

COLLEGE OF ARTS & SCIENCES
2022-2023 KINESIOLOGY EMPH: HEALTH & HUMAN PERFORMANCE - TEACHING LICENSURE

FIRST YEAR - FRESHMAN							
Fall Semester				Spring Semester			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB	121	Life of Christ1	2	BIB	122	Acts of the Apostles1	2
ENG	101	English Composition I1	3	ENG	102	English Composition II1,3	3
KIN	120	Foundations of Kinesiology	3	EDU	130	Introduction to Education	3
BIO		Human Bio OR A&P I2	4	MAT		College Algebra or higher2	3
COM	140	Speech Communications1	3	KIN	100	Fundamentals of Movement	1
PEA	100	Lifetime Wellness	1	HIS		History1	3
			16				15
SECOND YEAR - SOPHOMORE							
Fall Semester				Spring Semester			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB		Bible	2	BIB		Bible	3
KIN	235	Fundamentals of Sports Skills	3	KIN	328	Anatomical Kinesiology 3	3
SPE	240	Special Education Foundations3	3	KIN	320	Measurement & Eval in Phy Ed	3
		Creative Works: ART/ENG/MUS1	3	PSY	210	General Psychology2	3
PSY	306	Educational Psychology	3	HEA	121	Principles of Nutrition	3
EDU	327	Tests & Measurement*3	3			KIN/PEA/HEA Elective: Recommend KIN221	3
				EDU	250	Professional Reflective Seminar I3	2
			17				20
THIRD YEAR - JUNIOR							
Fall Semester				Spring Semester			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB		Bible	2	BIB	346	Foundations of Faith1	3
RDG	321	Teaching Secondary School Lit	3	EDU	320	Technology in the Classroom*3	3
KIN	225	Physical Activities for Children	3	KIN	420	Motor Learning	2
KIN	327	Care & Prevention of Athletic Injuries	3	KIN	426	Adaptive Physical Education	3
KIN	338	Physiology of Exercise3	3	PEA	156	Weight training	1
HEA	216	Personal Health	3	KIN/HEA		UD Elective: Recommend KIN330/331/437	3
			17				15
FOURTH YEAR - SENIOR							
Fall Semester				Spring Semester			
Dept.	Crse#	Course Name	Hrs.	Dept.	Crse#	Course Name	Hrs.
BIB	495	Values in Human Thought 1	3	EDU	448	Student Teaching K-123	12
EDU	431E	Tchng Methods & Literacy: K-12 Content Areas**3	3	EDU	450	Professional Reflective Seminar III3	1
EDU	428	Classroom Management**3	2				
KIN	425	Organization & Adm in Phy Ed	3				
KIN	329	Biomechanics3	3				
HEA	217	First Aid and CPR	3				
EDU	350	Professional Reflective Seminar II3	1				
			18				13
Total							131

1Liberal Arts Core Requirement

2Liberal Arts Core Requirements in *Undergraduate Catalog*

3Course has prerequisite. See corresponding *Undergraduate Catalog*

ADDITIONAL ITEMS RELATED TO THE MAJOR

Suggested KIN electives (spring only) - KIN 221 - Protective Techniques of Athletic Injuries, KIN 330/331 - Advanced Athletic Training I/II and Prescription

The following guidelines are important. Failure to follow these guidelines may delay graduation.

1. Plan schedules carefully. Plan to fulfill prerequisites for future courses.
2. Do not alter the sequence of courses without consulting with your academic adviser as not all classes are offered every semester.
3. Before the enrollment period, check to make sure holds will not prevent you from registering.
4. Register for classes early during the registration period to secure classes.

The Four-Year Degree Plan is a suggested plan of study. This plan does not replace the Undergraduate Catalog. The Undergraduate Catalog provides the official listing of program requirements.

2022-23 Undergraduate Liberal Arts Core Requirements

I. Biblical Values	III. Broadened Perspectives
A. Bible	A. Behavioral Sciences
BIB 121 & 122 & 346 OR 446	BIB/FAM 230 OR PSY 210 OR SOC 241 OR SOC 251
7	3
II. Basic Skills	B. Natural Sciences
A. Written Communication	BIO 100 OR BIO 105 OR BIO 110 OR BIO 111
ENG 101 AND ENG 102	OR BIO 112 OR BIO 211 OR CHE 121 & CHE 121L OR PHS 111 OR PHS 112 OR PHS 201 OR PHS 211
6	3
B. Oral Communication	C. Arts and Humanities
COM 140	HISTORY: HIS 111 OR HIS 112 OR HIS 221 OR HIS 222 OR HUM 399A OR POL 251
3	3
C. Quantitative Reasoning	<i>CRITICAL AND CREATIVE WORKS:</i> ART 110 OR ART 201 OR ART 234 OR ENG 215 OR ENG 225 OR ENG 235 OR ENG 299A/399A OR MUS 110 OR MUS 214 OR PHI 243 OR PHI 245 OR PHI246 OR THE 160 OR THE 265 OR THE 299A/399A
3	3
<i>Complete course names and descriptions for the Liberal Arts Core Requirements are located in the Undergraduate Catalog.</i>	<i>HUMANITIES CAPSTONE:</i> BIB/HUM 495
	3
Total	
34	