



Jessica Phillips • The Bell Tower

GANO REVIEW

One student shares his thoughts.
p. 2

And Then They Came For Me

(exclusive director's interview)
p. 3



Jessica Phillips • The Bell Tower

The Bell Tower

Freed-Hardeman

HENDERSON • TENNESSEE • FREED HARDEMAN UNIVERSITY'S TOP NEWS SOURCE • ISSUE 3 • VOLUME 31 • OCT 21, 2010

IN CAMPUS LIFE

FASTING

Christina Gillim writes about fasting being done in result of Student Lectureships.
P2

GANO REVIEW

Derek Estes gives his opinion on the new services in Wallace-Gano dining hall.
P2



Jessica Phillips • The Bell Tower

Students test iPad

By AMBER OLIVER •
amber.oliver@students.fhu.edu // staff writer

Technology has come a long way in the past one hundred years. From the first photocopier in 1937 to the World Wide Web in 1991, which opened the door to many communication portals.

Apple is no stranger to advanced technology. The iPod, a portable music player, was released in 2001. Apple's latest development, the iPad, is the first tablet computer.

This year, Freed-Hardeman is launching an experimental iPad pilot program that allows a handful of preselected instructors and their students to experience the iPad in the classroom environment and beyond.

According to Freed-Hardeman's Associate Vice President and Director of Instructional Technology, Mark Scott, the purpose of the study is to determine whether or not the iPad will make a practical addition to the university's iKnow Initiative that began in the fall of 2008. At the time, the iKnow Initiative was one of very few of its kind, and today, Freed-Hardeman leads the pack again with the 2010 iPad pilot.

LeAnn Self-Davis, Dean of the school of Mathematics and Science, is currently participating in the iPad pilot study. In her Natural Resource Conservation class, students instantly research articles relevant to class discussion. Additionally, students have the opportunity to study extra material outside of class work. "Students send me environmental articles that they find interesting—regardless of whether or not it is a subject we are discussing in class."

According to Becca Phillips, senior Art major, the iPad is convenient and user-friendly. "I can quickly reference new articles, online materials, and easily access applications."

Participating students and professors use the devices as if they were their own while taking part in the research for pilot study. Monte Tatom, director of quality enhancement programs, is the lead researcher on the iPad pilot study. Using a series of surveys and focus groups, Dr. Tatom is analyzing and interpreting information regarding the success of the iPad.

Cliff Thompson, a participating theatre instructor, said he feels as though the iPad experience should be different from students' MacBook or iPhone experience. "It will be interesting to see how their craft changes because they can look up something on the Internet right there with the iPad and then flip back to the instructions that they were working from."

The program provides recreation along with the educational purposes. Similar to the iPod and iPhone, applications are available to students. Some of the most popular "apps" include Angry Birds (a game with the main object to send birds barreling into blocks), Flipboard (which arranges content from the places you frequent online and collates them into what is called a "social magazine") and NBA Game Time Courtside (which lists a large amount of sports stats and images).

So far, the program has been a huge success. Phillips frequently uses her iPad. Some of her favorite applications include Words With Friends, Talking Tom, Discovery News, and GoSkyWatch. For Phillips, iPad is a convenient tool for everyday use. "It is much lighter than a computer and very easy to grab and take with me. It's sort of like a glorified iPod touch."

Apple has sold over two million iPads since its release on April 3, 2010. Since that time, specialists in educational technology have been considering the iPad's role in higher education. By the end of the 2010-2011 school year, FHU's iPad pilot study will be used to inform the school's decision about this potential touchscreen counterpart.

THAT THEY MAY HAVE LIFE World Mission Workshop/2010

By CHRISTINA GILLIM • christina.gillim@students.fhu.edu // assistant editor

This past weekend over 700 children of God gathered at Camp Tahkodah in Floral, AK, to learn more about God's will for their lives. About 30 of those were from Freed-Hardeman.

The 50th annual World Mission Workshop, hosted by Harding University, focused on the theme "That They May Have Life." Keynote lessons, learning stations, and classes centered on helping those in need.

"This workshop is unique," said Glen Henton, Director of Missions, when discussing the format of this particular workshop. Rather than just having lectures and classes, this year the workshop took a very hands-on approach.

Most of the Freed-Hardeman students stayed in tents; however, Junior Jordan Smith, Freshman Morgan Richert, and Senior Alex McGriff were able to experience sleeping in a Haitian "shack."

Smith said, "I really enjoyed living like a missionary for the weekend. It is nice to leave behind material things or even everyday things. It was awesome to be in a place where you could feel the desire to serve. The Haitian Shacks were real. Many people really do sleep in the dirt night after night. I enjoyed getting a taste of what that feels like."

"My favorite part about this weekend was living with just the necessities. You can surprise yourself with how little it takes to actually be happy and content," said Richert.

During the day, students were able to attend learning stations that taught water purification, well-drilling, composting, health care, micro-financing, and many other things. There were China Now, Let's Start Talking, and "coffee shop conversations" simulations.

Junior Andrew Ashley really enjoyed the China Now simulation. "I could talk to you about it for hours and not get tired of it. [The China Now program] is incredible," Ashley said.

The opportunity was also given to buy food from a "foreign market" (pictured above) and cook it over an open fire for one of the meals. "I really enjoyed experiencing the Market and bargaining with 'foreigners,'" said Junior Michael Conatser.

Several missionaries were available to talk about the great works they are doing all over the

world. From China to Honduras, the Philippines to Russia, Nicaragua to Kenya, God's word is being spread. And not just His word, but His work is being spread as well.

Another focus of the weekend was holistic mission work. That means doing more than just telling someone the Gospel of Christ; it is showing them the Gospel through action. The classes and learning sessions discussed ways Christians can show the Gospel through little, ordinary things such as goats and coffee, while still focusing on Christ rather than just doing good deeds.

This workshop informed students of opportunities and needs, but more than that it encouraged and motivated them to get to work now.

Richert wants all Freed students to be just as motivated. "I would encourage others to realize that where God has them right now is a mission field. There are people that need to hear the gospel right here in Henderson. When was the last time you really got to know a Gano worker? Or made a visit to the nursing home? Or walked across the lunchroom to encourage the guy who seems to always sit by himself? There are so many little things that add up and make the biggest difference in life."

In order to keep this fire going some of the students made suggestions that Freed could do to encourage the students to get more involved in missions.

