

THE BELL TOWER

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VOL. 30, NO. 3

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Campus Life

Everyone's favorite lion statue gets a new coat of paint almost every week.

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Entertainment

Annual "Potpourri" talent show event hosted by the Student Alumni Association is a success.

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Cross country becomes the newest addition to FHU Athletic Department.

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Briefly:

World Mission Workshop will be held October 22-24. To help with housing guests, check with your R.A. for sign up forms. For more information on World Mission Workshop go to www.fhu.edu.wmw.

The Film Society will hold a screening of its 'Film and Theology' series next week. Thursday, October 22, they will screen *Stranger Than Fiction*. All screenings are free and a discussion will follow. Contact Brad Montague at bmontague@fhu.edu to be added to the list of society members.

Tune in to WFHU FM 91.5 every weekday morning from 6:30 a.m. until 8:30 a.m. for Brad and Kyle in the Mornings.

Upcoming Events:

Lions volleyball will play Lyon College at home on October 15. The game begins at 6 p.m.

CAPTURE ATTENTION: *Sharpening Your Musical Theatre Skills* will be held October 19 from 3:45 p.m. until 6 p.m. and October 20 from 3 p.m. until 5:30 p.m. in the Black Box Theatre.

Soul Food

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - his good, pleasing, and perfect will.

Romans 12:2

UPC holds annual student lectureship

By Brad Kelley
Staff Writer

"Instead of 'this is what I have to do,' we want to emphasize 'what can I do next,'" said Russell Shaw, University Program Council (UPC) president and organizer for this year's student lectureships.

Shaw's statement is a summation of this year's lectureship theme which is based on the teachings of Matthew 5:41 which says, "If someone forces you to go one mile, go with him two miles." The main focus this year was all about that second mile.

Beginning with Monday's chapel, Justin Smith, UPC Chaplain, delivered his view on "The Call." His topic covered a broad spectrum, introducing the next few days and outlining what was to come.

At Monday night's devotional, Dan Chambers, minister for the Maryville Church of Christ, continued the series with the topic of "Running Towards God."

Tuesday morning's chapel followed in the steps of tradition as the men and women were split up. It broke away from the norm however in that it did not cover a sexual topic. Shaw said, "We felt as if women on campus haven't had enough of an opportunity to speak to other women on campus."

Brooke Harp and Sarah Holt teamed up for the women's half of chapel and delivered a lesson that began with a list of activities that are decidedly "Not Cool."

On the list along with vacuuming at two in the morning and stealing clothes from the laundry room, was the final point, "being lukewarm." This led Harp and Holt into Tuesday's topic, "Don't Stop Short."

Dustin Dickey delivered a lesson to the men on the same topic. The standout point of Dickey's lesson was his reading of a "Profile of the Lukewarm" from the book *Crazy Love* by Francis Chan.

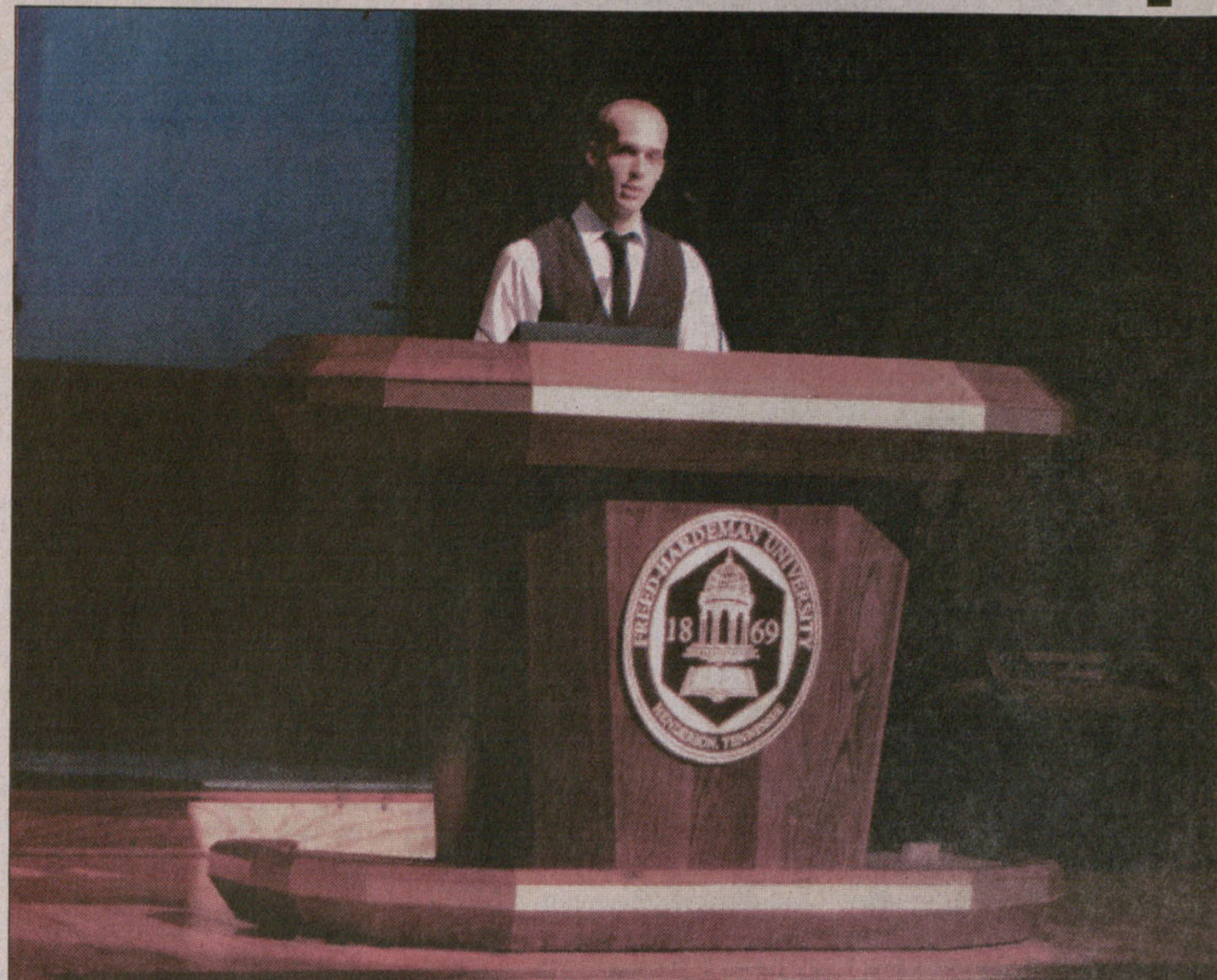
Tuesday night brought the second guest speaker, David Shannon, from Mt. Juliet Church of Christ. Shannon covered the topic, "Don't Look Back."

The topic was about the importance of devoting your all to God and the problems that can arise from deviating from going that extra mile.

Chris Malone, a freshman and resident of Mt. Juliet said, "[David Shannon's] whole lesson was great, but one point he made in particular that hit me was that living while looking forward to God and trying to look over your shoulder at the same time is spiritually dangerous, because you can't see where you're going."

Chapel on Wednesday was the last lesson in the series. This lesson was presented by Jeremy Jenkins. The topic was "Finishing" and Jenkins tied in Matthew 5:44 as his main point. Delivering a short lesson punctuated by prayers from other participants, Jenkins' lesson was short and blatantly ironic.

Inspired by C.S. Lewis's *The Screwtape Letters*, Jenkins claimed that we are to hate our



Senior Jeremy Jenkins delivers a rousing chapel speech for UPC's student lectureship week.

enemies and show them no mercy, the exact opposite of the message within Matthew 5:44. By presenting his lesson in this manner, Jenkins challenged the listeners to focus on how they act towards their enemies as opposed to how they should act.

"You have to grab people's attention, and I wanted to bring some creativity in. The way we present the material is equally important, if not more so, than the material itself," said

Jenkins. "Sometimes we have to discomfort the listeners to get the message across."

Shaw was more than satisfied with this year's speakers, adding that he's heard nothing but positive comments from attendees. "UPC wants to provide

not only a fun, entertaining environment for students, but one that also helps them focus on God and assist their spiritual progress as well...I think this year's student lectureship has done that," Shaw said.

Judd returns to FHU

By Shelley McClelland
Assistant Editor

One of the advantages of attending a smaller university is being able to get to know the professors. It is exciting to discover the hidden talents, achievements, and dreams of those whom we usually see beside a PowerPoint presentation.

Nathan Judd, from Ringgold, Georgia, is one of FHU's newest faculty members. He teaches Methods of Social Behavior Research I for Social Work and Criminal Justice. Dr. Cravens contacted him earlier this year and asked if he would be willing to teach.

FHU is not new to Judd. He was a Makin' Music host in 2004, received a B.A. in Music in 2006, and received a Master's in Counseling in 2008—both at Freed-Hardeman. Since then, he has completed some post-graduate classes here as well. He plans to start his doctorate in the fall, and he is currently working toward a counseling license.

Like nearly all new teachers, Judd thought it was a little intimidating at first but has become more relaxed as the semester has proceeded. He has learned the value in keeping up with everything, as well as planning ahead and staying organized.

He would like at some point to teach full time because he has really enjoyed it so far, though it is difficult to keep up with everything. At the age of 26, he is not much older than the students he is teaching. In response to whether this is an advantage or disadvantage, Judd says it can go both ways. He says, "I try to look at the students as equals. I'm the one presenting the material, but that doesn't make me better than they are, so I try to be fair and understand where they are coming from. It could present challenges as well because they may not see me as distinguished."

