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Briefly:

Homecoming begins next week! Homecoming basketball game and coronation is November 14th.

DON'T FORGET! \$2 movie nights every Mon. and Fri. at the Crews Colbert Activity Center. Popcorn and candy is \$1 each.

Remember to wash your hands! It's cold season and the swine flu is serious business.

Women's Honor's Bible Forum is being held on November 17th!

Upcoming Events:

Next UPC Coffeehouse is November 17th in the Crews Building!

Be sure to get a ticket to this year's Homecoming musical, *Little Women*. Student price night is Thursday for only \$3!

Soul Food

"Then you will have success if you are careful to observe the decrees and laws that the LORD gave Moses for Israel. Be strong and courageous. Do not be afraid or discouraged."

- 1 Chronicles 22:13

FHU hosts World Mission Workshop

by Mary Phillips
Staff Writer

This year, Freed-Hardeman was privileged to host the 2009 World Mission Workshop. From October 22-24, missionaries, professors, students, and others gathered on our campus for an edifying and uplifting event. There were more than 300 guests on campus for the workshop, and students came from all across North America. The universities represented included Harding University, Ohio Valley University, Western Christian University, Oklahoma Christian University, Crowley's Ridge College, and Southwest Oklahoma State University. Former and current missionaries from countries around the world came to take part in the workshop. For three days, people from all stages of life, all levels of education, all parts of the world, and all kinds of missions came together united with a common goal.

The theme for this year's World Mission Workshop was "It's not about me ... It's about HIM." The inspiration for this theme was taken from the book of John. John the Baptist understood that he was sent ahead of Christ to prepare a way for him. In John 3:30, he says, "He must increase, and I must decrease." The focus of the lectures for the World Mission Workshop was ways in which Christians can work to strengthen the Kingdom and to help Christ increase throughout the world.

The six keynote addresses for the workshop were given by F.H. Gates, Jim Holway, Matt Cook, Willie Franklin, and Loy Mitchell. F.H. Gates is a graduate of Freed-Hardeman who serves as a missionary in Belo Horizonte, Brazil at the Central Church of Christ. He works as an elder in

the congregation, participates in television and radio programs, and has most recently been working to develop a children's home in Belo Horizonte. Brother Gates presented the topic, "It's not about me" on Thursday night. Jim Holway is also a graduate of Freed-Hardeman. He worked as a missionary in Buenos Aires, Argentina from 1983 to 1995, at which point he returned to the United States. His ministry in the U.S. has been focused on establishing new congregations and strengthening existing ones among Latino communities in Florida. He is the field coordinator for Latin American Mission Project in Miami. The topic Brother Holway presented on Friday afternoon was, "It's about transforming me." Matt Cook is the young gun of the missionary speakers; he received his undergraduate and graduate degrees from Freed-Hardeman University and recently took part in a training program in Dallas, Texas to prepare for mission work he was to begin in Cusco, Peru shortly after speaking at the World Mission Workshop. Matt spoke on Friday night on the topic, "It's about using me." Willie Franklin gave up fame and fortune as a football star with the Baltimore Colts in 1973 to seek a much higher calling as a servant of God. He served as the campus minister for Harding University from 1979 to 1981. In 1983 He moved to Lae, Papua New Guinea to serve as a missionary there. He currently resides in Texas where he works as a campus and singles minister. Brother Franklin presented the topic "It's about giving me" on Saturday afternoon of the workshop. Loy Mitchell spent 28 years in Zimbabwe, Africa training preachers and new Christians how to teach the Word. He spent years ministering to local

communities and bringing souls to Christ. Brother Mitchell and his wife now reside in Dyersburg, Tennessee where they are active in their congregation, and Brother Mitchell continues to speak at gospel meetings and mission seminars. He was asked to close out the 2009 World Mission Workshop with a presentation on the topic "It's about Him." At the conclusion of his lecture, Brother Mitchell was honored by the workshop staff for his many years of dedicated service to the Lord on and off the mission field. His family was asked to join him on stage for a touching tribute to his life of service.

Following this presentation, the World Mission Workshop Director, Dr. Glenn Henton, came on stage with a somewhat strange request. He told everyone present to be patient and to be ready to leave their seats. He proceeded to ask everyone who has ever taken part in mission efforts, or who planned to take part in future mission efforts in Africa to come and stand on the left side of the stage; he asked those who had worked in Asia to stand on the right, those who had worked in the Caribbean to stand in front of the stage on the left, those who had worked in the Middle East to stand in the aisle on the right side, and all those who had worked in North America to stand on the left side aisle. The instructions may have been lengthy, but the result was a beautiful display of the past successes and bright future of mission efforts around the world. The 2010 World Mission Workshop will be held at Harding University, and as mission efforts continue we can be confident that Christ will continue to increase throughout the world.



Kristina Toland/The Bell Tower

A bulldozer was used to pick the lion up from its former spot.

Lion statue moved for the first time in several years



Kristina Toland/The Bell Tower

This is just one step in the larger, ongoing construction project.



Kristina Toland/The Bell Tower

Landscape workers aid in the moving of the lion statue.

Students unsure of the reasons for new policy changes

by Shannon Hargis
Associate Editor

Freed-Hardeman University has made a lot of changes this year, including changes to policies regarding chapel attendance and alcohol and drug use. According to Jeana Wiley, Dean of Students at FHU, policies that have specifically changed include: increasing chapel absences from eight to 12, with suspension resulting after the twelfth absence; moving from a two strike policy on alcohol abuse to a no tolerance policy; and extending the suspension from one semester to one year for drug use.

According to Dean Wiley, "these policies were put into place to address our issues with the alcohol and drug violations. Our long-term goal is not simply to punish students for disobeying the rules, but to encourage them to get the help they need. We also want any students, prospective students, etc. to understand that this type of behavior will not be tolerated." Regarding

those involved in the changes, she said, "Vice President Wayne Scott, President Wiley, our legal counsel Stephen Morris, and I were all part of the decision making process."

Senior Bethany Balthaser agrees with the new chapel attendance policy: "The new attendance policy is fair. It's a reasonable amount of chapel to miss. You also don't have to fool with unexcused and excused absences." Regarding the drug and alcohol policy she said, "I think it's a good step. Because of the 'one strike and you're out' mindset, it's impossible to show favoritism like there might have been before."

Another Senior, Kakole Cook, was unsure about the new drug and alcohol policy: "I think it's good, but it depends under what context that they get caught. If it's a 'he said, she said' sort of thing, then it's not really fair. I think actual proof is needed to really suspend someone." Of chapel attendance, Cook said, "There should be excused absences. Certain things you just can't help, like the swine

flu. The last thing you need is to be in chapel and be sick around others because you're worried about attendance and being suspended."

Regarding the recent cases of swine flu on campus, Dean Wiley stated, "With chapel attendance, it went from eight allotted absences, followed by discipline, up to 12 allotted absences. Once a student reaches 12, he or she is subject to immediate suspension; however, with the flu hitting the school so hard, this is being taken into consideration with chapel attendance."

Along with the new chapel attendance policy, improvements have also been made to chapel programs and content in an effort to make them more relevant to students' spiritual lives. Representative of this effort were the presentations by Brad Montague and soccer coach Jason Elliott, as well as the split-chapel day presentations of Sarah Holt, Brooke Harp, and Dustin Dickey. Helping with some of this change is the new liaison between President Wiley and the student body, Garrett Meggs. "I

have definitely enjoyed going to chapel more this year already," said Courtney Pope, a senior at FHU.

Dean Wiley said, "The new policies have been successful so far this semester. I am not sure how these policies will affect our enrollment or retention of students in the future. Our hope is that students will know that this is a university where they can come to receive a Christian education, and not have to worry about influences of a negative nature."

A new freshman this year and unaware of the policies of the past, Joshua Allison said that he agrees with the new drug and alcohol policy: "It shouldn't be tolerated, this is a Christian university." Allison describes the new attendance policy as "overused" because, he explains, "members of the sports teams at FHU get no excused absences. You can't help getting the swine flu. I think it forces you to overdue medicines that are not needed in order to be able to make it to chapel and class."

"I felt that with the new

policies coming into effect this fall it was important that the student body was made aware, and given an opportunity to ask any questions they have about the policy changes," stated Dean Wiley. "My goal," Wiley continued, "is for the student body to understand that Freed-Hardeman University does not endorse these actions. We want to provide an environment that not only promotes an excellent academic education, but also provides an opportunity for spiritual growth. This latter is what sets our University apart from state universities."

There may be mixed feelings on the new policy changes, but these adjustments have impacted the university and the student body, and Dean Wiley is positive about the advances for the university.

"I am privileged," she said, "to work for a university that is founded on Christian principles, and it is part of my responsibility to ensure that the Christian values striving to be taught are also upheld within our student code of conduct."

Documentary shown for a cause

By Rachel Ryan
Assistant Editor

On Friday October 8, 2009, the movie *Invisible Children* was shown in the Crews-Colbert Activity Center.

Invisible Children is a documentary covering the longest running war in Africa. According to the synopsis, three young Californian filmmakers traveled to Africa and "discovered a tragedy that disgusted and inspired them." They returned to the states and created a rough cut of *Invisible Children*, which shed light on the "tragic realities of Northern Uganda's night commuters and child soldiers."

Kelly Tilton, an FHU student who attended the movie, said that *Invisible Children* "was a good picture of what the children go through in Africa, and I think everyone needs to watch it."

Jennalyn Krulish and Zachary Rose headed up the project to show *Invisible Children* at Freed-Hardeman. The creators of *Invisible Children*, according to Rose, allow the movie to be shown anywhere as long as admission is

not charged. There was another showing the following Monday night, and Rose said the turnout for the movies was "much more than [he] expected, given the amount of planning and advertising [they] did."

Danny Martin, another Freed-Hardeman student, watched both viewings of the movie on-campus. He said, "The documentary really caught me off-guard. I didn't expect to be so influenced or inspired." The movie exposed Martin "to the reality of the situation in Uganda; which is dire, yet lacks the world's attention."

The problem for children in Uganda, according to Rose, is that they are being kidnapped by a rebel group in Uganda called the Lord's Resistance Army, which then brainwashes them to kill or kidnap others.

The organization that began the *Invisible Children* campaign is "non-profit ... and dedicated to ending the ongoing war in Northern Uganda." They also work to rebuild Uganda's educational system and provide jobs to Ugandans, Rose explained.