Ashley suggests that there should be chapel programs that highlight the different mission programs. "If they knew about the programs they would probably be interested."

Some of the other students said they feel as though the social networking for missions here is not large enough. Students need to have more access to information about internships and such. FHU provides plenty of information about youth ministry interns but not so much about mission interns.

The need is so great, and there are so many opportunities to do the Father's will. We just have to be willing and ready to do it.

This was a great weekend to get a taste of what mission work is like and to light a spark in those that were able to attend.



Christina Gillim • The Bell Tower

IN ENTERTAINMENT

BAND OF HORSES

Review of Love in Stereo concert night in Nashville.
P3



BRYSON'S COLUMN

Bryson suggests new bands and artists for those who are looking for a fresh sound.
P3

DIRECTOR'S INTERVIEW

Annie Wright answers questions about her play, *And They Came for Me*.
P3

IN OPINION

HIS VIEW/HER VIEW

Lincoln Stermler and Becca Phillips discuss "What not to Wear" as Christians looking to impress that special someone.
P4

POLITIC'S ETC.

Broderick Greer discusses not voting Republican or Democrat in *Politics, Etc.*
P4

IN SPORTS

LADY LIONS VOLLEYBALL

Lady Lions defeat #1 Union Lady Bulldogs.
P5

FHU LIONS SOCCER

Both men's and women's soccer teams continue to win and even break some records along the way.
P5

IN BACKPAGE

CROSS COUNTRY

A look at the newest FHU sports team and their faculty coach.
P6

FHU basketball prepares for season

By THOMAS VICK • thomas.vick@students.fhu.edu // staff writer

As Fall settles in and the leaves begin to change, one goal is on the minds of the Lions and Lady Lions basketball teams at Freed-Hardeman University—winning.

The task looks to be difficult for the Lions as they lost their main post presence in Zach Frey to graduation. Frey averaged 17.6 ppg with 58.1% FG. In addition, he led the team in rebounding (6.6 rpg).

Sophomore Kyle Teichman admits that the absence of Frey will play a factor in this year's season.

"Zack (Frey) was a great player and a big part of our success last year, but even with his loss we have enough other players returning to be better than we were a year ago," said Teichman.

One of those returning players is Teichman himself. A versatile player who can score inside and outside, Teichman averaged 12.3 ppg and 5.7 rpg in 27 games last season. Coach

Jason Shelton will expect more production from the experienced second year player. The off-season workout regimen of Teichman reflected such.

"I spent a lot of my time working on my shot. Just trying to be more consistent with my mechanics whether it be a hook inside or from three. Also spent a lot of time in the weight room trying to get stronger so I can get and hold position down low," said Teichman.

Teichman will not be alone. Other major impact players returning from last year are Ken Bingham (15.4 ppg), Anthony Sampson (4.0 apg), and Jesse Moulton (11.4 ppg).

Bingham is an all-purpose player who can do it all on both the offensive and defensive sides of the court. On defense Bingham often guards the opponent's best perimeter player. Offensively, the senior Bingham is a threat to shoot the three-pointer (38.7% 3FG) or to drive the ball to the basket. When

he drives, he often gets fouled and sent to the free throw line where he was the team's best shooter last year (83.1%). Anthony Sampson, a 5' 3" PG, will present matchup problems once again this year with his lower center of gravity, quick passing and lightning-fast hands. Sampson led the team in steals last year, averaging 1.7 spg.

Jesse Moulton, a 6' 4" SG, returns along with his deadly three point jump shot. Moulton led the team in 3FG made last year with 66.

As is usually the case with Coach Shelton's teams, a plethora of freshman recruits fill out the roster this year and will fight for playing time.

All the players are hopeful for a very successful season.

"Everybody in the program expects to be at the top of our conference and earning a bid to the national tournament in March," said Teichman. The first game for the Lions is Nov. 6th against Bryan College at 4:00 p.m.

7 DAY WEATHER FORECAST

Thursday Oct 21	Friday Oct 22	Saturday Oct 23	Sunday Oct 24	Monday Oct 25	Tuesday Oct 26	Wednesday Oct 27
81° Sunny 44° 0%prec.	81° Partly Sunny 51° 20%prec.	85° Cloudy 56° 20%prec.	78° Isolated T-Storms 54° 30%prec.	81° Scattered T-Storms 56° 40%prec.	82° Scattered T-Storms 50° 40%prec.	79° Scattered T-Storms 50° 40%prec.

http://www.startrack.com/http://weather.com

CONTACT US:
thebelltower
editor
@hotmail.com

Student lectureships motivate spiritual dedication

By CHRISTINA GILLIM • christina.gillim@students.fhu.edu // assistant editor

The theme for this year's student lectureships was "Disconnect." The speakers challenged students to disconnect from the things of this world in order to reconnect to God.

The life of a student is already crammed pack with busyness. With classes, homework, tests, papers, social clubs, academic clubs, social life in general, and all the other things that take up so much of a student's life, it sometimes seems hard to find time to just sit and spend time with God.

Most, if not all, of the speakers at the lectureships discussed the lost practice of fasting. When someone mentions fasting today, most people just think about going without food, or dieting. However fasting is so much more than that.

"To me, fasting is a way of reconnecting with God. It's saying that I don't need food to sustain me, I need God and he will give me all I need," said Sophomore Derek Estes.

"It reminds me that even though I'm forcing myself not to eat, there are some that don't even have the choice and are starving every day. It reminds me that God has given me many things and blessed me, but none of that should get in the way of connecting with him."

Students all over campus have risen to the challenges presented in the student lectureships in their own unique ways. Some students have started what they call "No Facebook November."

"As much as I would like to say that I'm not addicted to Facebook, I can't. I'm quite excited about this little adventure," said Freshman Anna Catherine Steele. "There are about ten of us doing it now. Most are girls on my floor, but my roommate mentioned it in her Facebook status one day, and a few more people who don't go to Freed said that they would join us. There may be more

on campus, but we just don't know."

Steele said that she would love for more people to get involved with this. Some may ask why students would give up Facebook for a month.

"The point? I'm not really sure. But I do know that the time I'm not spending on Facebook, I plan to spend in God's word."

Steele and her friends are not the only ones who feel as though they are consumed with this social

all together, just certain types of food and drinks.