Judd's teaching style includes lecture, PowerPoint, class activities, student presentations, debates, and occasional videos. He says it is definitely harder to be a teacher than a student. He has to dedicate about four hours of preparation per week for one class.

In addition to teaching, Judd works 40 hours a week at Youth Town in Jackson and has been there for about three months.

He works with adolescents who have alcohol and/or drug issues. Most of them have a legal history; some are even affiliated with gangs.

Judd and Melissa, his wife, met on a blind date arranged by his brother. Six months later they were married. She teaches the second grade at Caywood

Elementary in Lexington and is currently working on her Ed.S. She also attended FHU. They attend Estes church of Christ and try to be as involved as possible.

When he is not teaching or counseling, Judd enjoys running. At one point he was running about 45 miles a week, but lack of time has prevented him from getting in that much now. He still tries to do three runs a week; the shortest of those is six or seven miles. He tries to get a long run in on the weekends. For the last two weekends, he has run 20 miles each.

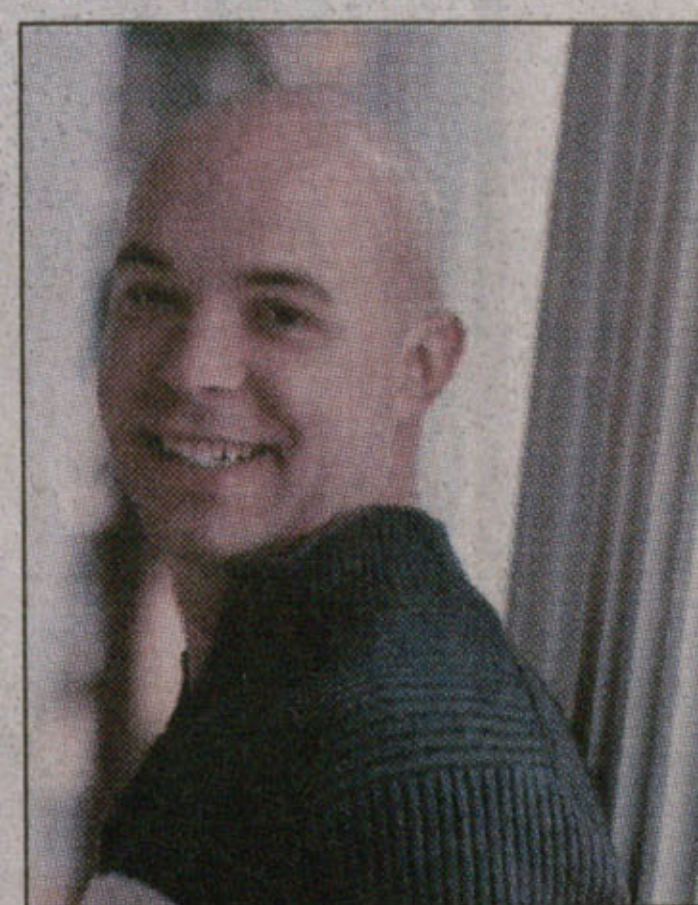
He says Rich Brown inspires him because he is very disciplined and sets goals that are so far above what most think are even possible, like a 100-mile race. He also likes how Brown raises a lot of money for good organizations.

Judd's first marathon was in 2006. Without proper training, it took him five and a half hours to complete the 26-mile race. He is now striving to finish the marathon in four and a half hours, an achievable goal due to his determination. Since April, he has logged about 550 miles of running.

Judd's advice for those interested in running: "You have to have a reason to start running." His original motivation to start running again was to lose weight. He now sets goals to help with St. Jude Children's Research Hospital in Memphis.

This year he plans to raise \$1,000 for the organization. The people that do the St. Jude Heroes Program raise necessary funds for the hospital, and they are privileged to attend a banquet during which young St. Jude patients come out and talk to them.

During the race, parents will have kids along the side of the race. He says, "It is a very moving race. Knowing that people are cheering you on and need your support gives you the little extra motivation when you don't want to go out and run." He currently has raised \$250 and is anticipating that 8:00 a.m. marathon on December 5.



Kristi Montague/OMUR
Nathan Judd is one of the newest faculty members.

Sleep deprivation leads to more stress



Junior Becca Phillips prepares for her midterms with long hours spent in the library studying.

By Shannon Hargis
Associate Editor

College students generally have a lot on their plates. This is especially true at Freed-Hardeman University. Merilee Jones, the former dean of admissions at M.I.T., was recently quoted in the New York Times as saying that our generation is "the most anxious, sleep-deprived, steeped-in-stress, judged, tested, poorly nourished generation." With a plethora of opportunities for students to be involved in, time for sleep and rest seems to come last in the list of priorities. Students might fight the urge to sleep in order to get some work done on that research paper, attend that late-night club meeting, or have a chance to visit with friends.

Dr. Brian Richter who specializes in Sleep Medicine, said the long-term effects of sleep-deprivation includes heart attack, high blood pressure, obesity, mood disorders, and depression. It is also not uncommon for a sleep-deprived student to be irritable and start receiving lower marks in classes.

"Students need 6 to 8 hours of sleep a night in order to go about normal daily tasks," said Richter. He advises students to take "cat naps" throughout the day to get energy back, but stresses that

these naps not exceed 20 to 30 minutes or else it will affect the natural sleeping pattern. He also recommends not drinking caffeine after 4 p.m. and to not exercise 3 hours before bedtime.

Dr. Ronald E. Dahl, a professor of psychology and pediatrics said, "Changes in mood and motivation are among the most important effects of sleep loss." While depression is a common occurrence in many college students, due sometimes to stress and a changing of life stages, not getting enough sleep can do anything but help boost motivation and increase positivity while trying to complete daily tasks of a college student.

"Sleep is not simply rest," said Dahl, "Sleep is essential for basic survival, occurring in every species of living creatures that have ever been studied. Tedious tasks without the imminent prospect of reward are much more difficult to initiate and complete when one has been deprived of sleep."

"There's just not enough hours in the day to get everything you need done," said Olivia Potete, a sophomore nursing major from Jackson, TN, "and being an athlete at FHU makes it even more challenging. You go from class all day to practice all night and you only end up having two or three hours left in the day to do homework and a lot of time

it's just not enough. After all this, by the end of the week, you're plum-tuckered out."

Nikki Ceeney, another student-athlete and exercise science major at FHU said, "You never get everything done. You're playing your day down to the minute and then by the end you're absolutely exhausted and then you have to wake up and do it all over again the next day and you still haven't gotten enough sleep to deal with all of it."

So what's the best way to deal with the everyday stress and over commitment that students have and still achieve a healthy amount of sleep? The Center for Disease Control (CDC) said adults need seven to nine hours of sleep a night to feel fully rested. The CDC also recommends sticking to a regular sleep schedule, sleeping in a dark, well ventilated space at a comfortable temperature, avoiding stimulating activities within two hours of bedtime, avoiding caffeine in the evening, and avoiding going to bed on a full or empty stomach.

However, while most students at FHU find these CDC tips hard to accommodate to because of all the late night intramural games and meetings on top of homework, it is still just as important to get the necessary sleep as recommended by the doctors to be able to stay healthy and function at a normal capacity.

WHAT IT TAKES: FHU ADMISSIONS

By Rachel Ryan
Assistant Editor

The Office of Admissions hosted the first Maroon and Gold Day for the 2009-2010 school year on Monday, Oct. 5, 2009.

Freed-Hardeman University's Maroon and Gold Day (M&G Day) is specifically designed for high school juniors and seniors with the intention of giving them "the FHU experience for a day," according to M&G Day intern Amanda Allen. Students can register for free on the FHU website, and the goal, Allen said, is to share "what a day at FHU is really like."

In order to advertise for the M&G Days on campus, information is provided on the school's website and via a Facebook group. Also, applicants for admission to FHU receive informational emails about upcoming Maroon and Gold Days.

Under the guidance of Director of Admissions Belinda Anderson, Allen's internship position with the Office of Admissions is responsible for

handling the work involved in putting together Maroon and Gold Day. Since Allen arrived at FHU in August, she has been working ten hours every week organizing the one-day event. The week before M&G Day, Allen said she spent nearly 20 hours in the admissions office making final preparations.

Most of Allen's work involved coordinating the schedule of events for the day. Registration began at 10 a.m., and Allen organized the succeeding events, which occurred until check-out at 2:20 p.m. She also reserved several on-campus buildings, including the Auxiliary Gym, Ayers Auditorium, and the Crews-Colbert Activity Center.

According to Allen, the Campus Delegate Team (CDT) helped significantly in coordinating the events of M&G Day, too. Allen said she went to the CDT for help with running Monday morning registration in Loyd, handing out t-shirts, and conducting campus tours. Admissions counselors and current FHU students also gave tours of the campus. Before

M&G Day began on Monday, Allen teamed up with the CDT and other volunteer helpers around 8 a.m. to set up signs and tables.

The preparations needed to be completed before check-in at 10 a.m. Kristi Montague created the M&G Day pamphlet, which included a schedule of events, a campus map, a list of programs of study available at FHU, an admissions checklist, and a list of the social clubs at FHU.