The mission statement provided on the website *invisiblechildren.com* states, "We are a social, political and global movement using the transformative power of story to change lives." The filmmakers also state that they "use the power of media to inspire young people."

The front page of the website includes news stories about events in Africa, promotional videos, reports of celebrity efforts to support the cause, and pictures from the war in Africa, all of which is intended to inspire more support. There is also information about the history of the war, the complete story about the origin of the effort, the names and responsibilities of those on staff, and the ways in which others can help.

Krulish and Rose first learned about *Invisible Children* from John Phillips, a friend and former Freed-Hardeman student.

See "Documentary" page 5

Opportunities expand

By Paige Feenstra
Staff Writer

Two new programs are hitting the Freed-Hardeman campus that will give students more opportunities to explore the rest of the world.

One of these new study abroad programs will send faculty and students to London and Paris. The trip will be offered as a two-week short course in May.

Jenny Johnson, Director of International Studies, said, "This trip became a reality when we realized how successful Dr. Spradlin's Literary London Spring Break trip was back in 2008. There is a lot of literature in these two cities so combining them would be a 'Literary Punch!'"

John McLaughlin, an English professor going on the trip, said, "Students can earn three hours credit by registering for ENG 299/399 Literary London/Paris. This course counts as an extra humanities credit under general education requirements. It does not count as the literature requirement. Students can also

go on the trip without taking the course."

On Monday, May 17, 2010, Derrick Spradlin and John McLaughlin will be leaving from Memphis International Airport and taking 30 students with them. They will fly directly to London.

Spradlin is in charge of all planned adventures in London. "We'll try to get a feel for the city as authors like Chaucer, Shakespeare, Dickens, and Woolf knew it," said Spradlin. Students will have a chance to see a play at William Shakespeare's Globe Theatre on the riverfront, explore the home where Charles Dickens lived when he wrote *Oliver Twist*, and visit the Sherlock Holmes Museum. A possible side trip to Stratford-upon-Avon, the birthplace of Shakespeare, is being talked about as well.

Students will depart from London for Paris.

See "Europe short course" page 5

Tradition of trick-or-treating in the dorms still brings excitement to students

By Bailey Gillreath
Staff Writer

Halloween is a day that means different things to different people. To countless children across America, it means a day to collect hoards of candy and dress up as their favorite television or movie character. To Google, it is an excuse to coin the term "click-or-treat" and create a logo that is filled with candies that multiply and then are reduced to wrappers with each click of the mouse. To the editors of the Merriam-Webster Online Dictionary it is defined as a day "observed especially with dressing up in disguise, trick-or-treating, and displaying jack-o'-lanterns during the evening." But to the students of Freed-Hardeman University, Halloween means a day not only to dress up in a clever, topical costume, pulled together the night before, but a day to do something that only happens one time a year: visit the dorm rooms of members of the opposite sex.

The tradition of trick-or-treating in the dorms was started when Brad Brumley was the Dean of Students in the late 1970s. From its beginning, guys

were allowed to visit girl's dorms and girls were allowed to visit guy's dorms on this night, and this night only. While to some that may still seem conservative, it is a large step for a university that formerly had a male and female segregated chapel.

Before Brumley sanctioned trick-or-treating on the FHU campus, Vice President for Student Services, Wayne Scott, says that "Halloween wasn't really celebrated." He says that "there was a lot of tension between students and local boys," and that "students were encouraged to stay in on Halloween to avoid trouble with folks in town." Scott says that since that time, the tensions have improved hugely. "We are lucky to have a great relationship with the town today," says Scott.

This year Trick-or-treating in the dorms was topped off with FHBoo, and event that took place after the last of the opposite-sex-dorm-raiding. It included a devotional by Bible professor, Dr. Jim Gardner, a costume contest and a showing of Disney's Hocus Pocus starring Bette Midler and Sarah Jessica Parker.

Several notable costumes were entered into the FHBoo Costume



Kristina Toland/ The Bell Tower

Students celebrate Halloween by dressing up as famous female villains throughout time.

Contests, but only one took first place. Freshman, John Ross Johnson, who is already well-known around campus for his humor and likable personality, won first place for his costume as "Michael Jackson: King of Pop." Johnson says that he stumbled

upon his costume at Wal-Mart and knew it was the one. "I was actually originally going to go as Ron Weasley," he says, "but when I saw the costume, I lost all self-control and bought it." Johnson says that he was excited to place first, and that, "There were so

many great costumes and it was an honor to win."

Other costumes seen wandering the campus were a large number of girls dressed as cats (the default costume for females), several non-descript characters from horror movies,

a number of walking Twister Boards, one unicorn (that might just have been the baddest one you ever saw), a couple of wannabe-brides feeling their chances of marriage slip with the semesters, a number of superheroes and villains of all kinds.



By Shelley McClelland
Staff Writer

Wallace-Gano Dining Hall has been serving students, faculty, staff, and visitors for many years. The school partners with Aramark to provide quality food and customer service as befits the company's motto: "Managed Services, Managed Better."

Each week, Gano workers keep over a thousand students well fed: about 80-100 for breakfast and about 650 for both lunch and dinner. Moreover, Freed-Hardeman students, faculty, and staff are not the only individuals Gano serves; about one hundred Henderson residents come in each week.

With such a tight schedule and a demanding amount of customers each day, it takes a lot from the staff of 65 people who work the different dining facilities on campus.

So, what exactly does it take for the employees to manage such services? Robert Grant, the Food Service Director of

Wallace-Gano Cafeteria, says it takes a lot of preparation and consistency. The staff is broken into three working segments: early morning shift, mid-shift, and evening shift. Because they clean as they go, it usually takes only an additional 30 minutes for the facility to be fully cleaned after closing. It does take more from these diligent workers on busy days, such as Fridays, as the students enjoy either a milkshake or a sundae.

Each day starts with preparation for meals as the cooks study daily recipes, some of which are modified to better meet FHU's specific needs. It takes about an hour and a half to have the line set up and ready to serve by 11:00 a.m. Food is received twice a week through the Sysco food service company. If people play close attention, Grant says they would be able to predict what is going to be served on any given day; Gano is on a three-week menu cycle. The chef decides the menu rotation six weeks before school starts.

To think that Aramark

provides food only to universities would be a misconception. Since 1998, the company has been consistently ranked as one of the top three admired companies in the world in FORTUNE magazine. This year they were ranked #1.

"It has grown at an exponential rate," says Grant. The business began in 1936, selling peanuts from the back of a Dodge. Today, Aramark provides food services to K-12 schools, universities, aviation companies, and hospitals worldwide. The company also sells uniforms.

We might have just thought Aramark was college oriented, but they have businesses overseas and have even catered for the Olympics. The staff at Gano caters as well. Grant explains that, because they are all on the same team, sometimes Aramark employs Gano workers to help cater events at nearby universities, such as Union University.

Grant says his goal is "to continue to provide good quality service and have an open door to all the students." Though some might be hesitant to ask Grant questions, he thinks it is important to get the answers we need.

"Feel free to stop me in the cafeteria if you have a need or want. Feel free to ask. I just want to continue on the right track," says Grant, who enjoys working at FHU.

The most satisfying aspect of his job is seeing employees grow. "People who really work hard get rewarded," he says. "You want to have a good working atmosphere; you want people to enjoy their jobs."

FHU not exempt from grade inflation

By Meredith Hooper
Staff Writer

Everybody wants to make A's. Why? What do grades even mean? Do they mean one thing in one teacher's class and something else in another's? Why do we even have grades? Why can't we just have a system of pass/fail? Grade inflation is a significant problem in education across the country, at both the high school and college levels. Grade inflation is the widespread tendency to assign higher grades to student work that would have merited lower grades in the past. The higher grades do not reflect an improvement in the capabilities of students but reflect a pressure on teachers and professors to lower their expectations of the abilities of today's students.

How big of a problem is grade inflation here at FHU? Dr. Will Brooks responded to that question by saying, "I do indeed believe that grade inflation is a problem nationally and here at FHU. The FHU Student Handbook states, 'A student who earns a C grade is one who in most instances demonstrates average scholarship and achievement in the designated subject area (in comparison to the total school population).' Average is considered what is typical of a population. It approximates the middle of a population; therefore, average approximates the middle of the road or what is typical of the FHU student body."

"If a C," Dr. Brooks continues, "is equated with average by our Student Handbook then it should be the typical grade given in a course. Grades above the C (A's and B's) should be given to those students who surpass what is typical — the above average."

In my experience as a college teacher, the B is the new C—if I can be permitted to use a fashion analogy. To the current student (and in some cases professor) mentality, B is average, A is above average, and C is below average. I feel that this shift in grade mentality is what really drives grade inflation.

"Those teachers (like myself) who hand out lots of C's are considered overly difficult because we are being compared to those teachers who do not hand out so many C's. If the grade of C is typical of a population, you would expect to see lots of them handed out in a course, right?"

"Our society has changed such that we are led to believe that everyone is above average, that everyone can do whatever he or she wants to do. Unfortunately, this is just not possible. It is impossible for everyone to be above average; it goes against the very definition of the word. So, we are left with students who are average (let me add that there is NOTHING wrong with being average) who have been led to believe their whole life that they are above average. This is a recipe for disaster when C's start showing up on transcripts."

Bryan Lemasters, a Bible major, says, "It is hard to even measure what a C is because in one class a C would be an 84 and in another class 70 is a C. On the other hand, if you break down almost any standard of grading, receiving a C is not average. In the environments in my life an A means you are smart and you studied. B means you are average. C means you slacked off and if you wanted could have done better. D means you didn't put any effort into studying or going to class. F means you're

not getting into Heaven. I believe society's view and expectations of an 'average' student or child is one who gets A's and B's while excelling in some extracurricular activity as well as having some kind of job."

Registrar Larry Oldham explained that 3.0 has been the average for Freed-Hardeman for the past 15 years. He said that at least 25% of students have to keep up their grades for scholarships. Indeed, this may be why so many students are concerned about grades and about being judged to be "below average."