"All this buzz about giving up and fasting kind of made me want to do something to. I think giving up Facebook is a cool idea, but I personally need it for messages pertaining to groups I am involved with. So I decided to give up coke. For one year. I've heard about people giving up stuff for a year, and I thought it'd be neat to give up something that would be hard for me to give up," said Hill.

Oliver has decided to do something similar by giving up desserts for a whole year.

"Now, it's not like I'm out of control and eat a gallon of ice cream by myself. It's just that I use sweets to make me feel better sometimes, but that can't truly do that. That is why I'm giving them up. I just want to get rid of that reliance on something so temporary," said Oliver.

Fasting is something that should not have ended with the First Century Christians, and FHU students seem to be bringing it back. "I definitely think Christians should fast today. Jesus didn't say 'if' you fast. He said 'when' you fast. It's good to fast, and when you would be otherwise eating, you can spend some time praying or reading

God's word or contemplating his will for you. And when you get hungry, you remember why you're hungry and it just reminds you of God again. It's like your whole body is reminding itself of the God that created it," said Estes.

Hopefully this is just a brief highlight of the students here on campus that are taking Jesus' words on fasting seriously. There are probably many others who are choosing to fast in secret. What are you willing to give up?



Jessica Phillips • The Bell Tower

Gano: One Student's Thoughts

By DEREK ESTES • derek.estes@students.fhu.edu // staff writer

So you might not have heard, but Gano has recently changed. Now this might be a shock to many so allow me to inform you on some of the changes. First of all, and perhaps the most important change: it's edible. Okay, that's not fair, but it really is a lot better now.

They've totally redone the aesthetics. New paint. New tables. New chairs. New setup. New everything. And let's be honest, it's for the better. I'd say that it has moved from cafeteria grade looks to a B- diner look. And based on the fact that it is a cafeteria, that's really awesome.

And let's not forget about the food. There are the always-available cheeseburgers, grilled cheese, fries, and pizza. Then there's the ever-healthy and readily available salad bar, apples, bananas, and bread. Of course there's the sandwich bar complete with all the good things a sandwich needs to be delicious. And then there's the other bar with dinner type food. And just when you think there's too much to choose from, they throw the curve ball at you and offer deserts as well. With that many choices, freshmen are learning about the dreaded freshman 15 in a very real way.

So with all of these changes, you might be thinking along the same lines as me: Gano needs a new identity. Let's be real, it's nothing like it used to be. New food, new looks, new newness. So I propose that we give it a new name. Okay, not a new name. An old name that never gets used: Wallace. As in Wallace-Gano. Wallace is an underappreciated man after all and what better time to start recognizing him than now, while we have good reason for it?

So for those with an appetite for change, Wallace offers you something you can sink your teeth into. Its mouth-watering deliciousness is a welcomed change to those of us with a sweet tooth for something new.

But don't let me get sidetracked here. This is supposed to be a review on what I think of Wallace. So allow me to give my brief musings. So aside from my lame jokes, here are a few thoughts that I have.

Gano really is better. I know Freed-Hardeman students will talk about just about anything from who's dating who, to weird chapel days, to Joe Delay's fabled blitz to the cafeteria, but the very fact that students were abuzz with conversations about how improved Gano is this year is a testament in and of itself.

I won't lie, it'd be nice if it were easier to be healthy or if it had a bit more seating, but overall, I think they're doing really well. It's obvious that Freed-Hardeman is going out of their way to make all of us more happy. I think it's safe to say that all of us are appreciative of their effort. They'll continue to hammer out some details and make improvements where they see fit, but until then, this writer is grateful for the effort.

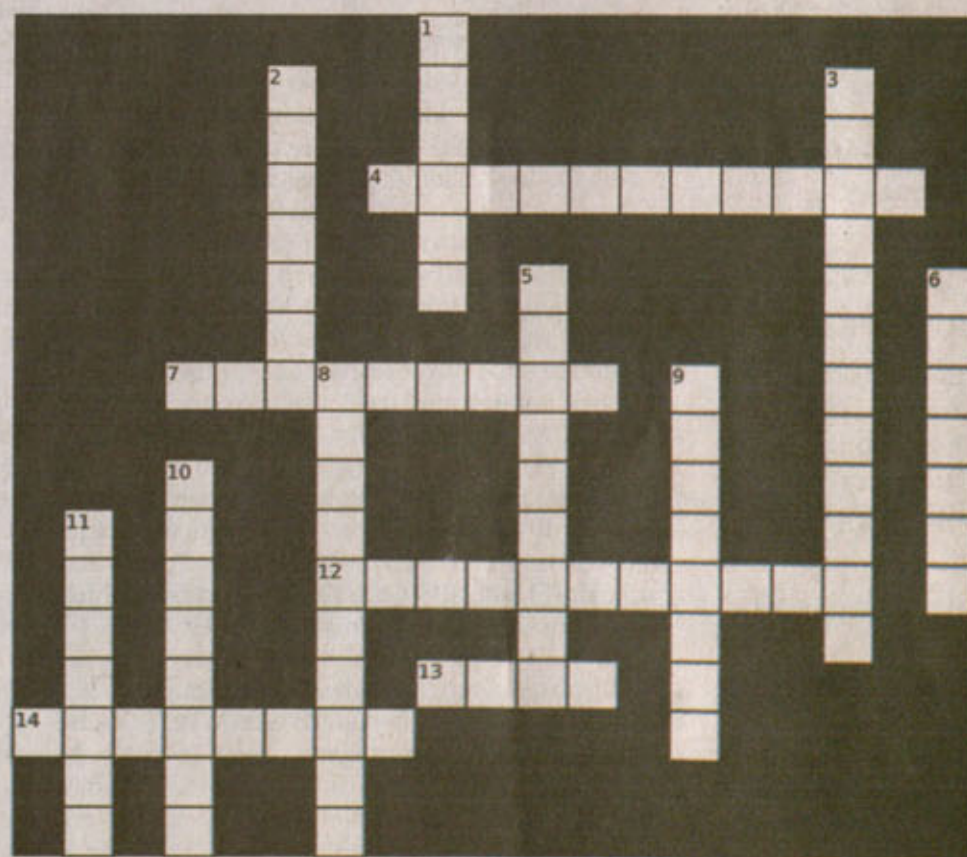


Jessica Phillips • The Bell Tower



Jessica Phillips • The Bell Tower

FHU Crossword



Across

- 4 Benefit Dinner Speaker
- 7 Cadillac Sky's Hometown
- 12 UPC Event
- 13 Three Swings and a _____
- 14 Inception actor

Down

- 1 New Dining Service
- 2 Still under construction
- 3 Theme of Student Lectureships
- 5 October Holiday
- 6 Host of World Mission Workshop
- 8 November 8-13
- 9 Key component of a guy's wardrobe (two words)
- 10 Current Intramural Season
- 11 FHU's Sudy Abroad Home

Crossword puzzle answers are found in the articles of this issue of *The Bell Tower*.