After check-in, the first activity for the participants of M&G Day was to attend daily chapel in Loyd Auditorium with Freed-Hardeman students. Following chapel, Belinda Anderson and President Joe Wiley welcomed the visiting students and their families in Ayers Auditorium. Then it was time for lunch.

Coordinating lunch for the students, parents, and faculty proved a challenge, said Allen. Students could register for M&G Day until the day before the event, which meant that on Monday morning Allen had to make sure she had enough food, that it was delivered on time, and that there was enough seating—not to mention creating name tags. It was also difficult, according to Allen, to keep count of the faculty coming to the lunch.

While some FHU faculty members—including Kenan Casey, Monte Tatum, Joyce Bloomingburg, Rebecca Bush, Stephen Foster, Becky Cargile, Mark Steiner, and Dwina Willis—responded to

Allen prior to Monday about attending lunch, she said that additional faculty members were last-minute additions to the list of faculty participants. The after-lunch activities included a show by the Freed-Hardeman Ambassadors (an a cappella traveling group), followed by separate informational sessions for students and parents that focused on student life at FHU. Allen coordinated the sessions with different speakers for the two groups.

The parents' speakers included Vice President for Enrollment Management Wayne Scott, Mark Scott, and Dean of Students Jeana Wiley. Summer Judd and Melissa Menley also spoke to the parents about financial aid options.

The students, on the other hand, heard from Brad Montague and Tony Allen. Some topics of the students' session were dorm life, Student Government Association (SGA), and Makin' Music.

After the informational sessions, M&G Day was officially over; however, the CDT offered tours of the dormitories for those interested, according to Allen.

Monday's Maroon and Gold Day, which attracted 36 total students and 65 total participants (students, parents, and family), was the first of several at Freed-Hardeman this year. Allen commented afterwards that, though she was a little stressed, the day seemed to go smoothly. "The students really seemed to enjoy it, and I could tell they



Shannon Hargis/The Bell Tower

Prospective students view the school at Maroon and Gold Day.



Shannon Hargis/The Bell Tower

Admissions counselors Blake Beckham and Molly Risley love FHU.

were making friends with one another," she said.

With the first M&G Day complete—and before Allen begins working on the next one—the CDT will send out

surveys via email to the students who visited campus. Allen plans to use the feedback to improve future Maroon and Gold Days, the next of which is scheduled for Friday, November 13.

Students stay safe on campus

By Becca Phillips
Staff Writer

Blue pants. Blue shirt. Everyone has seen the jeep trolling all over campus. Most people have had contact with campus security at some point. Whether it be a parking violation, on foot chase, or an intricately planned scheme to sneak out of the dorm, students all over campus seem to be screaming, "But we're adults!" Everyone protests about campus security at some point, but, in truth, everyone appreciates all the hard work that our security officers put into protecting our campus and providing us with a safe learning and living environment.

Michael Atchison serves as the Director of Campus Security and Recreation. There are seven members of security on staff

and a 24-hour security guard on campus. These members of the security team are happy to help students in any way they need, be it an escort to class or help getting into a building.

Here at Freed-Hardeman, security is a top priority. Campus security utilizes a variety of tools in order to keep all students safe while on campus.

The tool e2Campus, better known to most students as LionAlert, allows security to quickly make students aware of emergency situations and rough weather that could affect the school. LionAlert works in several ways.

The vast majority of students have cell phones and with LionAlert security personnel can send out messages to students quickly via text message. This service is free to all students.

Students can register online through the campus security link on the Freed-Hardeman website. Student ID's are also a security measure. Being required to scan ID cards to enter a dorm or a building on campus allows only certain people to enter and keeps others out of these buildings.

Another security workforce at Freed-Hardeman is the Student Government Association's (SGA) Security Committee. This group of students works together to hear the concerns and questions that may be raised by the student body.

The committee also serves as a voice for the students as they try to work out these issues with the administrative committee. Meredith Hooper, committee chair person, said, "You may not know that our SGA theme this year is 'Words to Action' and as

a member of SGA we are excited to represent your concerns and requests to our administration."

With this as their theme, the students in this group attempt to make a positive impact on the campus. This committee is working hard in preparation for a presentation planned for the student body, in which they will propose several new safety ideas during Safety Awareness week in Spring 2010.

To contact Michael Atchison about campus security, you can visit him in his office downstairs in the Student Center.

If you have any questions about SGA's Security Committee, see Meredith Hooper, Marcus Posey, Josh Caraway, or Sara Tucker. If you have an emergency on campus or if you need any assistance from security personnel, call 731-989-6911.



Kristina Toland/The Bell Tower



Kristina Toland/The Bell Tower

Monique Cobb uses her student ID to get into her dorm.

Mold problem in Dixon has residents raising concerns

By Lauren Hickman
Staff Writer

Entering your dorm room for the first time ever is an exciting feeling. It's the place you'll be living for the next school year.

For several freshmen and returning students of Dixon Hall, however, that excitement has been mitigated by an overwhelming smell of mold in the hallway. After just a week in their new home several students became sick from the mold that is in the pipes.

At the end of August, the residents of Dixon were informed that their air conditioning would be turned off for a week to fix the mold problem. During one hot week, ceiling tiles were taken down, and pipes were replaced. It

took over a week to change the pipes, and now into the second week of October, the ceiling tiles have yet to be replaced. Furthermore, moldy pipes are still visible.

Residents of Dixon are concerned whether or not any work has been done that will solve the reoccurring mold problem. Questions also persist about why the issue was not resolved during the summer when no student residents were living in the dorm, especially if mold has been a problem for several years.

Facilities provided fans for residents to cope with the August heat, but only a limited number were supplied, leaving more than half of the dorm rooms without any fans.

In September, during the

two weeks of constant rain, the stairwell walls of Dixon had several large patches of what was supposed by residents to be mold on them. The walls were cleaned by facility workers, and residents were sent an email saying that it was just "dirt" on the walls.

Several girls living in Dixon have developed symptoms like fatigue, eye irritation, coughing, and runny nose.

Again, residents suppose with good reason that the mold is causing the illnesses. Some started to feel sick within a week of moving into Dixon.

Freshman Brittany Carter voiced a common frustration in Dixon, wondering, "Where are you supposed to go when being in your dorm room makes you feel worse?"



Kristina Toland/The Bell Tower

Measures are being taken to solve the mold problems in Dixon, but there is still work to be done.



Kristina Toland/The Bell Tower

The lion statue outside of the student center painted purple and gold, the colors of Chi Beta Chi.

Number of lion painters growing

By Heather Johnson
Staff Writer

It is hard to walk through the commons without noticing the fierce Freed-Hardeman lion that is standing not only as a mascot, but also as a symbol of the university. The lion stands tall on its platform projecting strength, pride, and...neon paint?

Over the years the lion has been spray painted in a variety of different styles. Some days, according to club spirit and other days just a big neon pink and orange mess. Some students think it is just a joke, while others take it a bit more seriously.

Freshman Justin Hammond is one who describes the painting events as, "Hysterical. I think that it is interesting that students choose to paint a concrete lion." Another freshman, Lauren Glenn simply said, "It's tradition." The majority of students see this situation as a practical joke. An upper classman, Sherry Pratt says, "The lion has always been painted for big club events like Makin' Music and homecoming,

but this year it has happened a lot more than any other year I have been here."

For the past two weeks the topic of conversation has centered around the lion. The Conversation floating around campus focuses on which club's Greek letters are boldly displayed. Some rumor that so much paint and graffiti has been applied to the lion—under the cover of night and even during broad daylight—that if it were all stripped away, only a kitten would be left.

It is a wonder that students are getting away with such pranks when Freed-Hardeman is known for its strict policies. A painter whose identity will remain anonymous talks about her experience, "I painted the lion for the first time this year. We decided it would be cool to paint it like a Zebra-striped Unicorn. At the base, we spray-painted, 'the baddest unicorn you've ever seen.' It looked real cool, until someone stole the unicorn's horn. That night I checked something off my bucket list." Some wonder if painting the lion club colors demeans its representation

of Freed-Hardeman pride and school spirit.

President Wiley sheds some light on the subject, "the lion has been a favorite target on campus for many, many years. It doesn't bother me; it is one of those things that students do that is fun and rather harmless, if not all that attractive at times."

Dustin Semore, a transfer from Mississippi State recalls a family member's first trip to FHU, "There is a picture of Baby Eden sitting on the lion. It's like a staple of FHU families to have their child's pictures taken on the lion. I'm pretty sure these alumni aren't happy when their beloved lion is painted fifty two different colors - none of which are the school's official colors."

President Wiley describes some possibilities for the lion, "It could be left to upgrade attractiveness of quad area, moved to another location, or left where it is and ask that students not repaint it."

Right now the university has no final plans for the lion's future, but if the students have anything to do with it, the FHU lion's future is looking pretty bright.

Film Society exposes students to classic and current film

By Bailey Gillreath
Staff Writer

"Roger Ebert said, 'Life's too short to watch bad movies,' and I believe it," says Brad Montague, the man who is heading up the Film Society that has been talked about in hushed, reverent tones since last semester. Last March, the first official meeting was held with a small group of movie enthusiasts who guffawed at the shenanigans of Buster Keaton in *The Camera Man*.

"That movie is what the studios used to show to directors to teach them how to make a comedy," informs Montague. He talks about how timeless and influential the film has been. Though he has seen it countless times, he says, "It's a different experience watching it with an audience."