Dr. Brooks's mention of the problem of C's on students' transcripts brings up another relevant concern regarding grade inflation: Do companies hire college students whose grades indicate that they are average or below average? Can a student with C's and D's be competitive on the job market? A successful financial planner in Birmingham, Alabama has a pertinent quote he uses that states: "A students usually become teachers, B students usually work for the C students, C students usually own companies, and D students usually become millionaires because they are risk takers." While this obviously does not always hold true, there are many professionally successful people whose grades would label them as "average" or "below average."

The bottom line is that grade inflation is a problem and will continue to be one as long as gaps exist between the expectations of students, teachers, administrators, parents, and the hiring committees that college graduates face in the workaday world and between what these different groups understand grades to signify.

Library seen as positive and negative

By Mary Rachel Leach
Staff Writer

According to students, the FHU Library has its pros and cons. Although it has books and study areas, it is not always a good place to study; however, it can also be an asset when working on improving and keeping grades

where they should be.

For some students, studying in the library sometimes presents problems. "I get distracted by the people going in and out constantly," said Bradley Field. Others said they cannot sufficiently control the work environment, so if someone they do not like or do not know is

around them they can do nothing about it. "It's so weird if people are around you, following you or constantly looking over your shoulder," said Amber Oliver. The spreading of germs was a downside to being in the library, as well, according to students. "The flu is going around, and you can hear people coughing

and sneezing. It's gross," a study group of Fields, Oliver, Jessica Monk, and Michelle Eckert asserted.

"I have a problem with 'people watching,'" Leanne Harbach said while in the computer-processing lab. "I get to watching people and can't concentrate on what I should be doing. I can't study upstairs either. It's too quiet. I have to have background noise," she added.

Field said that he sometimes feels claustrophobic when sitting in a cubical or when surrounded by shelves of books. "I'm also more distracted by the internet while in the library," he said while on Twitter.

"I wish there was a bathroom upstairs so I don't have to come all the way

downstairs," Oliver said. "I also find myself looking out of the big windows upstairs." Eckert and Monk agreed and added that they would like to be able to control the thermostat because it always seems to be either too hot or too cold.

However, Freed-Hardeman students said the library has more benefits than problems. "Downstairs is perfect for group collaboration and studying," said Field. "It's also a good outlet for frustration. You can be around your friends to get encouragement and have something hard to sit on so you're not falling asleep," he added. Saul Simpson and other students agreed that a change in atmosphere is good for them and that studying in their dorms is more distracting than being in the library. "Just like I couldn't study in my room at home, I can't here either," Simpson said.

Students who were downstairs in the library on October 19 said Scott Huff was a good distraction. "He takes your mind of all your stress and helps you relax," students said with a smile. "He brought us cookies tonight, helped us calm down and made it easier to pay more attention to what we were studying when we got back on task."

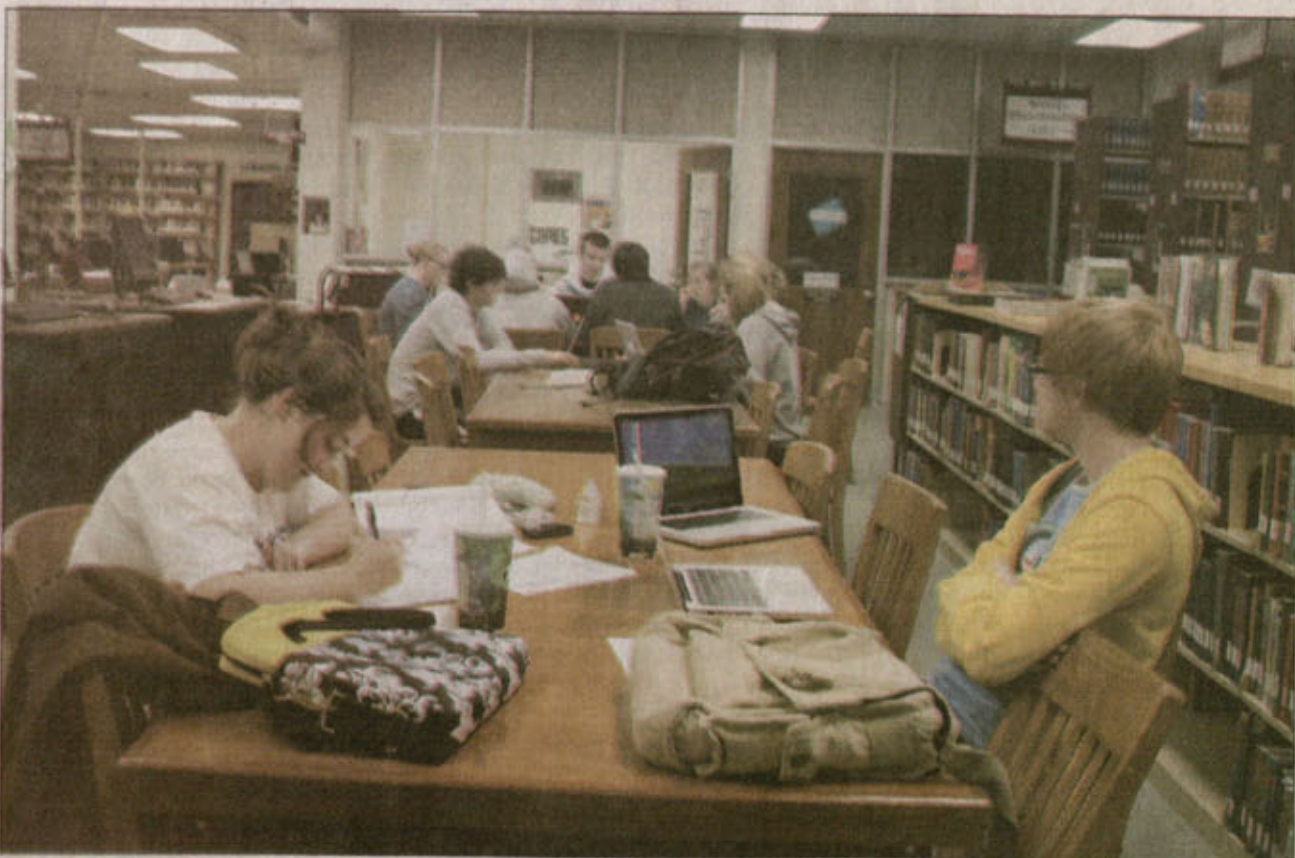
Students said they appreciate all the librarians and student workers that can help them find

or figure out anything. "All resources are available, and the information desk is very helpful," a group of students said. They also agreed that the library is big enough that if they wanted to be alone they could rather easily find a secluded space. They added that easy access to printers and copiers, seeing other people from their classes, and updated information are very helpful and compelling reasons to come to the library. "The library is always open, too," the group added. "We can come in whenever we need to. It only closes for church and on Friday afternoons. It's perfect."

The library has a conditioned response on some as well. "When I get in here, my brain knows it's time to study," the group said.

Being in the library is also a reputation booster according to Oliver. "You look more studious when you're in the library. Even if you're just in here to hang out with friends," Oliver jokingly said. "You can go on study dates, too," she added.

A point of interest is also the snack bar. When asked what was a good part of having it close, Scott Huff said, "Gummies." Others said they liked having coffee and other "brain food" nearby, accessible, and cheap. Alan Fisher, the night supervisor, said, "Two words: Easy Mac."



Kristina Toland/ The Bell Tower

Students choose to study in the library despite possible distraction, germs, and inconvenience.

One night, nine students, one play, no sleep, and lots of caffeine



By Kayla Carnagie
Staff Writer

October 17, 2009 will forever live as a series of chaotic memories for nine FHU students who participated in the most recent addition of the theater department's "No Doze Theatre." The unique production has been done in the past, the most recent in 2006. This year, however, brought a new group of students with new ideas and new problems. "No Doze" is a completely unique production: in 24 hours, a script is written, lines are memorized, costumes and props are assembled, directions are given, programs are made, and a play is performed. Those involved in the production were locked in the Black Box Theatre for 24 hours (through Friday night to Saturday night), minus the 30 minutes a few were given to go to Loyd and look for props and such. With such a task in front of the students, it is a given that they relied on only a limited amount of sleep.

The cast of "No Doze" was able to get through by consuming endless amounts of caffeine and the funny antics of fellow cast members. For example, Rebecca Watts kept the cast entertained by dressing up in "awesome"

and "weird outfits for fun and wore them around for a lot of the time." Others found their relief by just enjoying the experience. Delayed Reaction Man, Chris LaFever, noted that the best memories were simply "being stuck in a theatre with some wonderful creative Christian friends." He was convinced that, "If it wasn't for them, I wouldn't have made it."

The night began when the students met at 7 pm at the Black Box on Friday. Dr. Cliff Thompson gave the students a prompt: a painting of "Victorian Woman Holding Bible," who, according to the program of the performance, the students "grew to despise" as they worked toward their finished show. Once the prompt was looked over, the cast began brainstorming what would be happening in their show.

It took the students two hours to come up with the final idea of what the play would be about. For some, coming up with the initial ideas for their new creation was the hardest part of the night. While three members worked on the script, another group formed to take care of costumes and programs. One last group formed to take care of the staging and seating. After a scene was written it was rehearsed and

then the work continued. Many more hours of toiling on their project would follow, until 6 am on Saturday morning when the cast was able to take 45 minutes to rest their minds. That nap was all they had to sustain them for the busy Saturday they faced.

Saturday was filled with writing, rehearsing, searching for props, and other "caffeine induced mania," according to Ashley Crawford. Finally, at noon, the script was finished and the cast was able to hold a dress rehearsal at some point afterward. Melanie McCullagh remembers rehearsing "right up until the doors opened and the show went on at 7 pm Saturday night." At 8:45 pm the show was over, the cast had taken their bows, the set was taken down, and the exhausted cast headed to their dorms to finally get some sleep. With so little sleep, and so many creative people in one room for 24 hours, the play was obviously going to reflect the unique situation the students were in. Sure enough, the play titled, "At Least We're Not Astronauts," was a comedy full of crazy lines and interesting situations. The characters were highly amusing, with names like, "Man Who Says Everything Twice Man, Fakes Injuries For Sympathy Man,

Captain Thinks She's Invisible, Thinks She's In A Musical Girl, and Carpet Appreciation Girl." Some were superheroes, others were evil geniuses, and some were just plain different.