Jessica Phillips • *The Bell Tower*

By HANNAH HOYT • hannah.hoyt@students.fhu.edu // assistant editor

entertainment

And Then They Came For Me

an INTERVIEW

with the DIRECTOR

Page 3
October 21, 2010

Senior theatre major Annie Wright recently concluded one of the most nerve-racking and exciting experiences of the Freed-Hardeman theatre program: directing and producing her own play. Her show, *And Then They Came For Me*, was performed this past weekend in the Black Box Theatre and opened on Thursday night to a full house.

Q: What went into your selection of the play *And Then They Came For Me*?

A: I have had an interest in the Holocaust since the first time I learned about it in 6th grade. When I found out during my freshman year at Freed that I would have to direct a show as my senior seminar, I knew I wanted to do something relating to the Holocaust.

At the end of last semester Dr. Thompson told me to send him a list of my top three choices and that he would choose which play I would direct. I read 7-10 plays—well, some of those I just scanned. After I read *And Then They Came For Me*, I was in love with it. I put it at the top of my list. Dr. Thompson got my list and started reading the plays I had on it. He said he got about five pages into *And Then They Came For Me* before he decided that it was the play I was going to direct.

Q: What were some early obstacles that you encountered while producing this play?

A: The first thing that comes to mind is casting. The play can be done with four, six, or nine actors; I had decided from first reading it that I wanted seven actors. I would follow what the script wanted for the six-actor cast, but I would make the Hitler Youth Child a separate actor. When I held auditions, I only had four people show up. Right away, I knew I could cast them; they were amazing. I had already chosen my Hitler Youth Child, but I still needed two more actors. As I was approaching my read-through (the first rehearsal) I had almost given up on finding two actors and resigned to making it the four-actor cast. But, after Chorale one day, two people approached me; I had them read, and I had my cast! Another obstacle was finding a stage manager. Stage-managing is a very time consuming job. It would not be wise for a director to go without a stage manager. The stage manager is the one that writes down the blocking, calls the actors when they are late, and is in charge on opening night. I needed one and was desperately searching. I was asking just about everyone I knew that had any knowledge of theatre. By my 2nd week of rehearsals, I got a response from Andrew Foster, and my job was made easier.



Jessica Phillips • *The Bell Tower*

Q: What part was most challenging for you as the director?

A: Putting my image on the stage was the most challenging. I had a clear image in my head of how I wanted certain scenes to go, but doing things in the Black Box Theatre, on a thrust stage with the audience on 3 sides, can be challenging. Some of the things I wanted to have happen just couldn't, and I had to learn to deal with that. Also, directing on a thrust stage is just difficult, not only for me, but for the actors who have never performed on a thrust stage before. Getting them to play diagonals and making sure that everyone in the audience sees at least one of the actor's faces at all times was a hard thing to do to begin with.

Q: How do you think people responded to your production?

A: I think the audience responded well to the production. I heard several positive comments about it. Even people who came and saw it more than once were still moved by it. By some of the comments I got, I am reassured that at least some of the audience got out of it what I wanted them to: that this really did happen to these people, and we have to remember that and make sure that their stories live on.

Q: Having finished the experience, how do you feel about it overall? Is there anything you would have done differently? Done the same?

A: Ah. I am relieved to have one more burden off my shoulders, but I'm also a little downhearted that after all these weeks it was over so fast. I really like how it turned out. I liked the relationships among the characters, especially Ed and his Father when they were reunited. That scene got me even at the last performance. Parts of me might have changed the set a little, maybe making the hardwood flooring longer and playing with that platform some, adding more levels. Also, all during the process I had pondered the idea of having the actors interact some with the audience, be a part of it. If I would have had more time, I might have explored

that.

Q: Lastly, how does it feel to have fully directed and produced your first major play?

A: It feels wonderful. It was a crazy process, but in the end it was worth it. Toward the end of it I was saying to myself, "I am never going to do this again." I also said that after my first time stage-managing, but I did that again. Now I'm looking at doing it professionally, so I may just direct again some day. But after doing this, I have an even greater appreciation for what goes on in the process of a show.

Band of Horses // Nashville, TN // October 7 // A Review



Photos by Bryson Leach

for fans of...music like music

• Bryson lists finds similarities between your favorite artists and some you might not know.

By BRYSON LEACH • bryson.leach@students.fhu.edu // columnist

The interesting thing about this campus is that there are a lot of bands that everyone likes. It's almost as if we could have our own campus top ten musicians. That being said, it's pretty tricky to convince a lot of you guys to stray from that list and find some new bands. Oddly enough, when there's a new band, we always have a habit of asking, "Who do they sound like?" So, here's a list of some bands you need to check out if you're a fan of another band.

1. Cadillac Sky – For fans of The Avett Brothers – These boys from Nashville add a similar grunge to the bluegrass genre in the same way the Avetts did with their earlier albums. The best part is, if you ever listened to the Avetts and thought, "Man, I wish there was a mandolin and violin in this band," your wish is now fulfilled in Cadillac Sky.

2. Andrew Ripp – For fans of Dave Barnes, Ben Rector, Matt Wertz etc. – Whether you know it or not, all these guys are friends out of Nashville and all of them produce and write and play in each other's albums. Ripp's album, *She Remains The Same*, is the newest release of the bunch. His soulful voice and edgy bluesy sound is a refreshing mix. The best part? He's coming here to play a show November 30th. Tickets go on sale November 16th.

3. M. Ward – For fans of Jack Johnson – M. Ward may be one of my favorite musicians of all time. He has an incredible ability to bring back a retro style of music taken from the 40's and 50's. His music is perfect for a quiet moment.

4. Tokyo Police Club – For fans of Weezer, The White Stripes, OK GO – This poppy band from Canada has really found its way into my heart. Characterized by catchy guitar riffs and upbeat tempos, which is similar to the other artists mentioned, Tokyo Police Club is perfect for a workout playlist or whenever you want to jump around and punch things.

