COLLEGE OF ARTS & SCIENCES

2022-2023 KINESIOLOGY - EMPHASIS: EXERCISE SCIENCE B.S. DEGREE PLAN

		FIRST YE	EAR -	FRESH	MAN		
		Fall Semester				Spring Semester	
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB	121	Life of Christ ¹	2	BIB	122	Acts of the Apostles ¹	2
ENG	101	English Composition I ¹	3	ENG	102	English Composition II ^{1,3}	3
KIN	120	Foundations of Kinesiology	3	BIO	211	Human Anat & Physio I ²	4
PEA	100	Lifetime Wellness	1	MAT		College Algebra or higher ²	3
HIS		History ¹	3	PSY	210	General Psychology ²	3
СОМ	140	Speech Communication ¹	3	PEA	156	Weight Training	1
			4-				1.0
		SECOND V	15 - A D		OMOD	-	16
		SECOND Y	EAK -	SOPH	OMOR		
Dest	l.C #	Fall Semester		David	#	Spring Semester	11
	Crse#	Course Name			Crse#	Course Name	Hrs.
BIB		Bible	2				2
	ļ	Creative works:ART/ENG/MUS ¹	3	KIN	328		3
		Any Electives	6			KIN/HEA/PEA Elective (Recommend: KIN	
BIO	212	Human Anatomy & Physiology II ³	4			Principles of Nutrition	3
				MAT	235	Introductory Statistics ³	3
						Any Elective	3
			15				17
		THIRD			ſΩP		
		Fall Semester	ILAIN	JON	LOK	Spring Semester	
Dept.	Crse#					Spring Semester Course Name	Hrs.
	Crse# 346	Fall Semester		Dept.			Hrs.
BIB		Fall Semester Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs. 2
BIB KIN	346	Fall Semester Course Name Foundations of Faith ¹	Hrs.	Dept. BIB KIN	Crse# 420	Course Name Bible	2
BIB KIN	346 327	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries	Hrs. 3 3 3	Dept. BIB KIN	Crse# 420 397/49	Course Name Bible Motor Learning	2 2 2
BIB KIN KIN	346 327 329	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries Biomechanics ³	Hrs. 3 3 3	Dept. BIB KIN KIN	Crse# 420 397/49	Course Name Bible Motor Learning Practicum in Kinesiology	2 2 2 3
BIB KIN KIN	346 327 329	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries Biomechanics ³	Hrs. 3 3 3	Dept. BIB KIN KIN	Crse# 420 397/49	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331	2 2 2 3
BIB KIN KIN	346 327 329	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries Biomechanics ³	Hrs. 3 3 3 3 4	Dept. BIB KIN KIN KIN	Crse# 420 397/49	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331	2 2 2 3 6
BIB KIN KIN	346 327 329	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries Biomechanics ³ Physiology of Exercise ³	Hrs. 3 3 3 4	Dept. BIB KIN KIN KIN/HEA	420 397/49	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331	2 2 2 3
BIB KIN KIN	346 327 329	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries Biomechanics ³ Physiology of Exercise ³ FOURTH	Hrs. 3 3 3 4	Dept. BIB KIN KIN KIN/HEA	420 397/49	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives	2 2 2 3 6
BIB KIN KIN KIN	346 327 329 338	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries Biomechanics ³ Physiology of Exercise ³ FOURTH Fall Semester	Hrs. 3 3 3 4 16 YEAR	Dept. BIB KIN KIN KIN/HEA	420 397/49	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester	2 2 3 6
BIB KIN KIN KIN Dept.	346 327 329 338 Crse#	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries Biomechanics ³ Physiology of Exercise ³ FOURTH Fall Semester Course Name	Hrs. 3 3 3 4 16 YEAR	Dept. BIB KIN KIN/HEA	420 397/49	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester Course Name	2 2 2 3 6 15
BIB KIN KIN KIN Dept. BIB	346 327 329 338 Crse# 495	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries Biomechanics ³ Physiology of Exercise ³ FOURTH Fall Semester Course Name Values in Human Thought ¹	Hrs. 3 3 3 4 16 YEAR	Dept. BIB KIN KIN/HEA CIN/HEA Dept. BIB	420 397/49 A IIOR	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester Course Name Bible	2 2 3 6 15 Hrs.
BIB KIN KIN KIN BIB KIN	346 327 329 338 Crse# 495 425	Fall Semester Course Name Foundations of Faith ¹ Care & Prevention of Athletic Injuries Biomechanics ³ Physiology of Exercise ³ FOURTH Fall Semester Course Name Values in Human Thought ¹ Organization & Administration in Phys. Ed.	Hrs. 3 3 3 4 16 YEAR Hrs. 3 3	Dept. BIB KIN KIN/HEA - SEN Dept. BIB KIN	420 397/49 A IIOR Crse#	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester Course Name Bible Exercise Testing & Prescription	2 2 3 6 15 Hrs.