Since that first meeting, the Film Society has been gathering steam, and it is finally becoming a reality. What is the Film Society exactly?

"Well, it's threefold," Montague explains.

"The first type of society meetings will be private screenings. It will be kind of like a club," he elaborates. The private screenings will be every

Wednesday at 9:00 p.m. in the theater at the Crews and will consist of an introduction, a film, and a discussion. Attendees to the private screenings must be on a list, however, and should contact Montague if interested.

A different director will be highlighted during each of these meetings, and the films watched will be based on the interests of those in the group. Montague says that the movies will be categorized based on the director, not who is acting in the film. "I don't care who's in a movie. Unless it's Johnny Depp or someone who's fun to watch like that," says Montague, "but most people don't know who Fellini is or what he directed."

Montague insists that an appreciation for the director of a film is an important part of understanding and appreciating the film. He says, "It's like reading a book by your favorite author when you watch a film by your favorite director."

The second function of the Film Society will involve campus-wide screenings. These events will take place on Thursday nights and have been designated on the Freed-Hardeman calendar, complete with the nifty little

icons designed by Montague's wife, graphic designer Kristi Montague.

The Film Society's third type of project is titled Film and Theology, which will be on alternate Thursday nights from the campus-wide screenings. On those nights, a not-overtly-Christian film will be viewed and discussed.

"These are films not written by Christians. They are films that you wouldn't expect to hold deep, spiritual truths," says Montague. He goes on to say that "from a Christian perspective, it just makes sense that we would see how powerful film is. It's the synagogue of today." With the wide reach of the cinema, he says that people all over the world are viewing movies that are representations of ideas that the writers, directors, and actors all bring to the table.

Stranger Than Fiction will be the first Film and Theology movie, and will be next Thursday night at 8:00 p.m. in the Crews.

"We're not doing this just to be watching movies; we're doing this to be an event. Going to the movies used to be this big event," says Montague, and it is his goal to recapture that

excitement. He says that for some of the showings, there will be pre-show performances, such as tap-dancing before *Singin' in the Rain*, and post-show performances such as karaoke. Just think of the "Let's go to the movies" scene in *Annie*.

"One other thing I want to happen before every film is an introduction. It's important to understand the context," he insists.

Excited about the possibilities of the Film Society, Montague says that it is something he has wanted to be a part of for a long time. Montague himself is a movie fanatic and studied film in college. Anyone who would like more information about the Film Society may join the official group on Facebook. Montague says that all are invited and assures that "it'll be an experience."



Kristina Tolland/The Bell Tower
Society sponsor and founder, Brad Montague, hosts a meeting.

Hurricane Anne is revealed

By Rachel Ryan
Assistant Editor

The first reading of *Hurricane Ann* took place Thursday night, October 8, 2009, in the Black Box Theater. *Hurricane Ann* is Melanie McCullough's student show for Freed-Hardeman's theatre season this year; however, what is unique about her show is that she wrote it.

This is not the first time McCullough has had one of her plays performed on FHU's campus. In May, she directed her one-act play *Goodnight, Dear* for the festival of short plays. This is, though, her first experience staging one of her full-length plays.

Writing is nothing new for McCullough, who said she's "been writing since before she could write." She described how she would dictate stories as a small child to her grandmother, who would then "copy them word for word on her black Remington typewriter." McCullough has written a number of children's books, which have been published in her hometown of Winfield, Alabama, as well as several novels, plays, and screenplays.

McCullough, a senior theatre performance major at FHU, completed the first draft of *Hurricane Ann* in the spring of 2008. The play is set in northern Alabama and portrays the Monroe family caught in Granddaddy's basement because of the impending Hurricane Ann. Ann is also, coincidentally, the name of the late matriarch of the Monroe family who sparks much of the conversation and controversy throughout the show.

FHU's theatre webpage includes a caption about *Hurricane Ann* that describes how "attitudes and old grievances collide as secrets are revealed, accusations are made, and Christmas trees are assembled." McCullough also added that "what happens with the Monroes

in Granddaddy's basement is what I wish could happen for my family: rounding everybody up, forcing them together, and then shouting at each other for several hours. That might just make us better people."

Inspiration for the story of *Hurricane Ann*, according to McCullough, derived from several actual experiences. Hurricane Katrina was still a recent memory when McCullough began *Hurricane Ann*, during which her family had been the host of a "hurricane party" very similar to the one Eleanor Monroe, a character of *Hurricane Ann*, hosted in the play. Another character, Kenneth Brown, is modeled after a visitor to the McCullough home during their real-life hurricane party, who, like Kenneth, "brought all sorts of weather radios and scanners and gear," said McCullough.

After auditions for *Hurricane Ann*, the cast (which includes Bethany Wagar, Rachel Ryan, Mauricio Campos, Chris LaFever, Ashley Crawford, Matthew Dalton, Hannah Hoyt, and Rebecca Watts), McCullough and director Dr. John McLaughlin, an English professor at FHU, met for several practice readings. Now that the first reading is over, the cast is looking forward to the impending staged reading at 7 p.m. on December 3 and 2 p.m. on December 5, 2009 in the Black Box Theater.

The staged reading, according to Dr. Cliff Thompson, the director of the theatre program at FHU, will "help the audience to still focus on the text of the play but also provide a sense of how key scenes would look in the performance." Instead of the actors reading from scripts, they will memorize key scenes and perform them with limited props and scenery; however, the main focus of the staged reading is still the text.

The theatre department is also looking forward to the arrival of Jan Buttram for the staged reading

on December 3. Buttram is the artistic director of the Abingdon Theater in Manhattan. She is also a playwright; some of her published plays include *Captive* and *Elvis and My Little Brother*. Buttram will conduct a talk-back session after the staged reading, leading a discussion about the strengths and weaknesses of *Hurricane Ann*.

The first reading on October 8 was free and attracted 30 audience members. The performance consisted of the actors reading their lines with enthusiasm but without any sort of props, setting or costumes. The actors were lined up in a semi-circle on stage with music stands and read directly from their scripts. There was also a narrator who read the stage directions for the audience. Before the reading began, Thompson gave a short speech asking the audience to focus on the text of the play. Afterwards, he led a brief critique session with the audience and the cast, who contributed their reactions and suggestions about the writing of the play.

McCullough's objective, now, is to use those suggestions to fine-tune *Hurricane Ann*. She said that "any dialogue that seems disingenuous to the characters will be revamped. Similarly, the actors and I are searching for sections that just don't play right." Up to this point, *Hurricane Ann* has been through countless drafts and revisions," explained McCullough, "and this semester is about obsessing over the small stuff" in order "to smooth out the rough edges." Beyond that, she said that *Hurricane Ann* "was a labor of love" and that she "will be pleased with whatever Ann accomplishes."

When asked about her ultimate artistic goals, McCullough said, "I want my every creative endeavor to be pleasing to God, and I want to marry a man who won't mind it when his wife hasn't cooked supper for him and the kids because she's made a breakthrough on chapter 11. That's about it."

Potpourri showcases talent

By Brittani Burroughs
Staff Writer

The house lights are turned down and are replaced with a single spotlight. Backstage, performers are scattered here and there as they anxiously await their turn to perform on stage. All of sudden a loud booming voice radiates from the loud speakers signaling that it's show time. So begins the Student Alumni Association's (SAA) Potpourri 2009.

Last week SAA hosted their annual "Potpourri" talent show where everyone and anyone who has talent is given the opportunity to showcase it for the student body.

The setup was similar to that of America's Got Talent or American Idol, except there were no judges, and everyone was a winner.

The night started out with the

members of Deaf Awareness Club (DAC) performing the Black Eyed Peas "Where is the Love" in sign language.

The club members came out on stage and sat in desks that were there to provide a classroom-like atmosphere. Two by two they got up and signed parts of the song.

Towards the end Josh Williams signed along with the rapper's solo. It was by far one of the most powerful performances of the night.

As the show continued on so did the talent, from an acoustic cover of Pink Floyd's "Wish You Were Here" performed by Kay Bloodworth and Devin McCoy, to the Jenkins 5 rendition of "Raise it Up." Diamond Dubois also gave a stunning vocal performance when she sang "Summertime."

Students not only showcased vocal talent but played instruments as well. Cassidy Williams showed off her skills as an

accomplished pianist as she played and sang a song by Enya. Following Cassidy was Lincoln Stemler, another amazing pianist who brought no sheet music, only his heart and soul. Jeremy Hall also played the piano while his wife, Sarah Hall, sang "If I Ain't Got You" by Alicia Keys.

Just when the night



Kristina Tolland/The Bell Tower
Senior Jeremy Jenkins performed his own version of the classic Britney Spears' single "Hit Me Baby One More Time."

couldn't get anymore enthralling, a band by the name of The Brave Little Toasters took the stage. The "BLTs" as they nicknamed themselves, rocked out to their interpretation of the Black Eyed Peas' "I Gotta Feelin'."

Perhaps the most coveted performance of the evening, however, was that of Jeremy Jenkins. His cover of Britney Spears' "Baby One More Time" seemed to be the crowd favorite of the night.

The audience cheered him on as he played the song on the piano and belted out the catchy tune note for note. Jenkins made it clear that he was there for one reason, to entertain the audience.

All the individuals who performed in Potpourri did an outstanding job and should each get their own standing ovation.

The night was truly a success thanks to the talent that participated and all of the hard work that SAA put into the show.