The play's program also mirrored the attitudes from 3 am in the morning, with notes from the cast. Examples of the humor the cast kept throughout the experience were Alan Alda making an appearance in the program as "Person Who Gets Credit For No Reason," and the printer being noted as "The Device That Failed During The Wee Hours." The cast learned many things from the "No Doze" experience. Rebecca Watts says she "learned a lot about what all is actually involved in putting a play together. It's kind of a big process," and the entire cast notes the three major lessons they share for those students who will participate in the production in the future (found in the program): "1. Caffeine in large quantities cannot prevent the inevitable delirium that comes at 4 am. 2. Remember that 80's prom dress that you never wanted to see again... it's in the costume shop. 4. Interpretive Dances after not sleeping for more than 24 hours bring understanding to the meaning of life."

Music that will get you movin'

By Bryson Leach
Columnist

I recently decided I needed to get off my couch and get healthy. That being said, the gym can be a boring place for me. I mean, really boring. There are only two ways to make my workout experience more enjoyable, and since there's not a hibachi grill next to the bench-press machine, listening to music is the second best option.

So here's an excellent list of songs to add to an adrenaline pumping playlist. I can almost guarantee that you'll run an extra mile or two with these power-packed recommendations.

1. Icky Thump - The White Stripes

Lets get things started with a White Stripes classic. With a macho-like guitar grind, it makes me feel like I'm slow-mo walking up to those weights and I'm going to make them explode with my muscle-ripping power.

2. Tick Tick Boom - The Hives



I can't think of any other song to help you stick to it than this song. Filled with loud guitar and scratchy yelling vocals, this song is so loud, I'm a little afraid you might throw weights across the room.

3. Say This Sooner - The Almost

Continuing the upbeat rock phase, this mix of acoustic and metal shredding makes for an excellent transition to the next part of your workout.

4. I Bet You Look Good On The Dancefloor - Arctic Monkeys

Despite the name, the song packs a punk/grunge punch for a good run ... or for forming a makeshift mosh-pit next to the dumbbells.

5. Love Addict - Family Force Five

There's a tiny place for goofy hip-hop/rock music. This song is a perfect anthem for lifting weights or just yelling "Hold up, wait a minute, put a little love in it!"

6. Send the Pain Below - Chevelle

Remember this band from eight years ago? This song is a perfect mantra when you're maxing out after 12 reps on that 45 pound bench-press bar (story of my life).

7. My Girls - Animal Collective

Let's start rounding down the workout mix with this slightly longer techno beat song by one of my favorite bands. It's a perfect mix of heavy bass, complex layered synths, and catchy lyrics to help you continue on.

8. Life in Technicolor II - Coldplay

Cool down with this slow and upbeat song that is perfect for walking out the door and feeling good because you've accomplished another hard day at the gym. Now all that's left is to head to Gano and offset out all that hard work you did.

For all things music and entertainment check out my blog @ brysonleach.tumblr.com.

Top Ten: Foreign artists that you never knew you loved

By Shannon Hargis and
Melissa Schultheis

1. "Me Enamora" by Juanes, Album: *La Vida...Es Un Ratico* (2007)

Juan Esteban Aristizábal Vasquez, better known as Juanes, is said to be a Colombian fusion musician because of his combo of Colombian rhythms with rock and pop. He released his fourth album, *La Vida...Es Un Ratico* (or for my non-Spanish speaking friends, "Life...Is a Moment") in 2007 and it won a Latin Grammy and Grammy award. "Me Enamora" was the first single from this record and reached number one on iTunes in 19 countries. With catchy rhythms and rockin' guitar riffs, "Me Enamora" is a great tune to pop in the stereo if you're heading out for a drive. Possibly just down the road to the Los Portales.

2. "To Be Surprised" by Sondre Lerche, Album: *Dan In Real Life Original Motion Picture Soundtrack*

Although he may not sound it in his song "To Be Surprised", Sondre Lerche was born just down the road in Bergen, Norway. As a popular Norwegian singer, guitarist, and songwriter, Lerche composed the musical score of the movie *Dan in Real Life*. With soft guitar and lyrics such as "When I wrap my arms around you, every mistake we made crumbles," it's a great song to enjoy possibly in the arms of that special someone.

3. "Bamboo Banga" by M.I.A., Album: *Kala*

Although most people are familiar with her hit, "Paper Planes," Mathangi "Maya" Arulpragasam (M.I.A.) is an established English songwriter, record producer, singer, fashion designer, and artist. From Sri Lanka Tamil origins, she recently had a few songs featured on the motion picture soundtrack for *Slumdog Millionaire*, including "Bamboo Banga." With steady rhythms and beats, push play on iTunes for this song when you're in a mood to groove.

4. "Mas Que Nada" by Sérgio Mendes, Album: *Timeless* (2006)

Sérgio Santos Mendes is a Brazilian musician and has released over thirty-five albums. His most recent album, *Timeless* features a wide array of neo-soul and alternative hip-hop guest artists, including Will.i.Am and The Black Eyed Peas. "Mas Que Nada" was re-recorded with The Black Eyed Peas in 2006 and featured additional vocalists including his

wife, Gracinha Leporace. "Mas Que Nada" is known in Brazil for being the theme song of the local television channel Globo's Estrelas.

5. "She Wolf" by Shakira, Album: *She Wolf* (2009)

Born and raised in Colombia, Shakira is most famous for her hits like, "Hips Don't Lie" and "Beautiful Liar" featuring Beyoncé. More recently, she released her latest album, *She Wolf* featuring a different sound and will have a predominantly English track list. Shakira is the fourth richest woman in music falling only behind Madonna, Barbra Streisand and Celine Dion. If you're in the Latin mood, but not quite as serene as José González, pull up the Shakira playlist and make sure to start off right with "She Wolf."

6. "Hoppipolla" by Sigur Rós, Album: *Takk* (2005)

Sigur Rós is an Icelandic post-rock band known for its ethereal sound and lead singer's falsetto voice. Most people might recognize the song "Hoppipolla" from the trailers for the BBC's natural history series *Planet Earth*. Sigur Rós music was also featured in the trailer for Disney's movie *Earth*. With melodic elements, "Hoppipolla" is a great song to put on when getting in the mindset for some good sleeping.

7. "Meer Sein" by Silbermond, Album: *Laut Gedacht* (2007)

Silbermond is a German rock-alternative-pop band from Bautzen, Saxony. Recently, they won the title of Best German Act in the MTV Europe Music Awards. *Laut Gedacht* is the band's second album. Silbermond performed at the German leg of Live Earth back in July 2007. "Meer Sein" failed to enter the top 30 as the second single from the second album, but it features steady rock riffs and ardent vocals, "Meer Sein" is great to put on when heading to the gym or in the need of a pump up.

8. "Jai Ho" by A.R. Rahman, Album: *Slumdog Millionaire Original Motion Picture Soundtrack* (2008)

Allah Rakha Rahman is an Indian film composer, record producer, musician, and singer. He has won thirteen Filmfare Awards, four National Film Awards, a BAFTA Award, a Golden Globe and two Academy Awards. In a career spanning over a decade, he has sold more than 100 million records of his film scores and soundtracks over the world.

Time magazine has referred to him as the "Mozart of Madras" and has been given the nickname Isai Puyal which in English means: Music Storm. The song "Jai Ho" comes from his most recent compositions when he scored the *Slumdog Millionaire* soundtrack. The soundtrack topped the Dance/Electronic Albums chart and the song, "Jai Ho" reached #2 on the Eurochart Hot 100 Singles and #15 on the US Billboard Hot 100. "Jai Ho" in English means "may you be victorious." The lyrics are mostly Hindi, Urdu, and Punjabi interspersed with some Spanish lyrics, but a version of the song featuring the Pussycat Dolls was released with English lyrics.

9. "Heartbeats" by José González, Album: *Veneer* (2005)

José González is a Swedish indie folk singer-songwriter of Argentine descent. His debut album, *Veneer*, was released first in Europe in 2003 and then in September 2005 in the United States. With his soft and melodic voice and his solo classical guitar, Jose is known for his own original work, as well as his acoustic covers. "Heartbeats" is a cover he did from another Swedish band, The Knife. His most recent album, *In Our Nature* was released on September 22, 2007.

10. "Boom" by Anjulie, Album: *Boom* (2008)

Anjulie is a singer/songwriter of Canadian, Indian, and Guyanese origin from Oakville, Ontario Canada. She opened for Jesse McCartney during his United States tour in 2009. Her newest single, "Boom" has been featured on ABC's *Eastwick*, *Canada's Next Top Model*, and the CW's *Melrose Place* and *The Vampire Diaries*.

Her song, "Big Things" is featured in the opening scene of the new movie/musical *Fame*. She was recently nominated for a 2009 Video Music Award from MTV for "Best Breakthrough Artist in a Video" and is currently on tour with Schwayze and Bobby Ray across the United States.

With an upbeat and poppy feel and lyrics like, "Doesn't matter what he says, I know he's no good for me," this makes for a good post-break-up-pick-me-up-with-chocolate-and-music song. So turn up the speakers, put on your best heels, grab a fistful of chocolate M&M's and get ready to "choreograph" in the dorm room with your "bff's". Look for Anjulie coming to a city near you!

Art exhibit features MUW faculty

By Becca Phillips
Columnist

The current Troy Plunk Art Gallery exhibit opened on October 15. This exhibit features works by the faculty of the Mississippi University for Women. Together, the featured seven artists represent both two-dimensional and three-dimensional art, with pieces ranging from photography, prints, and mixed media to painting, drawings, and ceramics.

Each artist brought a different, unique art form to the exhibit. This exhibit featured Alisa (Al) Holen, Sung Hun Choi, Thomas D. Nawrocki, S.L. Dickey, Larry Feeney, Robert Gibson, and Alexander Stelios-Wills.

Wills had two art forms exhibited: several pieces were simple line drawings, and two others were oil on panels. Most of his work is based on landscapes, and he tries to reflect the color of the atmosphere in the pieces.

Sung Hun Choi's work in this exhibit were the advertisement signs for the exhibit itself. He does a great deal of work in the graphic arts, and his colorful

posters show his personality. Mr. Nawrocki's works are the largest items in the exhibit. Titled "Zig Zag Zig," his series of large digital impressions come in three editions of each.

He uses his computer aided designs and creative shapes to make very unique and modern pieces.

Larry Feeney's contribution to the show was several lines drawings. His sketches were indirect in a way, but still conveyed a very well-presented and coherent product.

