COLLEGE OF ARTS & SCIENCES

2023-2024 KINESIOLOGY - EMPHASIS: EXERCISE SCIENCE

B.S. DEGREE PLAN

Fall Semester Spring Semester	er H	Spring Semester	HMA	FRES	FAD -	ETDCT VE				
Dept. Crse# Course Name Hrs. Dept. Crse# Course Name BIB 121 Life of Christ¹ 2 BIB 122 Acts of the Apostles¹ ENG 101 English Composition I¹ 3 ENG 102 English Composition II¹³ KIN 120 Foundations of Kinesiology 3 BIO 211 Human Anat & Physio I² PEA 100 Lifetime Wellness 1 MAT College Algebra or higher² HIS History¹ 3 PSY 210 General Psychology² COM 140 Speech Communication¹ 3 PEA 156 Weight Training SECOND YEAR - SOPHOMORE Fall Semester Spring Semester Dept. Crse# Course Name BIB Bible 2 BIB KIN/HEA/PEA Elective (Recommendation) BIO 212 Human Anatomy & Physiology II³ 4 HEA 121 Principles of Nutrition MAT 235 Introductory Statistics³ A		Spring Semester			LAR -	FIRST II				
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KIN 327 Care & Prevention of Athletic Injuries 3 KIN 420 Motor Learning		Motor Learning	420	KIN	3	Care & Prevention of Athletic Injuries	327	KIN		
KIN 329 Biomechanics ³ 3 KIN 397/49 Practicum in Kinesiology	J.Y	Practicum in Kinesiology	397	KIN	3	Biomechanics ³	329	KIN		
KIN 338 Physiology of Exercise ³ 3 KIN/HEA UD Elective: Recommend KIN33	end KIN330/3	UD Elective: Recommend KIN330	Α	KIN/HE	3	Physiology of Exercise ³	338	KIN		
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²Liberal Arts Core Requirements in *Undergraduate Catalog*

³Course has prerequisite. See corresponding *Undergraduate Catalog*

ADDITIONAL ITEMS RELATED TO THE MAJOR

Exercise Science Emphasis elective recommendations: KIN 221, KIN 330, KIN 331

The following guidelines are important. Failure to follow these guidelines may delay graduation.

- 1. Plan schedules carefully. Plan to fulfill prerequisites for future courses.
- 2. Do not alter the sequence of courses without consulting with your academic adviser as not all classes are offered every semester.
- 3. Before the enrollment period, check to make sure holds will not prevent you from registering.
- 4. Register for classes early during the registration period to secure classes.

The Four-Year Degree Plan is a suggested plan of study. This plan does not replace the *Undergraduate Catalog*. The *Undergraduate Catalog* provides the official listing of program requirements.

2023-2024 Undergraduate Liberal Arts Core Requirements

I. Biblical Values	III. Broadened Perspectives
A. Bible	A. Behavioral Sciences
BIB 121 & 122 & 346 OR 446 7	BIB/FAM 230 OR PSY 210 OR SOC 241 3
II. Basic Skills	OR SOC 251
11. Dasic Skills	B. Natural Sciences
A. Written Communication	BIO 100 OR BIO 105 OR BIO 110 OR 3
ENG 101 AND ENG 102	BIO 111 OR BIO 112 OR BIO 211 OR
B. Oral Communication	CHE 121 & CHE 121L OR PHS 111 OR
COM 140 3	
C. Quantitative Reasoning	C. Arts and Humanities
MAT 100 OR MAT 101 OR MAT 120 OR MAT 3	
122 OR MAT235	221 OR HIS 222 OR HUM 399A OR POL
	CRITICAL AND CREATIVE WORKS: 3
omplete course names and descriptions for the Liberal Arts Core Requirements are	ART 110 OR ART 201 OR ART 234 OR
	ENG 215 OR ENG 225 OR ENG 235 OR
	ENG 299A/399A OR MUS 110 OR MUS
· ·	214 OR PHI 243 OR PHI 245 OR PHI246
located in the Undergraduate Catalog.	OR THE 160 OR THE 265 OR THE
	299A/399A
	HUMANITIES CAPSTONE: BIB/HUM 495 3