5. The Dead Weather – Fans of The Raconteurs, The White Stripes – The Dead Weather is Jack White's answer to hard rock. The best part? A female lead singer. This band really gets me going in the morning. I love their head-banging rhythm. I also thought it was interesting to know that White started this band because his doctor told him to stop screaming in music or he'll lose his voice. He plays the drums in this band.



By KYLE TAUBKEN

• kyle.taubken@students.fhu.edu // editor in chief

That October Thursday night sky was many things. Dark wasn't one of them. Dotted with stars, stage lights, and the occasional, well, OK, more than occasional, lit cigarette, on October 7, downtown Nashville found itself the temporary host to one of indie music's biggest acts of the last decade, Band of Horses. The grass was covered with blankets, lawn chairs, and scene kids. The hipsters were out in full flannel swing. It was everything it should have been. A series of necessary fall shows held by Nashville's independent radio station, Lightening 100, "Live on the Green" saw many acts, one of which was another indie favorite, Dr. Dog, and another, the recently Freed-friendly, The Apache Relay. Nashville is a legendary city whose buildings, music, and people continue to influence artistic culture both in the South and across the nation. It is Tennessee's musical claim to fame (sorry Memphis fanatics) and hosts countless shows and events throughout the year.

This most recent set by Band of Horses can go at the top of the city's "great stuff from this year list" (that may not be official) for sure. With a new album on shelves, *Infinite Arms*, and a European tour on the horizon, the guys from Band of Horses were ready to put on a show. And that they did.

"We're gonna go ahead and play the song you're probably here to hear. This is our most popular one. Don't feel bad for leaving after this. Go get the kids to bed," laughed Ben Bridwell, the Band of Horses frontman and founder, right before the group launched into its most commercially recognizable and eventually KiD CuDi'd tune, "The Funeral." "Is There a Ghost?" came a few songs later, another great track from the group's second studio album. Along with these popular songs, the lesser known but equally memorable "Factory," "Laredo," and "The Great Salt Lake" echoed through the streets as Band of Horses pounded out song after song, packing in an hour and a half set with as much indie goodness as it could handle.

Coming back after a brief off-stage hiatus, the band finished up with a three-song encore that rivaled the entirety of their powerhouse set. Maybe it was Bridwell's odd falsetto voice or the hundreds of people shouting "When I lived alone, is there a ghost in my house?!" or the fashionable western wear. Anyway you cut it, a great band put on a shattering show in a historic city. And that's about as good as it gets.

freshman fifteen. BALANCING the SCALES

By JEREMY SCHRIMSHER • jeremy.schrimsher@students.fhu.edu // columnist

I can say with certainty that freshmen learned a different meaning of the word "new" when we chose to come to Freed-Hardeman. The majority of newbies are not only new to college courses, but also new to life away from home. A few weeks ago, I heard of a guy who did his own laundry for the first time—what does that tell you?

When we are faced with change we tend to panic and do just enough to get by. With classes, homework, intramural games, and social club events going on, there are many nights where we struggle to find sleep. I'm afraid that, sadly, a lot of times we also forget about personal Bible study.

How can we find a balance? I feel that it is crucial to find this so-called balance. So, here are a few suggestions:

1.) Prioritize. What is truly important to us? Get out a pen and paper,

and write down everything that you care about. Jot down important activities and put them in order of importance. You would be amazed at where some things end up.

2.) Schedule. If you don't have a calendar, get one (do something productive with your iPhone for once). Use a planner or sticky notes—find something that works for you. It's a good thing to see your daily plans in front of your face. I stress out a lot because I have so much stuff crunched up in my head, but when I write it down, it helps me tremendously.

3.) Execute. I feel that we plan, but

freshman fifteen. continues on P6



POLITICS, ETC.

Not Voting Republican or Democrat

By BRODERICK GREER • broderick.greer@students.fhu.edu // columnist

If my home state of Texas re-elects the incumbent Republican governor next month, he will end his gubernatorial tenure in 2014, giving him a resounding fourteen years in office. Isn't that ridiculous? Who would ever be crazy enough to want to be the top executive of a state for fourteen years? Rick Perry is your answer. But seeing that I'm writing this from my desk in Henderson, Tennessee, I'll leave that discussion for another time.

The American government is designed in a way that helps foster progress, improvement, and creativity through the long, drawn out process we call democracy. Don't get me wrong; I think democracy is a clever idea. In theory, it's nice to think that your voice has been heard every once in a while (especially after months and months of job losses, pay cuts, and benefit shortages). But think about it: do we really care who's making decisions for us in Austin, Nashville, D.C., or downtown Henderson? I would venture to say that we don't.

Take the Tennessee governor's race, for example. There are two upper-middle class, middle-aged men running as the Republican and Democratic nominees. I've visited the campaign sites for both men, and frankly, there doesn't seem to be much difference. They both discuss

their strong family values and faith and commitment to the people of Tennessee. They seem like decent guys. What's frustrating is that almost every politician seems like a decent, pleasant, nice person. (They pay political consultants to make them seem nice and approachable and electable.)

Tennessee does not need anymore upper-middle class, middle-aged people running the state. They aren't doing anything but wasting our time and tax dollars. We need to begin finding poor, uneducated, unattractive people to occupy the governor's mansion in Nashville. Instead of Bill and Mike trading their mansions in Jackson and Knoxville for a mansion in Nashville, the people of Tennessee should think about giving a poor kid in Memphis or an unemployed single mother in Chattanooga a place to stay in the coming chilly months. Kick the rich people out of their comfortable houses. Let the homeless have somewhere to live for a change. Our wealth and excess have caused the poverty and underprivileging of so many. It's time to reverse that cycle.

So next month, go out on the street, ask a homeless person who you should vote for. Use your vote for the sake of a person with no political, social, or economic voice.



POLITICS, ETC.

Haslam is Right Choice for Tennessee Governor

By CHRIS MCKNIGHT • chris.mcknight@students.fhu.edu // columnist

Squaring off in the Tennessee gubernatorial race, Bill Haslam and Mike McWherter have been vying for your votes. However, the choice seems clear to me. I will be voting for Bill Haslam for a variety of reasons.

Haslam has experience in both the government and in the private sector, where he has been wildly successful. His success in these two sectors is one of his greatest assets. He knows and understands what it takes to create jobs because he has been part of executive management. While president of the Pilot Corporation, the travel centers expanded from eighty to three hundred locations, creating eleven thousand jobs in the process.