S.L. Dickey featured triptych in his portion of the show, in which he presented three photographs side by side in order to evoke a message. Robert Gibson shared his "Grid Boxes," for which he used acrylic, resin, and wood finishes to create cohesive and attractive works of art.

In addition to being an artistically inspiring gallery exhibit, this traveling exhibit was also very beneficial for the students here at Freed. After Mr. Stelios-Wills gave his artist talk and spoke to the group about the different pieces, he was available to chat with the students in attendance. By having this unique

show and having professors from a university other than Freed-Hardeman, students were able to receive different viewpoints about art and advice about their chosen artistic directions from the speaker.

Hopefully, students will take advantage of this and all the other gallery openings, even if they are not art majors. The Mississippi University for Women show will be available for viewing through Thursday, November 5 in the Troy Plunk Gallery of the Bullner-Clayton Visual Arts building. The next gallery exhibit to open will be the Freed-Hardeman Fine Arts Faculty Invitational Photography show.

The Photography Invitational is going to feature photography from Freed-Hardeman's own faculty, including Kristi Montague, Barbara England, Laquita Thomson, Brian Bundren, Jud Davis, and Joe Delay.

Each photographer will be showing a series of 4-6 images. The gallery opening will be Thursday, November 12 from 4:00-6:00 p.m. The show will be on display through Thursday, December 3.



Yes, We Can't: Elevating the Race Conversation



Broderick Greer
Columnist

Let's admit this up front: there are questions in life much bigger than us. If we are willing to admit the immensity of questions, problems, and crises, then we are well on our way down the not-so-pleasant road of racial dialogue and reconciliation. You and I were born into uncontrollable circumstances and contexts. We did not choose our parents, socio-economic status, religion, or the color of our skin.

If anyone is qualified to talk about race in America, please write this column for me. Of all the people in the world, I am least qualified. I'm serious; just

come and take my pen and pad and start writing away. This is not an easy political subject for me to address. Because of the way I grew up, I come to the table with experiential baggage.

I grew up in an ethnically diverse neighborhood, went to a white/Hispanic/African-American/Asian elementary school, and was a part of the majority race at my middle and high schools. I was reared in a historically black church where people of fairer skin tone were not the norm. My parents never hid anything race-related from my brother or me. They were always blunt and realistic about the challenges and celebrations of being a brown person of African descent in America.

The time I remember noticing racial difference was in Pre-K at Meadowbrook Christian School. This was 1994. I remember a little girl named Meghan saying I didn't have hair. Meghan did her best to convince me that

I didn't have hair, with all the curiosity and innocence that comes along with being four-years-old. From that moment on, I knew that I would have to be a promoter of racial dialogue and understanding (Well, not really. I just wanted to make sure that she knew that I indeed was not bald and that she was wrong), but, I did realize from an early age that I was in some way different from my white classmates.

Throughout my short life, I've encountered a few more Meghans. Instead of trying to celebrate differences in culture (i.e. hair, dialect, music, fashion), they make ignorant and presumptuous remarks that are far from being true. The truth is I really do have hair. Meghan just didn't have the imagination to entertain the idea of hair different from hers. And that's OK... if you're in preschool. It's OK to not understand all there is to know about race. It's OK to be sheltered and inexperienced and naive at

times. It's not OK, though, when we allow our lack of experience and wisdom to impede healthy dialogue and conversation with those from whom we differ. It's OK to be a Meghan, as long as you're a temporary Meghan.

Please do not expect my comments on race relations to be profound, revolutionary, or groundbreaking. You'll be sadly disappointed if you do. I don't have the credentials to be an authoritative voice on race in America. Hopefully, though, you will join me over the next few weeks as we explore unconventional ways of promoting inter-racial dialogue and cooperation. Please help me as I attempt to expand my social, political, economic, and cultural imagination.

If you ever want to further discuss anything I've written, please e-mail me at Broderick.greer@students.fhu.edu. Or, you could just Facebook me. I'd love to hear from you!

MATT'S MUSINGS

thoughts from a student abroad



Matt Burnett
Columnist

About two months ago, I could not wait to "find myself," to get comfortable with who I was, and to become my own best friend. I've made attempts in the past to isolate myself to achieve identity and acceptance. Now, I wonder if it was really worth all the loneliness and antisociality. Writers, for centuries, have voiced their respective opinions on aloneness and loneliness.

Emily Dickinson once wrote, "The soul selects her own society, Then shuts the door."

I surrounded myself with others out of fear that I would be lonely, or out of curiosity about whether or not I would find validation in others. Despite concerted effort, these attempts left me lonely and unsatisfied. On a higher note, I have been blessed with a large helping of great surface friends that I am exceedingly grateful for.

There have been sections in my life when I took Dickinson's advice and became comfortable with myself by forcing myself out of society so that I would not "become dependent on others." The end result—I grew bitter toward everyone who happened to have a large helping of surface friends and remained just as lonely all the while—no chariots pausing or emperors kneeling for sure.

Society of self, it seems, is of all most dangerous. When I learn to self-validate, there's no harm; when I learn to self-justify, the standard has changed, and I end up living to myself. Of course, common sense tells us that this can happen, but I say all this to make the following observations about myself: if my society—surface friends, close friends, family, and peers—rejects me, I can either reject it back or see what in the world is wrong with me.

Traveling in Europe has been the most frustrating experience of my life. I've lost my temper, said stupid things, intended to do stupid things—and I can't say that I would have it any other way in hindsight. God is the strangest of instructors. Just as he turns mourning into dancing and sorrow into joy, he turns failure

into forgiveness and hatred into harmony—if you let him. Life is so much more bittersweet than I would have ever imagined, and I must say, the bitterness is in man: in his constant struggle for peace despite himself. So why, then, would living by one's own society solve anything at all?

There are times when I have to be called out of myself by life because God knows that it is the last thing I would be willing to do on my own and the first thing that would do any good. When I came to this place—Europe—I could not wait to miss a train or make a wrong turn because I was certain that my self-society would reconcile everything quite nicely. I have since become painfully aware of the intensity of my unavoidable influence on others. Being inconsiderate is, by nature, passive, thoughtless, and unintentional. It is the essence of lazy pseudo-flexibility that hurts the most.

I am scared to death to fail. I do not think it has to be any other way, but fear of failure should never have kept me from considering others—and it has. Bad things can happen to me despite my relationship with God. Society of self is dangerous because it is passive when action is needed; it is thoughtless when rationality and focus are mandatory; and it is intentionally unintentional when all that the situation requires is a little deliberate, assertive thoughtfulness.

Being in such close proximity to such different individuals has taught me 1) that because I cannot live to myself, I shouldn't (and vice-versa), 2) that I cannot pretend myself into any society (even my own), and 3) that these two facts oblige me to live in constant consideration of others and their perspectives about me. By exiling myself, I might never discover who I truly am, but I may very well find who I pretend to be or who I am ideally. I have no doubt that alone time is healthy and essential, but being alone by itself never helped me act correctly; it simply allowed me time to cool and refocus so that I was able to act correctly. By interacting with others whose worlds converge upon my own, I am able to see what it is in myself that collides with the normalcy in others. "As iron sharpens iron..." (Proverbs 27:17).

Missing trains does not grow me. Being alone does not mature me. And being flexible is not always being considerate. But loving God and others actively accomplishes all three.

Her view: How much alcohol is too much?



Hannah Colley
Columnist

Recently in chapel, Freed-Hardeman students were immersed in information from multiple sources concerning the short- and long-term effects of the use of drugs and alcohol. We heard from a medical doctor, a judge, a state trooper, and a couple of recovering alcoholics. All of the above warned us of the dangers of excessive alcohol consumption. What they didn't exactly address is whether it's a good idea to drink alcohol when it isn't your goal to get drunk—when, for example, you have something to drink with a meal, or at a party where it's polite to have a drink.

Obviously this isn't a question here at FHU where the administration recently added to the student handbook a no-tolerance policy in reference to alcohol consumption. We students who truly want to stay in school won't want to test the severity of this new rule. (As an R.A., I can tell you that the no-tolerance thing is no joke, no

kidding, no funny.) But what about when we graduate and are no longer bound by the guidelines the FHU administration have set for us? How comfortable will we feel about drinking then?

Assuming the majority of Freed students believe it's truly sinful to get drunk (based on scriptures like Ephesians 5:18, I Corinthians 6:9-10, and Galatians 5:21), I'm not going to spend time discussing what's wrong with guzzling vodka through a funnel until you hurl. What about having a drink just every now and then—in moderation? In my own personal study, it has been my conclusion that, given God's thoughts on the matter (with which He's been generous), drinking intoxicating beverages in any context except for medicinal purposes is pretty stupid, if not sinful.

Why such strong language? Here are a few reasons for my conclusion:

1. Have any of you crawled into the mind of God lately to figure out exactly what He meant by the word "drunk" or "drunkenness"? Today, we have our own definition of what legally drunk is, but it differs from state to state. If we can't agree on what drunk is in our own human minds, what makes us think we knew what God meant when he told us to avoid drunkenness. Are two drinks too many? Three?

Four? Studies show that just one drink affects the brain. What makes a person tipsy? How many people who claim to drink moderately or socially can say they have NEVER crossed the line between completely sober and slightly tipsy...or worse? I've never met such a person. The line is indistinguishable, which, to me, makes it seem impossible to drink without, if you will, playing with fire.

2. I doubt any alcoholic knew he was going to be addicted to alcohol when he took that first drink. How many families are torn apart when so much pain could have been avoided had the alcoholic never given in to that first curious, experimental drinking experience? Reason enough for me to dodge the stuff.

3. God is pretty vocal about how He feels about intoxicating beverages. Here are some examples, and this list is not exhaustive...nor ambiguous.

* Proverbs 23: 29-35: "Who has woe? Who has sorrow? Who has strife? Who has complaints? Who has needless bruises? Who has bloodshot eyes? Those who linger over wine, who go to sample bowls of mixed wine. Do not gaze at wine when it is red, when it sparkles in the cup, when it goes down smoothly! In the end it bites like a snake and poisons like a viper. Your eyes will see strange sights and your

mind imagine confusing things. You will be like one sleeping on the high seas, lying on top of the rigging. 'They hit me,' you will say, 'but I'm not hurt! They beat me, but I don't feel it! When will I wake up so I can find another drink?'"