Kristina Tolland/The Bell Tower
Diamond Dubois performed "Summertime."

Miller redefines story with *Million Miles*



By Bryson Leach
Columnist

I have decided to stray from my usual babbling about music you've never heard of to tell you about this book, because I believe you should read it. Donald Miller's *A Million Miles in a Thousand Years* is one of the best books I've read in a long time.

After writing a best selling memoir, Miller secluded himself in his home in Portland, Oregon in order to elude his publishers. Unsure of how to start a new story, he continued to sink into the realm of procrastination (and sleep), wondering what to write next.

It wasn't until two filmmakers approached him with the idea to turn his best seller into a movie that Miller had his next writing project.

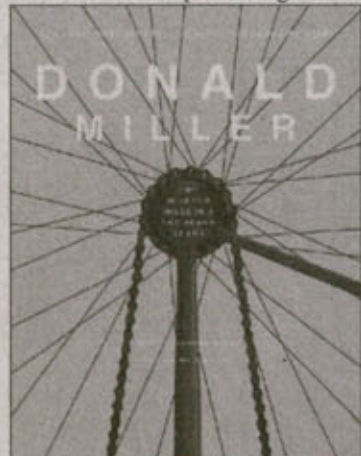
As he worked with the filmmakers to reform his memoir into a screenplay, he learned that adapting a book for the screen involves more than just copying and pasting the novel into the screenplay. It takes structure and comprehension—something he realized his life didn't have. This

book is the story of how Miller worked to make his life a story worth telling.

"Nobody cries at the end of a movie about a guy who wants to buy a Volvo," Miller states as the book opens. The truth is, everyone's life hardly has anything in it worth making into a movie.

Not everyone is awarded a purple heart; not everyone contributed to the Underground Railroad; not everyone's life is worth retelling. Miller suggests that maybe we should all make an effort to change that.

In order to change his own life story, he starts to tackle what seem like impossible tasks. For example, he reconnects with his father, a man he hardly knew. In order to impress a girl, he



hikes the Inca Trail to Machu Picchu, a task many have died attempting.

His book details numerous other feats, and it closes with

his fund-raising bicycle journey across the United States.

This isn't a story about a successful author who wears smoking jackets and lives among mahogany bookcases filled with a litany of books. This book is not filled with deep theological essays. This book is simply one man's journey to find meaning in his life. His tasks were done in order for him to be able to look back on his life and feel satisfied with its story.

As I read this book I couldn't help but insert myself into each and every story and wonder how my life would be different if I had done what Miller did. *A Million Miles in a Thousand Years* taught me that life is so much more than ordinary milestones.

Life is more than turning 21, graduating from high school, getting a driver's license, or trying anchovies for the first time. Life's important memories are made when you choose to do the extraordinary over the mediocre. As I read, I knew I wouldn't be hiking a deadly mountain anytime soon, but I could at least begin finding ways to create memorable experiences for myself.

If you're looking for inspiration for the next step in your life, this book is the perfect fit for you. Read *A Million Miles in a Thousand Years*.

For more on this book or all things music, movies, and photography check out my blog @ <http://brysonleach.tumblr.com>



Melanie McCullough

For the first performance of *Hurricane Ann*, actors stood behind podiums and read through the script.

Investing in people can solve problems

Broderick Greer
Columnist

For the record: I have nothing against Beck, O'Reilly, or Hannity. They're probably great guys who love their families and feel like they're doing American citizens a good service. This week, though, we'll focus less on personalities

(or caricatures of personalities). Poverty is widespread, racism is institutionalized, the divide between rich and poor is paramount, and the "War on Terror" is being fought on two fronts (Iraq and Afghanistan). These crises are not light matters that can be tidily swept under the metaphorical rug. These huge problems cannot be solved by the election of a president or by the platform of a political party.

Democrats do not have the answers. Republicans do not have the answers. The Green Party might have answers, I suppose, but they don't have any members. There is no easy answer to any of

these global issues.

No single answer.

However, have you wondered whether Jesus has anything to say to these monumental challenges? Sometimes we limit Jesus's teachings and ministry to private platitudes that aren't applicable to societies or communities. The message of Jesus is personal, but not private.

Jesus's life was spent and invested in people. We read of him being at parties and funerals, in fields and on the beach. He was involved in the lives of real people, concerned with children, the aged, the poor, and the marginalized. One of

my greatest concerns with our present political climate is our tendency to forget the people with whom Jesus spent most of his time. We forget the poor, the old, the "other," but Jesus had a practice of including the "other." He crossed economic, religious, class, and political lines for the kingdom of God.

Can we do the same? Can we reach across imagined barriers and embrace the "other"? Can we reach out to both liberals and conservatives, Republicans and Democrats (and the Green Party)? Is that out far from our comfort zone? If so, and we still do it, then that's a good thing.

MATT'S MUSINGS

thoughts from a student abroad

Matt Burnett
Columnist

We lurched out the heavy wooden door and launched out amid the steam and stench and storefronts, between isle upon isle of market carts, treading hastily up the hill, wet and cold beneath our tennis shoes. He was faster than I, but was breathing hard and loud. I felt stealthy and smooth until I realized he was almost half a block ahead of me. The speediness left in his old legs was more than enough for me to realize that I was still slightly out of shape—in Europe—in spite of the number or size of stairs I had climbed.

As we rounded the corner at Crapaurue and Rue Ortmans, bubbles of brilliance reminded my eyes that it was morning no matter how prepared they were for sunlight. Huffing down the street toward the bakery, he began to explain to me that we needed 28.

"28 baguettes!"

He seemed giddy and awake and was happy to have me with him. Not many people have wanted to have me with them, so that made me feel great. I half imagined grabbing his hand and swinging it boyishly like I might have with my own Pepaw. I cannot remember a time during my childhood in which such a candid event would have taken place; not with my grandfather, nor with my father. I only imagined it as I had all my life.

The sunlight and the cold reminded me of WWII Beach Day when he walked down on the sand by himself wearing Cora's jacket. The wind blew. It was pitiful to see, but no more pitiful than everyone else looked with windblown hair and windbreakers pressed in awkward shapes against them. He would wince as the blunt gusts of cold pushed against his frame and his face. The wind would plaster his head of gray and silver into millions of tiny icicles, and a smile would wrinkle his face, which would then rill and pit into channels flowing to his mouth and eyes—eyes squeezed tight, almost-closed against the not-so-gentle breeze. I envisioned us sharing that smile on the banks of Squaw Creek, fishing for catfish. But we were

nowhere near Texas or catfish, and I was only imagining.

Shifting my attention back to the sidewalk ahead, I lunged quickly on to keep up with his pace. Each cobble as it passed beneath us shone with a nearly metallic shimmer, and the steam from our breath broke the cool air all around us. Halting abruptly, he stepped through a glass door on our right. I back tracked a step and followed him into the bakery to retrieve our 28.

It was comical to observe his attempts at French as the sweet baker woman smoothly slid a white piece of paper from his hand. He chuckled heartily to me that he was no good at this language thing, and I smiled and made my own attempts to confirm the baker's inferences from the little white slip. He began talking as the swift little woman snuck baguette by baguette into the large white bread bags on the counter before us. He spoke like a teacher and gesticulated like a grandfather, and I remembered. I remembered the times when, back in the States, I had determined never to give him a second chance—times when I would sit—or sleep—in class and tune out, equipped with my usual bitterness, entirely unprepared to receive his instruction. I find it hard to consider those days now that we're here in Europe riding trains and eating breakfast and making bread orders together. Europe has taught me that people are complex.

Even now as I sit typing in the dining room, he sits patiently across the room, sighing contemplatively or hollering playfully at his computer, occasionally bursting out in laughter at a silly mistake. What I used to think of him was ignorant and immature. Frankly, I did not like him.

The trouble is that we usually do not have the chance to see others as I have had the chance to see him. Had I not been forced to live in the same facility with him and take his class every weekday, I might be entirely unchanged and complacent with my own impressions. We might assume that people are human when we're not watching—that they cry and sigh and smile—but for the most part, we do not care to see the humanity in those with whom we don't see eye-to-eye.

Perhaps this makes it easier for us to be unsympathetic. Perhaps it makes it easier for us to live to ourselves in apathy. I thank God that Europe has removed that luxury. It convinces me evermore of my need for Him and His people.

His view: Taking Responsibility Seriously

Brad Kelley
Columnist

When I found out that the first "His View" column I would be doing was on responsibility, I quietly enjoyed the irony. Instead of sharing my amusement though, I told Hannah Colley that yes, I could certainly write a bit about responsibility. What I didn't mention is that I am something of a slacker myself. However, I will do what I can.

Though I make light of the subject, it is a real problem, and not just my own. For most students, college life is their first real taste of major responsibility. This is the first time we are all on our own, away from parents and other guiding influences. This is certainly something most of us long for, but often don't know how to handle. Mom and Pop aren't around anymore to gently

nudge us from the land of sweet dreams to get us to school on time. No guardians to inquire how much homework we've completed, or how far we've gotten on that paper. For most of us, the only time parents find out about our college work is when midterm and final grades come out.

We need to dedicate ourselves to our responsibilities. We have academic, personal, and most importantly, Biblical reasons we should become upstanding citizens and productive members of society. We owe it to ourselves, to those people that support us, and to God to do our utmost to succeed at everything we attempt.