Both candidates are saying that they will create jobs for Tennesseans. Haslam will be creating even more than he has in the past. As mayor of Knoxville for the past six years, he's brought the city to the forefront of economic growth—Knoxville is ranked as one of the top ten

cities for job growth. In addition, Haslam has had nothing but balanced budgets while mayor. With his conservative fiscal approach, Haslam is just the man to keep Tennessee strong economically.

Bill Haslam also shares the values of the majority of Tennesseans: pro-life, pro-traditional marriage, NRA member, and most importantly, adamantly opposed to any state income tax. It is no surprise that the majority of Tennesseans have conservative roots. Bill Haslam shares that conservatism.

While I'm sure that Mike McWherter would do a fine job as governor of Tennessee, I feel that he lacks experience within government. He has not held public office, so I feel that the lack of experience would be detrimental. Also, I cannot trust McWherter to think in the same way I do; I trust Bill Haslam.

If Haslam is half as good for Tennessee as he has been for the city of Knoxville, he might be one of the best governors the great state of Tennessee has ever had.



HIS | HER View

God, Clothes, & Guys

By LINCOLN STEMLER

• lincoln.stemler@students.fhu.edu // columnist



Walking around campus, I am sometimes discouraged and distraught at what I see my sisters in Christ wearing. These days it is next to impossible to turn on the television and not see a show or movie that is clean and modest, but I would hope that at a university that puts Christ before anything else, we would see a difference from the world.

I fully realize that not all girls struggle with modesty, nor do a few girls taint the whole campus. Also, this article is not intended to be another modesty issue where all I do is harp on girls. This is a Christian guy's view at women and the effect their clothes have on that guy's Christian walk. I do want to make it clear for any girl that has ever wondered if what they wear matters, what you wear does affect what guys think, feel, and desire. I know you girls may not give a second thought to what your cute and stylish outfit may do to us, but ladies, that cute outfit may be what causes us to have a weak moment.

So what exactly, in the world of clothes, is it that causes a guy to stumble and that you as our sisters in Christ should know to be careful to wear? Tight jeans are probably the most popular things on campus that can really throw a guy off. I was recently walking with a friend from

chapel to Gano when a girl walked in front of us who had tight jeans on. My friend, being completely respectful, said he could not believe that a Christian girl would wear jeans that are so tight. This showed me that even the most innocent things, jeans, could pose such a great problem.

Girls, we are by no means asking that you re-do your wardrobe and that you should wear drapes. However, I am suggesting that you closely examine the type of clothes you are wearing. Besides jeans, it could be a top that is just a little too tight, a skirt that goes a little too high, or a combination. Whatever it is, I urge you ladies to be careful and thoughtful about what you wear.

As your brothers in Christ, we see what you wear and use that as one of the bases for if we would want to marry you. This may sound odd and crazy, but I personally do not want to have a wife that claims Christ yet shows otherwise by the clothing that she has on.

My sisters, your clothing is not just clothing, but rather a testimony to your love for God, and your brothers in Christ. I know it is the guy's responsibility as well, to guard our eyes and to stay pure, but it helps a lot when women dress to please God and not others.

HIS | HER View

What Not to Wear

By BECCA PHILLIPS

• becca.phillips@students.fhu.edu // columnist



Every girl really is crazy about a sharp dressed man. If you are wondering what is holding you back in relationships, it could very well be what you are (or aren't) wearing. Modesty is not just an issue for girls. Guys need to be aware of the way clothing fits their bodies just as much as girls do, but obviously in different ways. As Christians, we should always be aware of the way we are presenting ourselves to the world and to each other. Clothing is not everything, but it is definitely something worth spending time on.

Appearance matters. So here are

some key outfits and articles of clothing guys should keep in mind. Dress up, especially for church. You look infinitely better when it is obvious you spent more than five minutes getting ready. Girls love suits, so I would highly advise guys to take the time to look nice for worship services. Another key component of a guy's wardrobe should be the classic button up. Wear it, love it, and make it your best friend. You can dress it up or dress it down, so buy one in every color. In place of your favorite t-shirt, go for a

HER VIEW continues on P6

SHANNON in EUROPE

By SHANNON HARGIS

• shannon.hargis@students.fhu.edu // columnist

18. This number is not only significant because it was the number at the end of my screenname in the 7th grade (starbucksqueen18...nerd), but also because it is the number of days left on this adventure. This past week was our last trip as a whole, complete group. When you read this, we will have finished our last final exam and will be finalizing the preparations for our last two weeks of free travel.

While you are celebrating the "it-ups" of Homecoming, we will be having our own version before we all depart. The first annual "Rap-it-Up" talent show competition will feature a Belgian rap, a Ke\$ha cover, and a Lady Gaga interpretive dance, I mean, choreographed routine. And all of this will be done with the instruments on our GarageBand application on our MacBooks (go iKnow!).

It seems like the last six weeks have flown by in a whirlwind of washing laundry in sinks, sleeping on trains, and scouring cities for the cheapest food. Out of the entire month of September and the first week of October, there were only five days we did not spend traveling. We started with an 11-day trip to the United Kingdom, followed by nine days in the Bavaria region of Germany, and rounding

up with six full days in Paris, France. Although on our 14 days of free travel we will be able to travel with a

smaller group of our choice, which makes travelling ten times less stressful, it is bitter sweet to know that we have traveled as a group for the last time, except for the return trip to the United States.

But enough about this sadness! In case you didn't hear, our last group travel was during the "Great Paris Paranoia of 2010," as we like to call it. The day we left for Paris was the day that the warning was put out to all American travelers in Europe. Obviously we are all fine and nothing happened, but many in our group were wary of our impending travel plans the first few days. Security was out in full force all around the city, and I actually felt safer that week than if we had been there when there had not been a terrorist threat. We were able to do everything we wanted to in Paris: visiting the Louvre,

SHANNON in EUROPE continues on P6



Shannon finds drama in Europe.



October 14, 2010

FHU Lady Lions **75** (overall), **Union 44** (overall)
at Union



VOLLEYBALL

FHU Lady Lions defeat #1 Union Lady Bulldogs in a tense conference title game Monday night. The Lady Lions are named #1 in the TranSouth Conference and prepare for a tournament at the national level.