BIB KIN KIN KIN Dept. BIB	346 327 329 338 Crse# 495	Fall Semester Course Name Foundations of Faith¹ Care & Prevention of Athletic Injuries Biomechanics³ Physiology of Exercise³ FOURTH Fall Semester Course Name Values in Human Thought ¹ Organization & Administration in Phys. Ed. First Aid and CPR	Hrs. 3 3 3 4 16 YEAR Hrs. 3 3 3 3	Dept. BIB KIN KIN/HEA - SEN Dept. BIB KIN KIN	420 397/49 A IIOR Crse# 437 397/497	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester Course Name Bible Exercise Testing & Prescription Practicum in Kinesiology	2 2 3 6 15 Hrs. 2 3
BIB KIN KIN KIN BIB KIN	346 327 329 338 Crse# 495 425	Fall Semester Course Name Foundations of Faith¹ Care & Prevention of Athletic Injuries Biomechanics³ Physiology of Exercise³ FOURTH Fall Semester Course Name Values in Human Thought ¹ Organization & Administration in Phys. Ed. First Aid and CPR Upper Division Electives	Hrs. 3 3 3 4 16 YEAR Hrs. 3 3 3 3 3 3 3	Dept. BIB KIN KIN/HEA - SEN Dept. BIB KIN KIN KIN	420 397/49 A IIOR Crse# 437 397/497	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester Course Name Bible Exercise Testing & Prescription Practicum in Kinesiology AdaptivePhysical Education	2 2 3 6 15 Hrs. 2 3 2
BIB KIN KIN KIN BIB KIN	346 327 329 338 Crse# 495 425	Fall Semester Course Name Foundations of Faith¹ Care & Prevention of Athletic Injuries Biomechanics³ Physiology of Exercise³ FOURTH Fall Semester Course Name Values in Human Thought ¹ Organization & Administration in Phys. Ed. First Aid and CPR	Hrs. 3 3 3 4 16 YEAR Hrs. 3 3 3 3	Dept. BIB KIN KIN/HEA - SEN Dept. BIB KIN KIN KIN	420 397/49 A IIOR Crse# 437 397/497	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester Course Name Bible Exercise Testing & Prescription Practicum in Kinesiology AdaptivePhysical Education UD Elective: Recommend KIN330/331	2 2 3 6 15 Hrs. 2 3 3
BIB KIN KIN KIN BIB KIN	346 327 329 338 Crse# 495 425	Fall Semester Course Name Foundations of Faith¹ Care & Prevention of Athletic Injuries Biomechanics³ Physiology of Exercise³ FOURTH Fall Semester Course Name Values in Human Thought ¹ Organization & Administration in Phys. Ed. First Aid and CPR Upper Division Electives	Hrs. 3 3 3 4 16 YEAR Hrs. 3 3 3 3 3 3 3	Dept. BIB KIN KIN/HEA - SEN Dept. BIB KIN KIN KIN	420 397/49 A IIOR Crse# 437 397/497	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester Course Name Bible Exercise Testing & Prescription Practicum in Kinesiology AdaptivePhysical Education	2 2 3 6 15 Hrs. 2
BIB KIN KIN KIN BIB KIN	346 327 329 338 Crse# 495 425	Fall Semester Course Name Foundations of Faith¹ Care & Prevention of Athletic Injuries Biomechanics³ Physiology of Exercise³ FOURTH Fall Semester Course Name Values in Human Thought ¹ Organization & Administration in Phys. Ed. First Aid and CPR Upper Division Electives	Hrs. 3 3 3 4 16 YEAR Hrs. 3 3 4 4	Dept. BIB KIN KIN/HEA - SEN Dept. BIB KIN KIN KIN KIN KIN	420 397/49 A IIOR Crse# 437 397/497	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester Course Name Bible Exercise Testing & Prescription Practicum in Kinesiology AdaptivePhysical Education UD Elective: Recommend KIN330/331	2 2 3 6 15 Hrs. 2 3 2 3 3
BIB KIN KIN KIN BIB KIN HEA	346 327 329 338 Crse# 495 425 217	Fall Semester Course Name Foundations of Faith¹ Care & Prevention of Athletic Injuries Biomechanics³ Physiology of Exercise³ FOURTH Fall Semester Course Name Values in Human Thought ¹ Organization & Administration in Phys. Ed. First Aid and CPR Upper Division Electives	Hrs. 3 3 3 4 16 YEAR Hrs. 3 3 3 3 3 3 3	Dept. BIB KIN KIN/HEA - SEN Dept. BIB KIN KIN KIN KIN KIN	420 397/49 A IIOR Crse# 437 397/497	Course Name Bible Motor Learning Practicum in Kinesiology UD Elective: Recommend KIN330/331 Any Electives Spring Semester Course Name Bible Exercise Testing & Prescription Practicum in Kinesiology AdaptivePhysical Education UD Elective: Recommend KIN330/331	15 Hrs