Academically speaking, we should invest our time in our studies and prepare for class to an extent that equals, if not surpasses, our financial investment. We owe this to the investments of others as well. More than likely, you are not the person paying for your education. Betsy Hesselrode of the Student Alumni Association will happily tell you that, first of all, you only cover 66% of your education. That means that someone out there is making an

investment in you—well, several someones and one big bank account. For most of us, the 66% that we owe is covered by parents, loans, scholarships, grants, pyramid schemes or high-risk jewelry theft*. That still leaves us in for \$11,000 a semester. I shall now present myself at your mercy as an example of an individual with poor responsibility. In my time at Freed, I've dropped a single three-hour class. No big deal, right? That's \$1,206 down the drain, nothing too monumental about that—except that it is literally equivalent to taking twelve one-hundred dollar bills and burning them, or beating my car with a baseball bat until my arms hurt. Failing at the responsibility I had to my academics hurt me financially. It was a waste of scholarship money, a waste of my parents' money, a waste of the school's money and a waste of my time and the time of the professor.

Academia is not the only aspect of our collegiate lives, however. We often have work, social clubs, friends, relationships and other activities that define us. Each and every one of these

is a responsibility in and of itself. There is neither space nor need to go into each of these individually, as a single lesson can encompass each point. Learning to balance all these aspects under our ultimate responsibility to God will place all others into perspective and their proper order. Our duty to God goes beyond church attendance and even beyond the gospel. We are to live all aspects of our lives in a manner pleasing to Him, and this includes the way we treat our finances, our education, our friends, our family and our relationships.

"Paul looked straight at the Sanhedrin and said, 'My brothers, I have fulfilled my duty to God in all good conscience to this day'." Acts 23:1. To fulfill our own duties to God, we must be responsible stewards of the gifts he has given us. So do whatever it takes: get a planner, a PDA, or a secretary—just get responsible.

*Neither this writer nor any other employee or participant of the Bell Tower newspaper condones pyramid schemes or jewelry theft, ever.

Her view: The Most Important Responsibility

Hannah Colley
Columnist

"Rules, rules, rules. Seems like that's all Freed-Hardeman is. Just a bunch of stupid rules and ridiculous expectations. Can't you just trust me enough to live my life the way I want? I'm not in high school anymore!"

Heard it before? Even though I never say it, I always want to say to the angry freshman, "Prove it. You heard me. Show those crazy rule-makers that you're mature enough to be an adult instead of always just boasting that you've arrived and are ready to completely and responsibly run your own life." Can you do it?

Why is this such a soapbox issue for me? Granted, college is a major adjustment for anyone. That feeling of freedom you have during the first week of classes when you realize that your choices are no longer governed by your parents, but rather by you, is wonderful. That independence you feel is new and exhilarating. The question is, are you really ready for it?

I wish I could say that only freshmen struggle with handling the amount of freedom and

independence that's dropped in their laps after Interface. While we might improve, most of us students never really grow out of that struggle.

Self-discipline is defined as the "training and control of oneself and one's conduct, usually for personal improvement." In my own words, self-discipline is doing the right thing when no one is making you. Are we even granted free will at a school governed by rules and regulations? Think about the spiritual choices we frequently encounter, even as students at FHU.

What about congregational involvement? I am continually disappointed by a widely accepted unspoken rule that college students "take a break" from being active members of a congregation for the four years we're away from home.

Why is it that so many college students can make themselves get up and make it to class or chapel during the week yet so often consciously decide to sleep an hour later and skip Bible class on Sunday mornings? Or maybe they'll just reward themselves with an entire morning of sleep, then plan to be one of the dozens of students who get up to take communion during the closing song on Sunday night.

This happens so often throughout each semester, and during Makin' Music weekend the numbers escalate. I'm hurt by

the reality that what we're saying to God is, "I can make it to my classes at school. I can get there with my notebook in hand if it kills me. But I'd rather sleep on Sunday than to honor Your day. After all, I was up late last night."

In addition to skipping out on services, I'm still looking for the loophole in my Bible that says students don't have to be involved in the church like everyone else. "Church hopping" provides variety and convenience, yes, but don't you think four years is a little long to wait before placing yourself under the jurisdiction of an eldership by placing membership somewhere?

Why is it that hundreds of college students attend services at Henderson, but only two are involved in the visitation program and about the same number are willing to help with children's Bible classes? "Well, I'm in college." Is this a legitimate excuse? Are you ready to make it before God?

What about your personal spiritual growth? Do you read your Bible and spend time in prayer even when it's not assigned for a class? Campus-wide devotionals are wonderful, and they're the perfect opportunity for fellowship and encouragement. Truthfully, though, they will never replace your personal time with just you and your Father.

Would your relationship with your boyfriend or girlfriend be a

healthy one if the only time you spent with him or her was 30 minutes every other day during the week with dozens of other people surrounding you? I would think not.

What about what we do when we're off campus? Do we live much differently than the way we do when we're under watchful eyes here at school? What about the dress code? It seems that many students, especially girls, view the code as a nuisance rather than a sincere effort to make things a little easier for our Christian brothers who might struggle with lust.

While we're on the topic, what about when we're at home over a weekend or a break—free from imposed filters on our internet server? Can we demonstrate self-discipline when the only filters are ourselves?

So you say you'd rather make your own rules. Can self-discipline motivate you to make your own unbendable rules for living, or do you constantly look for loopholes in rules imposed by others? It is my challenge for myself and for all who read this to be exactly what we profess to be, regardless of imposed standards. What is the profession of the majority at FHU? We are disciples of Christ. Ever notice how that word disciple is the root word of discipline? In my mind, the connection must be a practical one.

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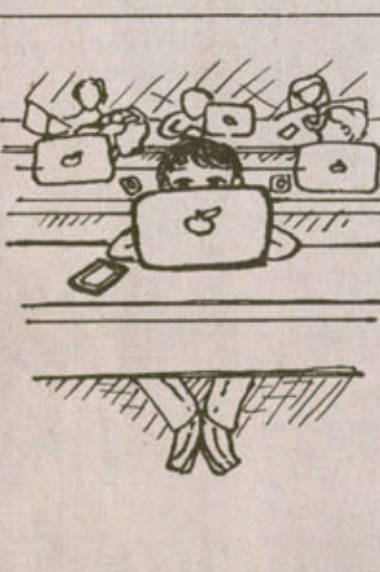
Brad Kelley

Bryson Leach

Look at this Stinkin' Freddie



Look at you with your Vera Bradley... This isn't even the 30% stuff - these styles are so last semester.



Yeah you're so unique with your mac products. Yeah, I know.



Look at you guys, gettin' engaged. We've been together a whole 2 months... I know it will last forever.

The Bell Tower is the official student newspaper of Freed-Hardeman University and is published under the direction of Department of Communication and Literature. Letters to the editor are welcomed. Send them to thebelltowereditor@hotmail.com

Upcoming Games

Lady Lions Soccer

October 16th	5:00
@ Trevecca Nazarene	
October 24th	3:00
vs. St. Catharine-KY	
October 27th	5:00
vs. Union University	
October 29th	2:00
@ Cumberland Univ	

Lions Soccer

October 16th	7:00
@ Trevecca Nazarene	
October 20th	4:00
@ Mid-Continent	
October 24th	5:00
vs St. Catharine	
October 27th	7:00
vs. Union University	

Lady Lions Volleyball

October 15th	6:00
vs. Lyon College	
October 16th	7:00
@ Mid-Continent	
October 20th	7:00
vs. Martin-Methodist	
October 26th	6:00
@ Cumberland Univ	

Cross Country

October 24th	
@ Southeastern Classic Louisville, KY	

College Football Top 25 Power Poll

1. Florida
2. Alabama
3. Texas
4. Virginia Tech
5. Boise State
6. USC
7. Ohio State
8. Cincinnati
9. Miami
10. LSU
11. Iowa
12. TCU
13. Oregon
14. Penn State
15. Nebraska
16. Oklahoma State
17. Kansas
18. Brigham Young
19. Georgia Tech
20. Oklahoma
21. South Florida
22. South Carolina
23. Houston
24. Utah
25. Notre Dame

Cross Country added to FHU Athletics

By Shelley McClelland
Assistant Editor

Freed-Hardeman University is excited about its newest athletic program: men's and women's cross country. There has always been an interest from students to have a cross country program. After much thought, the administration felt it was the perfect time to bring it back. (The program was discontinued earlier this decade.) The season began with the first official day of practice on August 28. The runners came together with little to no knowledge of their teammates and many with no previous experience of cross country training. Regardless of the lack of experience, their determination has led to improvements in their personal records and the hopes of promising future cross country teams.

The men's team members include freshmen Chris Bouffard and Jason King and senior Joseph McKenzie. The women's team consists of freshman Lexie Cantrell, sophomores Hannah Leach and Brianna Steffy, and senior Lily Thompson. They are trained by Head Coach Lain

Hinson and Assistant Coach Derrick Spradlin. Regarding the training program, Spradlin says, "We have to have hard days and recovery days, speed days and distance days, and we have to be in top shape on race days, so figuring out the training run for each day can be tricky."

The runners train Monday through Friday from 5:30 or 6:00 to 7:15 a.m., rain or shine. Occasionally, they take their practices off campus and run at Chickasaw or Shiloh National Military Park; however, they run the streets of Henderson most of the time. Whether or not there is a meet on a Saturday dictates some of the training regimen. Mondays are always long distance days, which entail runs of 10-13 miles. Two other mornings each week are speed days, which can mean doing mile or 800 meter repeats, threshold runs, hill workouts, or fartlek runs. The teams also do strength-training exercises, normally on their recovery run days.