John Armstrong • FHU Sports Information

Volleyball team holds its own, gains wins

By JAKE WILBANKS jake.wilbanks@students.fhu.edu // staff writer

Believe it or not, it has been almost a month since we last reported on the Lady Lions Volleyball Team. The team had just pulled another win over Mid-Continent College, and shortly after they had another great victory against Lyon College. Now the team has about 5 matches to go before they finish up the season, and it looks like things are going to go out on a high note once again for the team as the month comes to a close.

A few weeks ago, on September 30th, the girls faced an unfortunate loss to Trevecca Nazarene University which ended the team's 20-match home winning streak that extended over 2 years. The Lady Lions came close to catching up in the first set against Union with a score of 24-22; the same was said about the second set, with the girls making up for lost time by the end. Thankfully, they pulled a win in the third set of the match and, even with Trevecca making a last minute effort to catch up, the Lady Lions made it through with a 25-21 win for the round. Although the fourth set was mainly a game of switching leads, Trevecca eventually finished it off with a solid 29-27 win. Sydney Rice led an excellent offense with 17 kills.

On October 4th, the FHU Lady Lions followed up that loss with a spectacular win over Mid-Continent College in the Kentucky Cougar Center. Throughout the course of the three sets (25-8, 25-21, and 25-14) the girls showcased the awesome offense that the team has become known for. Sydney Rice, Sandra Montoya, Rachelle Prince, and Fernanda Ferreira all contributed kills to the team's consistent lead, with Renata Ferreira and Amber Turner both providing great assists. Sandra Montoya also contributed 17 digs for the defense, which aided the excellent efforts of the rest of the team that gave them to a 5-2 conference record. Most recently, the Lady Lions secured a solid win over their consistent rival, Union University.

Despite an FHU loss in the first set (25-19) the girls proved themselves in the next three sets with scores of 25-10, 25-15, and 25-19, respectively. The girls are now only a half-game out of second place behind Cumberland, and they are currently in a third place tie with Martin Methodist University. The FHU Volleyball team and crew have obviously spent a lot of work ratcheting up the offensive game, totaling 45 kills in the three sets they won with a .361 strike percentage.

Thanks to this intensive offensive game, the girls have finally overcome a few losses from the middle of the season. If this recent victory is any indication, the last few games are definitely going to be the ones to see. The team has set a solid record so far this season with a 7-7 overall record and a conference record of 6-3. Next up is a match against Union University at FHU this Saturday at 7:00. Be sure to make plans to come out to the game and support the team as this fantastic season begins to come to a close.

take it to the bank

SPORTS with MICHAEL YOUNG



What you see isn't always what you get. The BCS standings were released for the first time this past Sunday.

Oklahoma and Oregon hold the top two spots, which surprised some people because of rumors that Boise State would be in the top spot; they were number three.

The 1999 Florida State Seminoles and the 2004 USC Trojans are the only two teams in the short history of the BCS to be top dogs in the first poll and end up in the National Championship Game.

So, all of you that are on the Boise State bus, don't get too upset yet. Your biggest test left in the season (Nevada) just lost to Hawaii. The path may be growing clearer every week, as long as Boise can just keep winning. Here are some things you will get, but may not see for a few more weeks:

- LSU isn't an undefeated team, but they are better than people give them credit for. They could easily be number one if they had anything that resembled a passing game. Watch for them to win one of their games against Auburn or Alabama.
- Auburn won't go undefeated. They will slip up somewhere along the way.
- Georgia could win out and impress in all of those wins. Remember, Aaron Murray is a redshirt freshman...this kid is going to be good.
- South Carolina and Vanderbilt still control their own destiny to get to the SEC Championship game. Don't count on either of them being there.
- I will make my call: Alabama to the SEC Championship game from the West. They lost to South Carolina, and now everybody has forgotten about them.
- Oregon goes undefeated in the PAC-10 (and for the season). They have too much talent, and they don't have a trap game on the schedule.
- TCU won't be undefeated at the end of the year.

LIONS SOCCER STILL WINNING GAMES

Soccer teams breaking records

● FHU's soccer teams continue strong against TranSouth opponents and setting records in the process.

By DUSTIN SEMORE dustin.semore@students.fhu.edu // staff writer

Freed-Hardeman

soccer has not slowed down since their red-hot start at the beginning of the semester. Both teams are having record-breaking seasons. Starting with the women's squad, the 8-4-2 Lady Lions are one win away from tying the single-season record for most wins.

To get their 8th win, the Lady Lions defeated Midway College 6-0, shutting out the record-breaking 7th game of the season. The previous record was 6 shutouts and was set twice during the 2002 and 2006 campaigns.

With three games remaining in the regular season, the Lady Lions have the opportunity to break the single season record for total and conference wins. They will host the Lyon College Lady Scots on October 19th, kicking off at 5:00pm.

The men's soccer team has been just as successful as the ladies. On October 5th, the Lions, led by leading scorer Simba Zvaita, defeated the Union University Bulldogs in Jackson. This victory gave the Lions their first TranSouth Athletic Conference win



Jessica Phillips • The Bell Tower

since 2007, breaking a 20 game losing streak against TranSouth opponents.

After defeating Trevecca Nazarene 7-0 on October 15th, the Lions have tied the second best win total by a Lion soccer team. If the Lions continue to rack up wins for the remainder of the season, they will tie last year's squad with a 13 game win total.

The Lions will put their 9-3 record to the test against Lyon College immediately following the Lady Lions game on October 19th.

Cross country team readies for conference meet

By RUTH HAMM • ruth.hamm@students.fhu.edu // staff writer

Cross country is making a comeback at Freed-Hardeman University. This is only the second year of the new cross country program. It is also the first year to have complete men's and women's teams, since last year there were not enough runners to form full teams. Things are steadily improving this year. The team's seven women are Hannah Leach, Jordan Saliba, Mary Faust, Mert Shepard, Staci Irwin, Brianna Steffy, and Elise Beisel, who was injured and was only able to run in the first race. The five men running for the team are Jason King, Luke Searcy, Bryan Davis, Joseph McKenzie, and Zac Cook. Even though these are separate teams who run separate events at meets, the men and women act as a single team, practicing together and traveling to events together.

Practice consists of running every day, alternating between early morning and afternoon runs. Sometimes they

run for distance, with fourteen miles being their longest run, and sometimes for speed, which might consist of three miles of sprints broken up into smaller increments. Also included are threshold runs, which are medium distance runs done at just under race pace, and recovery runs, which are shorter runs that allow for recuperation.