 $^{^{2}}$ Liberal Arts Core Requirements in *Undergraduate Catalog*

 $^{^3}$ Course has prerequisite. See corresponding ${\it Undergraduate\ Catalog}$

ADDITIONAL ITEMS RELATED TO THE MAJOR

Exercise Science Emphasis elective recommendations: KIN 221, KIN 330, KIN 331							

The following guidelines are important. Failure to follow these guidelines may delay graduation.

- 1. Plan schedules carefully. Plan to fulfill prerequisites for future courses.
- 2. Do not alter the sequence of courses without consulting with your academic adviser as not all classes are offered every semester.
- 3.
- Before the enrollment period, check to make sure holds will not prevent you from registering.
- 4. Register for classes early during the registration period to secure classes.

The Four-Year Degree Plan is a suggested plan of study. This plan does not replace the *Undergraduate Catalog*. The *Undergraduate Catalog* provides the official listing of program requirements.

2022-23 Undergraduate Liberal Arts Core Requirements

T. Diblical Values					
I. Biblical Values	III. Broadened Perspectives				
A. Bible	A. Behavioral Sciences				
BIB 121 & 122 & 346 OR 446	BIB/FAM 230 OR PSY 210 OR SOC 241 OR 3				
TT Books Chille	SOC 251				
II. Basic Skills	B. Natural Sciences				
A. Written Communication	BIO 100 OR BIO 105 OR BIO 110 OR BIO 3				
ENG 101 AND ENG 102	111 OR BIO 112 OR BIO 211 OR CHE 121 &				
B. Oral Communication	CHE 121L OR PHS 111 OR PHS 112 OR PHS				
COM 140	3 201 OR PHS 211				
C. Quantitative Reasoning	C. Arts and Humanities				
MAT 100 OR MAT 101 OR MAT 120 OR MAT 122	<i>HISTORY</i> : HIS 111 OR HIS 112 OR HIS 221 3				
OR MAT235	OR HIS 222 OR HUM 399A OR POL 251				
	CRITICAL AND CREATIVE WORKS: ART 3				
	110 OR ART 201 OR ART 234 OR ENG 215				
Complete course names and descriptions for	OR ENG 225 OR ENG 235 OR ENG				
·	299A/399A OR MUS 110 OR MUS 214 OR				
the Liberal Arts Core Requirements are located	PHI 243 OR PHI 245 OR PHI246 OR THE				
in the Undergraduate Catalog.	160 OR THE 265 OR THE 299A/399A				
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	HUMANITIES CAPSTONE: BIB/HUM 495 3				

Total 34