* Proverbs 20:1- "Wine is a mocker and beer a brawler; whoever is led astray by them is not wise."

* Isaiah 5:22-23- "Woe to those who are heroes at drinking wine and champions at mixing drinks, who acquit the guilty for a bribe, but deny justice to the innocent."

For those of you who would argue that Jesus turned 170 gallons of water into intoxicating wine at the wedding in John 2, remember that Jesus is God... Who wrote the verses I just listed.

My purpose in writing this article and expressing these beliefs is not to stir controversy, but to challenge readers to keep in mind that while we differ and argue on what's "between the lines" on this issue, we can't overlook what's in the lines themselves—in this case, an obvious disdain for intoxicating drink. Even if you cannot bring yourself to say that drinking alcohol is sinful, is it a smart idea to get as close to that line of sin (drunkenness) as possible without crossing it? I think not, but don't take my word for it (Proverbs 20:1).

His view: How much alcohol is too much?



By Brad Kelley
Columnist

Alcoholism is a terrible thing, and getting drunk is wrong, but is drinking wrong? Is it the activity that constitutes the "wrongness," or is it the abuse of that activity? Does enjoying a nice cabernet sauvignon with dinner mean you're sinning? What about a beer at a football game? Maybe you are a stately, older, British gentleman who is accustomed to having a small glass of your favorite brandy after dinner. Do these occurrences deserve to be called sin? The question returns to how the problem is defined: alcohol, or the abuse of alcohol. Though they may seem similar, they are different concepts.

The debate about whether moderate drinking is okay or not

arises because the Bible never says, "do not drink alcohol," but only, "do not be or get drunk." Romans 13:13, Luke 21:34, Galatians 5:21, and 1 Peter 4:3 are all passages about avoiding "drunkenness," but never does the Bible condemn the act of drinking.

There is, of course, discussion of the Greek word, oinos, or wine, and whether or not it denotes fermentation, as we think of wine today, or if it just means grape juice. Ephesians 5:18 says, "And do not get drunk with wine, for that is debauchery." I think the fact that "drunk" is connected here with the word "wine" implies that the beverage was alcoholic. That, or the word drunk, or drunkenness, also has a different meaning than what we understand it to mean.

Which brings us back to our original question, is it wrong to drink? Drunkenness is a sin, something we are told specifically to avoid, but how are we to treat drinking? Is it like gluttony? Eating is obviously not sinful, but the abuse of food—eating

excessively and greedily—stands as a wrongdoing. Or is drinking more like lying, stealing, murdering—actions prohibited in any circumstance? God does not say, "don't murder to excess," or, "don't steal anything of a certain value"; no, these are all listed in the Bible as behaviors one should clearly not do or participate in whatsoever.

I do not think that drinking is included in the latter category, and yes, I think that having a drink on occasion is permissible. My reasons for concluding that it is not wrong are outlined above, but there also need to be reasons for it to be right. My only convincing evidence for this is that God gave us this earth to enjoy. People say we don't need alcohol therefore we should avoid it; however, we don't need chocolate or video games or movies or fantastically comfortable snuggles, but we enjoy those within reason, and no one has a problem with that.

The only apprehension I have about moderate drinking is a cultural one. In Europe, there

are no taboos about alcohol; it is not considered a "bad thing" as it is here in the U.S., where, for whatever reasons, we have an extreme and widespread prejudice against alcohol. This cultural significance of alcohol is something that we as Christians have to acknowledge. We are told to abstain from even the appearance of evil. As Christians, we must consider that the Bible directs us to avoid even looking evil in the eyes of others.

Do I think, then, that we should avoid alcohol entirely because of this? No. Do I think we should avoid abusing it? Yes. Do I think that this is an aspect of the issue that needs to be taken into careful consideration by individual Christians as to their own consciences? Absolutely.

There is one more aspect of this issue that I must mention: We're at Freed-Hardeman University, where drinking is a violation of the Student Handbook, so this discussion really counts for very little until graduation, but at least that allows for plenty of time to consider the issue, right?

For Your Health: Common Cents, Common Man



By Caroline DeBerry
Columnist

It is beyond question that the idea of every citizen having good medical coverage is wonderful. We would all agree that it would also be wonderful if the government paid off every college graduate's debt. But common sense tells us that is not financially feasible. Similarly, the

healthcare overhauls that have been proposed by the President and are under consideration by Congress are not viable options.

Setting aside the other serious issues of the idea of universal healthcare (such as states rights, constitutionality, etc.), a person does not have to be an economist to understand these proposals are very dangerous to the public.

Everyone remembers earlier in the year when the American Recovery and Reinvestment Act of 2009 was passed to stimulate the economy, due to the economic slump often compared to the Great Depression.

According to one congressman, the Recovery Act

was "the largest spending bill in the history of the US." Even at the time of the Recovery Act's passage, the nation was not suffering as much as it did during the Great Depression.

Franklin D. Roosevelt is often hailed for ending the Great Depression, yet recent research has proven his measures actually prolonged the Great Depression. FDR attempted to spend the nation out of its true economic crisis with his New Deal programs. Today many economists from universities such as Harvard, Vanderbilt, and Johns Hopkins assert that such spending does not work.

One Harvard professor has

asserted that "just because the economy is in crisis, it does not invalidate everything we have learned about macroeconomics since 1936."

To put this in perspective, FDR's New Deal is estimated to have cost in a period of seven years approximately \$778 billion in today's dollars; President Obama's Recovery Act is estimated to cost over the next several years between \$1.2 trillion and \$3.27 trillion. This spending only worsened the already existing problem of an ever-growing federal deficit. When FDR's entire New Deal, which failed to end the Great Depression, cost the nation less

than Obama's Recovery Act will, how can we consider another massive government spending bill?

For the health of the nation, for the health of your future, consider this: the details of the recent healthcare proposals have been difficult to determine due to the process's secrecy, but cost estimates have ranged from billions to trillions of dollars. Such spending could never be repaid—never. Such spending is unhealthy. Common sense warns us that this attempt to provide for the health of the public will, in the long run, be detrimental

to the nation...to the common man. The common man—every citizen—must start calling for more common sense—or else the dollars and cents will continue to disappear.

(The facts regarding the Recovery Act and FDR are from my published pamphlet "The American Recovery and Reinvestment Act of 2009: 'Bailing Out' on the Welfare of the American People," which includes my sources and many more details; please contact me at caroline.deberry@students.fhu.edu if you wish to have a free copy of the pamphlet.)

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The Bell Tower is the official student newspaper of Freed-Hardeman University and is published under the direction of the department of communication and literature. Letters to the editor are welcomed. Send them to thebelltowereditor@hotmail.com

Upcoming Games

Lady Lions Soccer

November 5th 5:00
vs. Union University

Lions Soccer

November 5th 7:00
vs. Union University

Lady Lions Volleyball

November 9th 11:30
vs. Mid-Continent
@Trevecca Nazarene

Lion Basketball

November 5th 7:00
@ Lipscomb
November 10th 7:00
vs. Brescia College
November 14th 3:00
vs. Tougaloo
November 17th 6:00
vs. Lindsey Warren

Lion Basketball

November 6th 6:00
vs. Midway
November 7th 2:00
vs. Auburn Univ.
November 10th 7:00
@ Lipscomb Univ
November 12th 7:00
@ Lambuth Univ

College Football Top 25 Power Poll

1. Florida
2. Texas
3. Alabama
4. Iowa
5. Cincinnati
6. TCU
7. Boise State
8. Oregon
9. LSU
10. Georgia Tech
11. Penn State
12. USC
13. Pittsburgh
14. Utah
15. Houston
16. Ohio State
17. Miami
18. Arizona
19. Oklahoma State
20. California
21. Wisconsin
22. Notre Dame
23. Virginia Tech
24. Oklahoma
25. South Florida

Softball championships come to an end after long season

By Shannon Hargis
Associate Editor

After an especially long season of intramural softball, everything came to a close this past Tuesday night with championships. With some rounds of the tournament being single elimination and some being double elimination, it was hard to tell who would come out on top.

Lots of rain outs and postponements caused the long season, and many teams were just ready to move on to the beginning of football season. In the end, one team came out the winner for each of the six divisions.

Gamma Tau Omega clenched the victory for the single A girls division with Theta Nu Epsilon coming in at a close second. For the double A girls, Xi Chi Delta took the victory over Sigma Rho late Tuesday night on the Lighted Field.

The triple A girls championship was dominated by Phi Kappa Alpha who claimed the win. Chi Beta Chi and Theta Nu Epsilon had a heated battle at Dixie Youth for the single A boys championship, but Chi Beta Chi ended up on top at the end of the night.

Xi Chi Delta was able to pull out another club victory in the double A boys division and Phi Kappa matched their girls by gaining the victory in the triple A boys.



Macey Baze/The Bell Tower
Xi Chi Delta boys win the Double A championship



Macey Baze/The Bell Tower
Triple A division winners Phi Kappa Alpha with their t-shirts.



Macey Baze/The Bell Tower
Chi Beta single A boys don their championship t-shirts.



Macey Baze/The Bell Tower
Xi Chi Delta double A girls excited after their victory win.

Trevecca beats FHU in Nashville as players struggle with injuries

By Tristan Wheeler
Staff Writer

On Friday night, October 16, 2009, the Freed-Hardeman Lions and Lady Lions soccer teams traveled into inner city Nashville to compete against the Trevecca Trojans in a conference game. The Lady Lions lost in double overtime 2-1, and the Lions lost their game 4-2. Trevecca was the third conference game for the Lions and Lady Lions, each of which they have lost.

This has been a difficult season for the Freed-Hardeman soccer teams due to the multiple injuries the teams have suffered from such afflictions as stress fractures, staples, sprains, and the flu. Both the men and women's teams have felt the repercussions from these injuries as more than four players have missed conference games due to injuries. As Freed-Hardeman approached the game,

they had to overcome the trials of injured players and the prospect of another tough conference game.

Trevecca's women's team record was 3-6 going into the game Friday against the Lady Lions, whose record was 2-12. Injuries devastated the Lady Lions Friday evening as starters Julie Bracknell, Naomi Pugh, and Alyssa Resmini were all supporting the team from the sidelines because of injuries. With three starters out, the Lady Lions had to look to their substitutes to carry the weight of the team, and that they did, pushing the Trevecca team to double overtime, where the Lady Lions lost on an own goal shot.

