 446 7	BIB/FAM 230 <b>OR</b> PSY 210 <b>OR</b> SOC 241 <b>OR</b> SOC 251 3
<b>II. Basic Skills</b>	<b>B. Natural Sciences</b>
<b>A. Written Communication</b>	BIO 100 <b>OR</b> BIO 105 <b>OR</b> BIO 110 <b>OR</b> BIO 111 <b>OR</b> BIO 112 <b>OR</b> BIO 211 <b>OR</b> CHE 121 & CHE 121L <b>OR</b> PHS 111 <b>OR</b> PHS 112 <b>OR</b> PHS 201 <b>OR</b> PHS 211 3
ENG 101 <b>AND</b> ENG 102 6	<b>C. Arts and Humanities</b>
<b>B. Oral Communication</b>	<i>HISTORY:</i> HIS 111 <b>OR</b> HIS 112 <b>OR</b> HIS 221 <b>OR</b> HIS 222 <b>OR</b> HUM 399A <b>OR</b> POL 3
COM 140 3	<i>CRITICAL AND CREATIVE WORKS:</i> ART 110 <b>OR</b> ART 201 <b>OR</b> ART 234 <b>OR</b> ENG 215 <b>OR</b> ENG 225 <b>OR</b> ENG 235 <b>OR</b> ENG 299A/399A <b>OR</b> MUS 110 <b>OR</b> MUS 214 <b>OR</b> PHI 243 <b>OR</b> PHI 245 <b>OR</b> PHI246 <b>OR</b> THE 160 <b>OR</b> THE 265 <b>OR</b> THE 299A/399A 3
<b>C. Quantitative Reasoning</b>	<i>HUMANITIES CAPSTONE:</i> BIB/HUM 495 3
MAT 100 <b>OR</b> MAT 101 <b>OR</b> MAT 120 <b>OR</b> MAT 122 <b>OR</b> MAT235 3	
<i>Complete course names and descriptions for the Liberal Arts Core Requirements are located in the Undergraduate Catalog.</i>	

**Total 34**