Although McKenzie is new to running, he says he is excited about the years to come. He says, "I look forward to the future of this program and also to the

experience. I know we will get stronger and more competitive in the future." Another runner, Thompson, said she has always run on her own but has no cross country experience. She says, "I enjoy the long runs. I dread the speed work, but I know it is absolutely necessary."

Like McKenzie and Thompson, most of the cross country runners have only been training intensely daily for a little over a month. Hinson says, "It's going to be very important that we find ways to continue to train in the spring and summer breaks so that this time next year we have had a full year to prepare ourselves."

Regardless of how they rank against their competitors, it is important that they continue to improve. Spradlin says, "I expect from our runners dedication, integrity, and all-out effort every time we run. We expect the same regarding their studies." The coaches know it is difficult to balance academics, running, and social life. "To be competitive at this level demands a big-time commitment, and everyone has days when your legs feel heavy, and the weather's rotten, and

staying in bed would be so nice; training hard on those days makes you a runner. Plus, this kind of training really is quite fun," says Spradlin.

So far, their training has helped prepare them for two races: one in Nashville and the other at Union University in Jackson. At the latter, every runner improved his or her time from the first meet.

Their next meet is on October 24 in Louisville, KY. The following weekend, the teams will compete in the TranSouth Conference Meet in Jackson. As with any team, the cross country runners feel more motivated when encouraged; fan support certainly is not a necessity, but it does help to have people cheering them on.



Joseph McKenzie and Jason King train for cross country. Josh Carr

Xi Chi raises money for missions

By Tristan Wheeler
Staff Writer

On Saturday October 3, 2009 Xi Chi Delta hosted an intramural flag football tournament to raise money for their spring break mission trip to the City of Children, a Church of Christ sponsored children's home in Ensenada, Mexico. The tournament started at 10 a.m. and ended at 5 p.m. with nine teams composed of seven guy teams and two girl teams. Xi Chi won the championship games in both divisions of the tournament.

The cost of the tournament was \$5 a person. All the proceeds went to the spring break mission trip planned by Xi Chi Delta. Among the nine teams registered to play, five represented a social club and four were independent teams not affiliated with a social club. The social clubs represented were Sigma Rho, Phi Kappa Alpha, Theta Nu Epsilon and Xi Chi Delta, while some of the independent teams were the Little Giants and The DB's.

With the nine teams playing and a \$5 entry charge, Xi Chi

Delta was able to raise \$400 for their spring break mission trip to the City of Children. The City of Children is located 75 miles south of the border at San Diego and Tijuana. The City of Children is an orphanage sponsored by the Church of Christ to take care of orphaned children and teach them about the love of Christ at the same time. A Xi Chi member who was present at the tournament said, "Jesus told us to go into all the world and that is what we as Christians must do. There is so much good that we must do and so little time, that we must make the most of the time we have to show orphans, homeless, and any other lost soul we come in contact with the love of Christ."

Volunteers both in and out of the club gave up a Saturday to support this cause and ran the flag football tournament. Those who worked the tournament fulfilled many of the same responsibilities of those who work for the intramural office. The volunteers helped with the various aspects of the game from

being referees, scorekeepers, and timekeepers.

With \$400 dollars raised, the City of Children mission trip is closer to coming to fruition, but according to the club, they still has a long way to go. Last year the social club raised \$1500 through various fundraisers and the club hopes to do just as good this year. With \$400 raised Xi Chi Still still needs to raise \$1100 for the trip. When asked how Xi Chi plans to do this, Whitney Carter, Xi Chi's recruiting officer and homecoming representative, said, "We have a long way to go but we still have some very successful events planned such as the hook-up where girls will bid on bachelors to raise money which will be October 30th. We will also be having a bake sale and selling t-shirts so look for both those things in our future."

Although the flag football tournament has ended, the fundraising to do God's work continues for Xi Chi Delta as they plan events to raise even more money and awareness for the work of God.



The Xi Chi Delta charity flag football tournament raised around \$400 for their planned mission trip. Anna Thompson

Soccer team gives their all in make up game

By Erik Stewart
Staff Writer

Many were surprised Sunday night to hear that the Lions of Freed-Hardeman would have a make-up match against the Martin Methodist Red Hawks. Junior striker Ryan Engineer said, "It should be a good game, I can't wait."

This game, originally scheduled for September 22, was rained out. I got the impression from Engineer and other members of the Lions team that they had been anticipating the rescheduling of this conference match.

The Lions came out with passion. The field may have been less than desirable but not the play. It was a true gentlemen's game until devastation came in the tenth minute of play. Number 7, Tiago Reichert of the Red Hawks, got the ball at half and dribbled past the Lion's players. Reichert made a beautiful pass through the Lion's backline to leave Renato Castro 1 v 1 with Lion's defender Adimou Barry.

Castro gets lucky catching Freed-Hardeman Keeper Alex

Girodo out of position, resulting in a goal for Martin Methodist.

The scoreboard, now 1-0, takes the wind out of the Lion's sails. Freed's play decreased greatly throughout the second half. Fellow spectator Tristan Wheeler commented after the game, "The first goal really killed us. We forgot how to play, we could string passes together and we just were playing like we know how to play. It looked sloppy out there tonight." The slow pace continued throughout the rest of the first half. In the 21st minute, it seemed as if even the referees were becoming bored. They had a sting of horrible calls, one of which was a ridiculous yellow card against Saul Simpson after an apparently clean tackle.

The Lions had a big scare. With 2 minutes left in the first half, Martin had a 2 v 1 advantage on Freed inside of the box. Girodo came out and poked the ball away. Martin recovered the ball and blasted a shot which was gobbled up by a miraculous save from Girodo. The Lions had spurts of beautiful offensive plays but they were overshadowed by

the Red Hawks dominance of the half. The scoreboard took it easy on the Lions after a rough half, still 1-0.

The Lions looked like a new team after halftime. The intensity was back, play from both teams looked like true top 25 play. The game started to fire up around the 35th minute mark when Martin took a shot inside the 6 yard box.

Freed's fearless keeper was there to save the day, deflecting the ball out of bounds. After a failed corner kick by Martin, the Lions came back with a beautiful rebuttal. Colby Phillips received the goal kick from Girodo, who dribbled up field and passed down line to Joshua McReynolds. McReynolds, while being fouled, shot from 30 yards out. The shot was deflected to the top of the 18 yard box to Simbarashe Zvaita's foot. Zvaita shoots and just misses the cross bar.

The passion from both teams reached the boiling point in the 32nd minute when Icaro Alves tackles a Red Hawk's player. A fight begins to break out, but the officiating staff quickly stops it,

resulting in a yellow card for both Alves and Castro.

In the 29th minute, Martin works the ball around the Lion's box, resulting in a shot from 10 yards out. The ball slides under Girodo, but Alves came sliding across the goal line to save the Lions from dropping to a 2-0 game. The fans were ecstatically cheering on their team. In the 24th minute, Martin commits a careless handball resulting in an indirect free kick. Engineer takes the free kick to the wall with his rocketing right foot.

The ball was deflected back to Engineer who takes a shot, missing wide. Just eight minutes later, Zvaita is taken down inside the box. With fans on the edge of their seats, Zvaita steps up to the PK mark. Zvaita fails to change the score, passing the ball directly to Martin's Keeper Hunter Jamison.

In the 17th minute, the Lions let out a roar as Archibald Marowa received the ball at half field. Marowa proceeded to dribble through the Red Hawk's defense. He laid up an amazing ball to Zaita at the corner of the

18th resulting in the Lion's first mark on the scoreboard bringing the tally to 2-1. The Red Hawks revealed their ugly beaks once again with only six minutes left in the game. Number 29, for the Red Hawks, had a 1 v 1 with Girodo who made an outstanding save, pushing the ball out of bounds.

This resulted in a corner kick. Martin capitalized on that corner kick lighting the scoreboard up, 3-1. After that goal, Freed continued to play hard. The game was just out of reach. In a post game talk with Senior captain Travis Shivers, who was out Monday night with a sprained ankle, I asked, "How do you feel about the game?" He responded, "I just wish we would have played like we did the first 15 minutes. We could have hung with that overrated team."

Shivers looks to return to Friday night's game against Trevecca Nazarene University in Nashville. If you don't have plans for this weekend I urge you to make a trip to Nashville and support our Lion and Lady Lions in yet another conference match.



FHU Sports Information

Picture This

Student Spotlight: Jessica Phillips

Jessica Phillips is a senior Pre-Med/Spanish major from Dunlap, TN. She is a very talented photographer and has been able to use her talent to photograph students here at FHU. When asked about her love of photography, Jessica had a lot to say. "I became interested in photography the day I got my first camera.



Years later, I have a different camera, a cool strap, some great editing software, and I absolutely adore photography. I can hardly have more fun than spending a day with friends photographing them, editing the pictures, and seeing how happy they are to have them. It has been a blessing to me to be able to photograph weddings, make engagement photos, photograph couples, and even shoot some rugby games. Every individual is so unique and beautiful; I have never had a photo shoot where there weren't some great photos. I attribute all of this to the amazing people I have photographed. Any given day you might find me walking around Henderson with a group of people or by myself with my camera. It's a hobby, an outlet, a stress-relief. It's art, and it's so much more to me.