The game started with Trevecca exercising complete control of the ball, but this did not stop the Lady Lions from creating pressure and causing Trevecca to make mistakes that the Lady Lions took advantage

of. This, however, did not keep Trevecca from putting five shots on goal with 28 minutes left and ultimately scoring with seven minutes left in the half. After a flurry of shots, Trevecca was able to finally beat keeper Tiffany Harris on a header to give Trevecca a 1-0 lead going into the half. Harris's response to the flurry of shots and goal by Trevecca led Harris to encourage her teammates to "play with heart."

Whatever else was said at halftime, the Lady Lions accepted the challenge of goalkeeper Harris and began to play with heart, changing the pace of the game. Trevecca was able to continue to maintain possession of the ball, but the Lady Lions played with new spirit and continued to attack the Trevecca team.

After battling the entire second half, and with only three minutes left, the ball came back to the

Trevecca keeper, who placed it on they ground, at which point Briley Collins charged at the keeper, startling her and leading her to pick up the ball, which resulted in a foul. The Lady Lions then set up quickly, and after a cross from Collins, the ball entered the box, where Casey Riddle scored to tie the game and send it into overtime.

The game then entered a ten minute overtime period called golden goal, during which the first team to score wins the game.

Trevecca started out moving the ball and creating opportunities that goalkeeper Harris continued to block and keep the Lady Lions in the game. From the sidelines, the fans continued to yell and support, reminding the Lady Lions that, although it was an away game, they were not alone. One such fan stood in front of her chair the whole game and, when asked why she stood, said, "This is a battle,

and I will not sit while my fellow soldiers are in battle."

The battle continued to rage as the first overtime came to a close and both teams headed to their respective benches to discuss a course of action.

As the second overtime began, the Lady Lions were able to put pressure on Trevecca, but it did not stop them from capitalizing on a Lady Lions mistake with seven minutes left in the second overtime. The ball was played into the Lady Lions box, and after a bad touch by one of the Lady Lions players an own goal was scored, giving Trevecca the golden goal victory in the second overtime.

Since the Trevecca game, the Lady Lions have played to a 1-1 tie with St. Catherine College, lost 2-1 to Cumberland, and lost 5-0 to Lyon College. The Lady Lions conclude the season with a game against Union University at 5:00 on November 5.

Moonlight Madness

By Orry Moody
Staff Writer

Moonlight Madness was brought back to Freed-Hardeman this year in hopes of gearing up the fans and players for the new season. Jon Armstrong, FHU's Sports Information Director, said, "The fan support last year was great ... We've got two nationally ranked programs here at FHU, and we want to have that [support] again this year." To establish that support and set an exciting tone for the season, the night was fun-packed with events for players and students.

Moonlight Madness started at 10:00. Hundreds of students gathered to see what FHU was bringing to the court this year. Starting off the night was the beginning of the three-point contest. The contest consisted of a time of forty-five seconds on the clock and a contestant at each end shooting as many threes as he or she could in the time limit. The rounds started off guy vs. guy and girl vs. girl.

Next came the first of two student competitions: King and Queen of the Lane. The female competitors were: Anna Thompson, Beth Wade, Brittany Forbis, Haley Danner, P.J. Buckner, and Rachel Davis. The game was very simple—the contenders had to keep their dribble while staying inside the three-point line. Coach Shelton added, "You can even knock them out of the lane." The battle was hard fought in this game of skills. After only three were left, the girls were restricted to only the paint below the free throw line. Down to only two, Anna Thompson and Haley Danner fought hard. Finally, Thompson came out on top by picking up her dead ball into a dribble and became Queen of the Lane. Up next were the guys: Mike Milligan, Cameron West, Jacob Wright, Cody Boston, Chris Malone, Taylor Risley, and Andrew Horn. This was also a hard fought and close game. Once again coming down to two, they were constrained to the paint. The two students

left, Mike Milligan and Chris Malone, competed hard for the title of King of the Lane, but Malone came out on top for the victory after a lost dribble by Milligan.

After the student competition, there was more three-point action between the Lions and Lady Lions. This continued through a couple of rounds, followed by an acrobatic, flip-filled routine by FHU's cheerleaders. The next student competition was a game of "gotcha" or "knockout," played by same student competitors who competed earlier.

The women's game went fairly quickly, and it came down to Brittany Forbis and Haley Danner. It was close for two or three shots, but Danner took the win. Lasting only slightly longer than the women's game, the men's competition was still a quick match, with Cameron West and Jacob Wright outlasting the others. After three or four made baskets a piece from the final two, West came out on top for the last victory of the student

competitions of the night. The finals of the three-point competition came up next. The winner of the Lions' shoot-out was Vincent Barnes, and Kristal Edney swept the Lady Lions' competition. The two went head-to-head in a forty-five second three-point shoot-out. Edney gained a quick advantage after hitting eleven consecutive threes. Barnes drained a few but could not catch up. The match ended in a 20-8 victory by the Lady Lions' Kristal Edney.

The last competition of the night was the long-awaited dunk competition. The guys started off a little edgy, but soon things heated up. Brian Pearson, along with many others, soon was throwing it down with style. Robert Givens made heads turn

when he dunked two alley-oops from a self-bounce pass. The crowd went crazy when Daniel Gravatt, a newcomer to the Lions, pulled off a 360 dunk. What stole the show, however, happened when a player announced that 5'3" Anthony Sampson was going to dunk. Sampson took off down the court from the top of the arch and leaped for the dunk. Fortunately, Zack Frey, the Lions' 6'8" center, caught Sampson in mid-air and supplied just enough lift for #3 to not only dunk the ball into a goal twice his height but to win the dunk competition. After Sampson's aeronautical feat, Moonlight Madness came to a close as all of the students gathered together in the center of the court for a prayer led by Lions basketball coach, Jason Shelton.

Documentary shown for a cause

Continued from page 1

Phillips informed them of a peace rally in Nashville called "The Rescue," which supported awareness for Uganda's abducted child soldiers. Phillips, Rose, and Krulish, along with FHU student Grace Choi, attended the rally, which was run by a former Freed-Hardeman student.

After the event, Krulish and Rose wanted to know how to get involved.

According to Rose, the goals for Invisible Children at FHU "are to involve people in something that matters, to unite Christians throughout the community, and to use this organization as a gateway to becoming more personally

involved with the situation in Uganda." He said that the "last goal is already being realized," for they have been contacted by a missionary in Uganda, as well as a woman who hopes to get involved with rehabilitating former child soldiers.

Since the organization behind Invisible Children is not affiliated with religious groups, Rose explained that the group at Freed-Hardeman must change their name. The campaign group on-campus is now called "Shema," which means "hear" in Hebrew. Rose said that the "word comes from a people who were in exile often, and it's fitting because the child soldiers are in a

kind of exile."

There have already been a couple meetings for the members of Shema.

Interested students should keep an eye out for announcements about upcoming meetings. In addition, Rose said that a copy of Invisible Children will soon be added to the AV library for those who did not have a chance to see it.

Josh Williams, a Freed-Hardeman student who attended the film, said, "I am happy with the initiative Jennalyn and Zachary are taking. I'm glad they are organizing something for which I can work to make this world a better place."

Europe short course

Continued from page 1

It has not been determined if they will fly or take the train via the Chunnel.

"I'm the Paris man," said McLaughlin, as he talked about the plans for the French part of the trip. "We'll tour Notre Dame and the bell tower because of my love for the Hunchback, of course."

Students will have a chance to visit the d'Orsay museum as well as a cemetery where dead writers lay in peace, like Pere-Lachaise. There will be an afternoon boat ride on the Seine River. They will also visit Montmartre, a hill where bands play outside of a church that looks over the Paris skyline. Vincent van Gogh and Picasso had studios on this hill. Also, students will have a chance to walk in the steps of Ernest Hemingway from his time in Paris.

McLaughlin said, "There will also be free time in the schedule so that people can see other sites

in both cities on their own." From Paris, students and faculty will depart for the U.S. on June 1.

The cost of the trip is approximately \$2,700. Questions about the course and the trip can be directed to Johnson, McLaughlin, or Spradlin.

The other new study abroad course will be taught by Dr. Brian Butterfield and is titled BIO 292/392 Natural History of Bermuda.

The course will be good for four credit hours and will meet the general education biology requirement.

While in Bermuda, students will study the biogeography of the island, terrestrial ecosystems, aquatic ecosystems, the importance of endemic species and biodiversity, invasive species, and the island's birds, reptiles, amphibians, fishes, invertebrates, and plants. Questions about the trip can be directed to Johnson or Butterfield.

Fine Art

Student Spotlight: Bethany Simpson

Bethany Simpson is a junior from Columbia, TN. She is working towards a degree in art with an emphasis in graphic design and a missions minor. Bethany is a very talented artist. She enjoys photography, painting, sketching, and anything else you might consider "artsy." Here is a look at a couple of pieces she is currently working on for her Painting II class.



The above painting is a close up of an orchid, Bethany's favorite flower. She made this painting to hang in her bathroom at home. She said, "I made it especially for the bathroom because there is not any art in that room." This painting has a lot of detail. It is a white flower, but there is hardly any white in the painting at all. It is a dry brush painting with several layers, resulting in a smooth look. When talking about the painting Bethany said, "I like detail and realism. I like things to look real."



This is a textured oil painting of leaves hanging on a clothes line. There is a letter on each leaf, spelling the word "free." The original picture had the question "why?" on the leaves. Bethany changed the word to "free" because she likes painting things that can be hung up in people's houses. "I can really picture this painting hanging up in a teenagers room." Although she had no meaning behind the painting, she said she really likes the contrast between freedom and containment. The leaves say "free," but they are pinned down. She also pointed out that the last "e" looks as if it is trying to fly away, which gives it a nice touch.



Graduate Success Stories: Professional Life after FHU

By Erin Haddock
Assistant Editor

Clayton Marshall

Major: Biology
Minor: Chemistry & English
Current Position: Student, working toward Ph.D. in Biochemistry at Vanderbilt University.

While attending Freed-Hardeman University, Clayton was involved in many social activities as well as his academic studies. He always knew he wanted to do some sort of research and hoped to help people through whatever research he ended up doing. He felt that he would become too emotionally attached to patients if working as a Medical Doctor. While not all biology majors are, Clayton felt he was required to attend graduate school in order to be involved in the cancer research that he had a passion

for. He is currently working in Dr. Pietenpol's lab at Vanderbilt University where he works to develop new treatment for cancer by targeting iASPP and p73.

Most interviewers looked mainly at academics when deciding whether or not to accept Clayton, but they also felt that his social involvement (which consisted of being a Makin' Music Director, Interface Coordinator, and Social Club Officer) made him a more well rounded candidate. These positions (especially Makin' Music Director) also helped Clayton know he was capable of leading in such a way and helped him feel confident that he could handle many more aspects of his future other than just a career in science research. There were many experiences that Clayton feels contributed to his acceptance into Vanderbilt. One of these was an internship at the National Science Foundation-Research Experience for Undergraduates (found online). With the institution being a federally funded science research

center, this experience helped him see the possibilities of cancer research. It was also helpful to have a federally funded and easily recognized science organization on his transcript. This experience in research, he claims, is one of the main reasons he was accepted into Vanderbilt.

Clayton also feels that his experience while working as a lab assistant for Dr. Thader's microbiology class and in the Research Center helped prepare him for his future. Dr. Thader's Concepts of Origins class and reading The Origin of Species for himself helped prepare him for his future dealings with evolution in science. He was also very thankful for his English minor. The English classes helped to prepare him for scholarly writing expected out of any graduate student and for general intelligent communication. He says that the science faculty is very willing to help you with experience and learning, especially if you know specifically what you want to go into.



Get Involved!

Biology Club
Research Center
Concepts of Origins (class by Dr. Thader)
Rhetorical Grammar (Dr. Becky Cargile)

Hours are a-changing

By Toni Tarole
Staff Writer

Times are changing at Freed-Hardeman University. Student enrollment and the cost of tuition are shifting. Chapel absences and work-study paychecks have been altered; however, the most recent changes deal with the hours of operation of the eating establishments here on campus.

On October 10, the Wallace-Gano Dining Hall changed its daily hours. Breakfast on Monday through Friday is now from 6:45 a.m. until 8:45 a.m. On Saturday and Sunday, breakfast is from 7:30 a.m. until 9:00 a.m. Lunch hours have remained the same. Lastly, dinner hours now begin and end a half-hour later than before. The new operating times are 5:00 p.m. until 7:00 p.m.

Jimmy T. works as the head cashier during most dinner hours and weekends. When asked why eating hours have changed, he replied, "There's probably several reasons why they've changed. The students are one big reason and other than that I'm not too sure. All I know is not much has changed in here as far as the number of students. There's not much difference to me."

Permanency of the change of hours was another question that needed answered. Jimmy T. said that the new schedule was temporary and would be finalized after two complete weeks. He also said that if students give

enough positive feedback, the new hours would be made permanent. Wallace-Gano is not the only dining service that has changed its hours. Lion's Pride has as well. Monday through Thursday and on Sunday, the hours have been extended until midnight. The most noticeable change, however, takes place on Saturdays. Students are now given the opportunity to eat at Lion's Pride between the hours 1:00 p.m. and 5:00 p.m.

Jimmy T. said that he is pessimistic towards Lion's Pride's change of hours. "We had a worker spend four hours in there this past Saturday, and only \$8.00 was made the whole day!" He concluded by saying that FHU students need to publicize what they want the hours to be so that money and time are not wasted.

When asked what she thinks about the new hours of both dining services, Beth Benfield, a junior, said, "I think I really like the new changes, but it will take some time for everyone to get used to it. Even though a lot of students go out of town on weekends, it's very convenient for those that don't have a choice between Lion's Pride and Gano." Beth is in FHU's choral group and gone most weekends, but she said that it will be nice to eat at Lion's Pride on the weekends that she is on campus.

October 23 was the last day of the testing period for the change of hours.

NBS hosts fundraiser

By Brad Kelley
Staff Writer

"Operation: Bus 'Em Back" is the name given to fundraiser currently being run by FM91 and the Freed-Hardeman Chapter of the National Broadcasting Society. The name itself is modeled after the conventions used by the military in naming its missions, because Operation: Bus 'Em Back, is exactly that, a mission.

The Henderson Army National Guard Unit known as Troop 1/278 Armored Calvary Regiment is being deployed to Iraq in February of 2010. The Regiment will be traveling to Camp Shelby, MS on December 5th of this year for Post Mobilization Training. Training will continue until deployment in February and the troops, all 94 of them, will only have one opportunity to return home to visit friends and family during Christmas week.

However, the return trip must be made at the soldiers own expense, and that's where Operation: Bus 'Em Back comes into play.

Ron Means, FM91's station manager and member of the Army Reserve participated in his own tour of duty two years ago. "I know what it's like to be out on tour and I decided we could help these troops see their family one more time before they go. These soldiers deserve it," said Means.

Operation: Bus 'Em Back became public on October 28th, with a story in the Chester County Independent and with extensive coverage on FM91, Freed-Hardeman University's radio station.

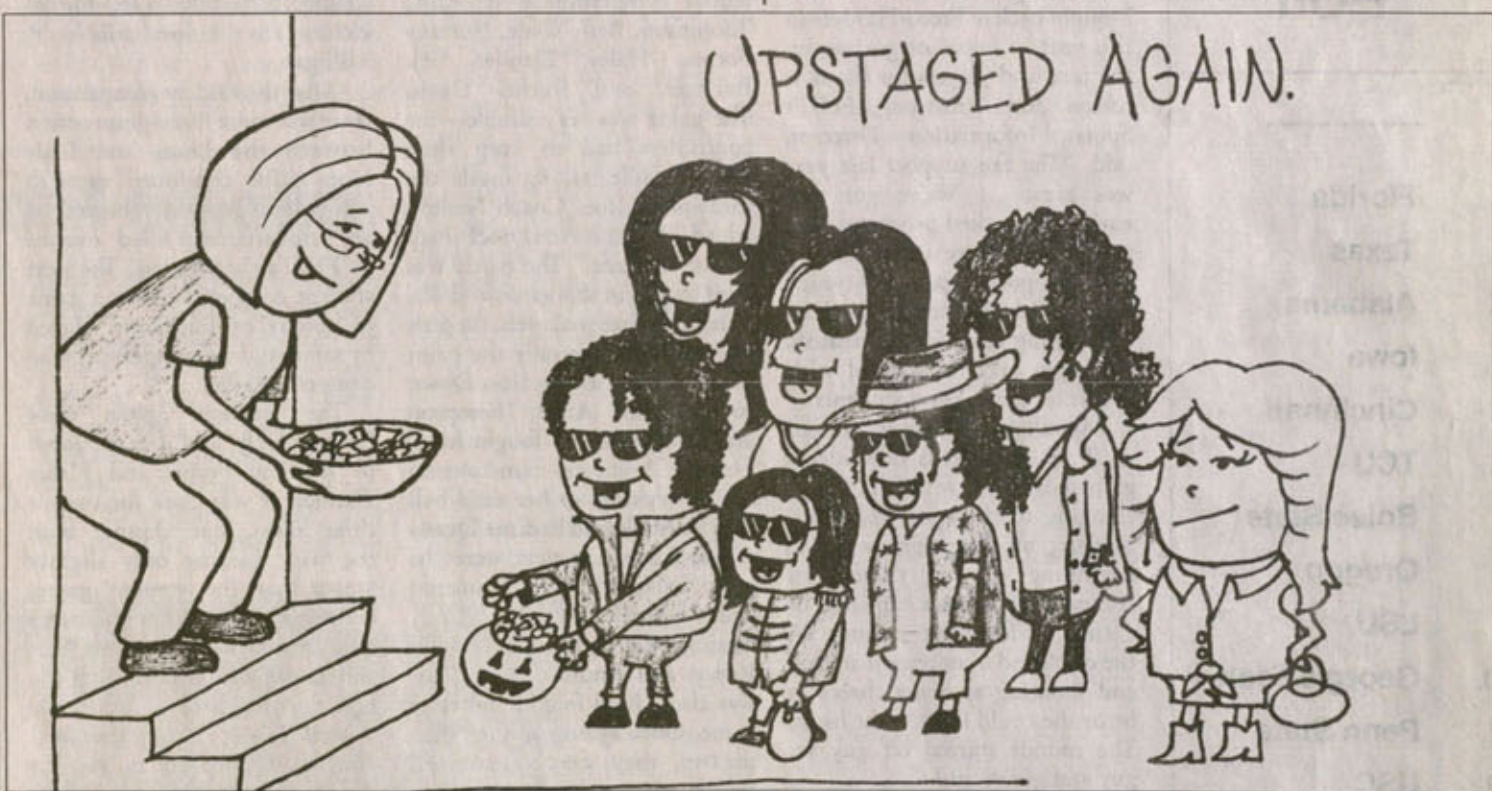
The fundraiser is attempting to bring in \$2500, the amount required to pick up and drop off the soldiers from and to Camp Shelby, MS.

The money will specifically go to pay the drivers of two tour buses, and pay for gas for the two round trips. Means said that booking the two tour buses had already been paid for by a private donor.

Cameron Smith, president of Freed's NBS chapter, spoke some about the professional group's involvement with the fundraiser: "Our chapter of the NBS is really trying to make itself an organization involved with the community, we're trying to revamp the program, and one aspect we're paying close attention to is community service." Smith also said that a better cause for a fundraiser would be hard to find.

Currently, different options for fundraising activities are still being planned, but one is already in effect.

The Clayton Bank and Trust of Henderson now has a special account set up to accept donations towards Operation: Bus 'Em Back. Donations can be made any time during regular business hours at any Clayton Bank and Trust branch.



Cooking Corner

3 Minute Chocolate Mug Cake

Have you ever been up studying at 3 am, and all of the sudden you get a craving for something sweet? With this recipe you can make a cake in your microwave in just three minutes!

Ingredients:

4 Tablespoons flour
4 Tablespoons sugar
2 Tablespoons cocoa
1 egg
3 Tablespoons milk
3 Tablespoons oil
3 Tablespoons chocolate chips
A splash of vanilla

Directions:

Mix all of the dry ingredients together in a coffee mug. Add the egg and mix again. Mix in the milk and oil. Add the chocolate chips and vanilla and mix it all a final time.

Cook it in the microwave for 3 minutes and enjoy!