I don't really even know how it all started, aside from the camera. I just clicked...and then there were people, and I just tried it out having them pose, and then I had some appointments, and it was a snowball effect. People are my favorite subjects, and I truly learn more and love it more with every shoot.

I am always looking for new places and new people to take pictures of. It doesn't matter who or what or where. My rates are super-low, and if you're my friend chances are I won't charge at all. So if you need some fun pictures, engagement pictures, or photos of your best friend's birthday party, just send me a facebook message."

"I spent an afternoon with the boys who live in Priv 203, some of my best guy friends in the world. They were SO much fun to photograph that day that they have even convinced me to do more later in the semester. I was almost convinced to pay them just for letting me do the shoot. I had always wanted to photograph a group of guys, and this was exactly the experience I was looking for. They are all incredibly handsome of course, so I just let them basically do whatever they wanted and just shot away."



Michael Phillips, Scott Utter, Seth Ferguson, and Paul Mahan

"One of my best friends in the whole world asked me to take her bridal portraits the day before her wedding in Dallas, Texas. We spent a couple of hours in random places in Dallas, Lara in her huge dress, me driving her car around, trying to get a photo that capture the then Ms. Lambert's personality and beauty. She is absolutely one of the most beautiful people I know, so it was not even remotely difficult. After that day, she picked a photo and had it printed to display at their wedding reception the next day. I am still so honored."



Lara Jenkins

"I love to photograph siblings. It is partly due to the challenge of capturing the unique relationship shared between them, and partly because they usually look so much alike it's hard to get a bad picture. That was the case with Nathan and Seth. We had a great time around Henderson one afternoon goofing off, (almost crying I laughed so much) and the pictures could not have been bad with such great models."



Nathan and Seth Ferguson

Graduate Success Stories: Professional Life After FHU

By Erin Haddock
Assistant Editor

Amanda (Bennie) Brazier
Majors: Art and Spanish
Current Employer: River
Gallery in Chattanooga, TN

While attending Freed-Hardeman University Amanda Brazier (then Amanda Bennie) kept a well-rounded calendar. She was involved and held offices in Phi Kappa Alpha and also participated in many social activities on campus. She majored in art and Spanish in hopes of one day being able to combine her two passions into one.

Having only been graduated for three semesters, Amanda is still figuring out what she really wants to do. Her current employment is with the River Gallery in Chattanooga, TN. There she performs public relation duties, creates graphic designs and advertising, and serves as liaison between artists and customers. She encourages current art students

and those considering declaring art as a major to get to know other art majors better. "There are so many artists right there on campus. I wish I had spent more time networking with them and building contacts with other artists for the future when it was so convenient," says Brazier. Such experience would have allowed Amanda to be accustomed to the networking she now does with artists in the area and to have a broader network of artists from which to gain inspiration or assistance.

One thing Amanda wishes she would have learned more about while at Freed-Hardeman University is the business side of art. She feels that she learned how to paint but not how to sell a painting. She urges current art students to take a few business classes to learn how to maybe one day start their own businesses. She also encourages students to attend exhibits whenever possible. Learn to set up an exhibit. "You can be the best painter," she says, "but if you can't exhibit your

work, it doesn't do much good." Also, she encourages students to learn to build a portfolio. This also goes back to exhibiting art. As an artist, artwork is a resume, and how it is organized reflects an applicant's creativity and organizational skills.

If Amanda could go back and change anything, she would produce more of her own art, be more involved in the Art Guild, and would build a better networking system with her peer group of artists. She feels that these actions would better have prepared her for networking with area artists and for driving her to produce quality art herself. While Amanda feels that her involvement in the social life and leadership positions at Freed-Hardeman University have prepared her for her life as a wife and a youth minister's wife, she encourages current students to pursue their passions in their majors and not just involving themselves in the social programs offered at school. Make the most of your time at FHU!



Get Involved!

- Art Guild
- The Belltower Group
- Troy Plunk Art Gallery
- Layout Positions for The Bell Tower or Treasure Chest
- Practical Concerns (class w/ Professor Brian Bunden)



Now is your chance: take action and be heard



Caroline DeBerry
Columnist

When you think of great leaders or people who have made a great impact on the nation, who do you think of? George Washington? Abraham Lincoln? Franklin D. Roosevelt? Or do you think of those who serve or have served in the armed forces or who are emergency responders?

These leaders and many others share a central characteristic—they were common, ordinary American citizens. Abraham Lincoln never went to Harvard; the men who have given their lives for our freedoms were our parents, grandparents, brothers, sisters, cousins. They were ordinary citizens, yet each made the most of the opportunities laid before him or her.

Washington had the opportunity to set the example for all following Presidents; Lincoln had the opportunity to strive for a united nation; Franklin D. Roosevelt saw the Great Depression as his moment to change the world. Those who put themselves in harm's way or help others in their suffering see

the importance of devoting their lives to protecting others.

Our nation is at a significant turning point. Freedom of speech is being threatened as never before, as indicated in chapel recently. Morals are declining as never before seen in our nation's history.

These problems are problems that threaten our very way of life, yet these problems cannot be uprooted overnight. We are common college students—citizens of the United States. Can we make a difference—in this time of endless concerns? Could Lincoln? Did Washington? Did our grandparents and parents? Yes, they did.

Yes, we can too. Now is your chance to be a leader. Stand up



for your beliefs—talk with your roommates, friends, family, your state legislators, your U.S. congressmen and senators: your fellow Americans. It is not too late. We still have our right to vote; we still have our freedom of speech. These are special blessings. We dare not lose them ... but we will if we do not use them.

Melissa & Shannon's TOP 10

Songs You Never Knew You Loved (cont'd)

1. "Keep It Together" by Guster
Album: *Keep It Together*
2. "Right Moves" by Josh Ritter
Album: *The Historical Conquests of Josh Ritter*
3. "Creepin' Up the Backstairs" by The Fratellis
Album: *Costello Music*
4. "Chicago" by Sufjan Stevens
Album: *Illinoise*
5. "The Engine Driver" by the Decemberists
Album: *Picaresque*
6. "Limousine" by Brand New
Album: *The Devil & God Are Raging Inside Me*
7. "So Here We Are" by Bloc Party
Album: *Silent Alarm*
8. "Horchata" by Vampire Weekend
Album: *Contra*
9. "Trolley Wood" by Eisley
Album: *Room Noises*
10. "If Work Permits" by The Format
Album: *Dog Problems*



Plasma donations increase

By Toni Tarole
Staff Writer

College students have many stereotypes. Students at Freed-Hardeman University maintain the popular stereotype of being broke. With the majority of FHU students coming from outside the city limits of Henderson, the state of Tennessee, and sometimes even other countries, a steady income is difficult to obtain.

Junior Bible major, Robert Robertson believes to have found the cure to this financial crisis. "My cure for this poverty plague is to donate plasma! It's the only stable pay I'm able to get in this town."

All of the on-campus jobs were taken which left me with nothing. Donating plasma last week alone paid my 60 dollar phone bill! When asked the whereabouts of a local donation site Robertson said, "Plasma Biological Services Inc (PBSI) in Jackson."

PBSI is open Monday through Saturday, and donors are allowed to contribute twice a week, making up to 60 dollars. The process is similar to donating blood although there are a few differences.

Donating plasma separates the red blood cells from the whole blood given. After being separated it is then put back, as well as saline, into the donors body.

The procedure usually takes 45 to 90 minutes and requires full alertness the entire time. Dr.

Tonya is in charge of performing the physicals that are needed for first time donors and when asked what the benefits of donating plasma are she said, "Well, besides financial benefits the donor can receive, they can go to sleep at night knowing that they contributed to saving a life."

People with diseases depend on them for plasma therapies." She also said that donating plasma is completely safe and does not in any way hurt the donor.

Luke Harless is a sophomore at FHU and had visited PBSI several times this past school year alone. "Donating plasma didn't hurt at all. All you have to do is sit there. You can watch TV, listen to music, play on your laptop, anything really. I feel like I'm getting paid to just relax and do a good deed. It's great!" he said.

When asked what he was required to bring with him in order to be eligible to donate, he replied back with four things, "I needed my social security card, my license, my FHU I.D., and a printed out schedule of my current classes. If you don't have those four things, they will send you packing, which happened to me and delayed me being able to donate."

Stereotypes do not have to last forever. Nowadays, money is essential, and with the option to donate plasma, FHU students are given the opportunity to not only "benefit financially," but also "save lives."



Michael's Cooking Corner

Recipes from
the kitchen of
Michael Young

Do-it-Yourself Donuts!

Prep Time: 15 minutes

Cook Time: 15 minutes

Ingredients:

- 1 can of your favorite brand of buttermilk biscuits
- 3 tablespoons of butter or margarine
- 1/3 cup of sugar

Directions:

- Preheat oven to 375°F
- Flatten each biscuit to desired depth of the donut and shape into circle
- Remove the center to create a donut hole, placing the center to the side to use as a donut hole
- Heat up your margarine/butter

so that it is melted

- Dip each donut/biscuit into the margarine/butter and then into the sugar
- Place donuts on an ungreased cookie sheet.
- Cook for 10-14 minutes or until golden brown, flipping the donuts halfway through so that they are cooked evenly
- Enjoy your sugary, donut treat!