As the team grows in number and experience, they continue

to make progress even though they seem to be the underdogs. The runners' times get better with each race, and they have regularly

beaten conference foe Trevecca Nazarene University and come close to other conference teams. Brianna Steffy commented on

of more positive coaching, we're more unified as a team, and this has helped us become better competitors."



Jessica Phillips • The Bell Tower

their success by saying,

"All of our attitudes have improved, even since the beginning of the year. Because

really patient with the team. He understands that this is still a growing program, but at the same time he pushes us enough

to challenge us and make noticeable improvements. He definitely has the kind of good, positive attitude you would want to find in a Christian and in a leader." Davis's comments mean a lot in light of the fact that this is Spradlin's first year as head coach.

The teams have competed in the St. Louis Big River Early Bird, the Vanderbilt University Cross Country Classic, the Brooks Memphis Twilight Classic, and the Union University Invitational. Mary Faust been the women's team's top finisher in all of the meets. Zac Cook has led the men in all of the meets save one, which he did not finish due to injury; Luke Searcy led the Lions that day.

The TranSouth Conference Championship Meet will take place on October 23 at Union, and the NAIA Qualifying Meet will be on November 5th in Nashville.

Discreetly Conspicuous

By ANDREW BAGGOT

• andrew.baggot@students.fhu.edu
// assistant editor

I have been waiting a while to write this article. After all, it is about habit, and habits are established by virtue of the time over which they are held. My habit, my daily joy, is breakfast.

Every weekday, I wake up on average two hours before my first class begins. When I get to Gano, a plate of eggs, a bowl of cereal, a glass of orange juice, and a friendly greeting from Brother Stan Mitchell complete my picture of matinal essentials.

I settle in at my usual high table by the window, and I watch the world awake.

First, things are quiet. The cool of the morning slowly fades into the warmth of sun,

illuminating by gentle degrees the glass pane beside me. Perhaps I read a book, perhaps I study for a test, perhaps I simply enjoy my juice. Those first minutes are precious, pristine — an elegant overture to the symphony of each new day.

Then, slowly at first but with increasing energy, the pre-8:30 rush begins. A wave of bustle washes through the front door, tables fill up, the volume rises ever so slightly. Often, I will gain a table companion at this point. Sometimes it's a close friend, or a classmate, or on rare but welcome occasions a professor. Those first interactions are the best moments in my mornings;

one feels a smooth confidentiality in such quiet exchanges, an unspoken and momentary intimacy. There is something delicate about the morning; people are still deciding whether or not to have a good day, and the smallest things matter.

Sometimes we speak of little trivialities, sometimes of upcoming tests, sometimes of the weightier matters of life: faith, love, our futures. And then, too soon, 8:30 rolls around, and my companion leaves for class.

Once again, things become quiet. The sun is a bit higher, a bit brighter. The pace of the morning is perfect, and having the time to ease into it makes a

big difference. Those moments of relaxation and contemplation easily make up for any sleep lost in getting up early.

Besides the incredible psychological benefits of such a peaceful beginning, numerous studies indicate wonderful physical benefits as well. Breakfasters tend to weigh less, possess more strength and endurance, and have lower levels of LDL (the bad kind of cholesterol). They have more energy throughout the day, and they are more likely to have a well-rounded intake of vitamins and minerals.



But enough with the health nut babble. I love breakfast; it makes the rest of the day much more pleasant. It gives me time to think, free of distractions. It gives me opportunities for meaningful conversation. If nothing else, it gives me a couple of extra hours to study.

Give breakfast a chance. If you don't want to sit alone, come join me by the window. I love company.

Keep the volume down, though — after all, it is still

rollover from OPINION...

SHANNON in EUROPE

dinner on the lawn under the Eiffel Tower, and so on.

Someone asked me the other day what has been my favorite thing that I have done so far in Europe, and I couldn't come up with an answer. Of course I have unbelievable memories from the major tourist attractions like the London Tower, the Eiffel Tower (there's a lot of towers here), the Louvre, and at least 1.4 million castles (and that is not an exaggeration). But then there's the different kind of memories from places that aren't exactly happy, but still memorable nonetheless, such as the Dachau Concentration Camp in Germany and the D-day Beaches in Normandy.

There's also memories of just random, off the beaten path treasures that we find when we are just wandering around: Montmartre in Paris where we just sat on the steps outside the Sacre Coeur and watched the street performers; when we found the bridge in Paris where they filmed part of Inception, which also has a great view of the Eiffel Tower at night; or coming upon a red carpet movie premiere in the city centre of

London. But on top of all those great and exciting things, there are the little memories that just really round out the trip like eating the most disgusting cheese crepe you can imagine, or four friends sitting on a three-hour train with a headphone splitter all jamming out to the same iPod.

HER VIEW

polo. Polo shirts are just as easy to put on as a t-shirt, but they look about 100 times better. These key pieces can amp up your wardrobe and give you a much more put together look.

Everyone has a few articles of clothing that no one else can really understand, but in your fall cleaning, if you have any of these pieces you should probably send them on to a better place. The first thing to go should be baggy jeans and jeans that are exceedingly tight. I'm not sure when appropriately fitting pants went out of style, but we need to bring that back. You are, in fact, a college student now, so let the Garanimals go. It's one thing to coordinate and it's another to painfully match, so dressing monochromatically is not acceptable. Girls really don't like

muscle tees, I promise. Most girls do not find your body hair all that cute; so put it away with a shirt that actually fits. Another thing to put away, ankle socks with shorts. Thankfully it's winter, so hopefully we won't see this as much, but in general it's better to go with no show socks. A more mature wardrobe will be greatly beneficial in the long run, so moving on a few pieces now will be a good start.

Next time you get ready to leave your dorm room, remember these generic guidelines. You do not have to buy the top brands to look nice. Just take a little more time and your return will be great.

freshman fifteen.

never actually do. The more we try to prioritize homework, clubs, Bible study, and sports in our minds, the more stress will be knocking at our door. We have to get the job done.

What kinds of things are we sacrificing in order to "just get by" from day to day? We must find a proper balance among all of our activities.

THE BELL TOWER STAFF Fall 2010

EDITING STAFF:

Editor in Chief..... Kyle Taubken
Associate Editor..... Heather Fortenberry
Layout Editor..... Kyle Taubken
Assistant Editor..... Mary-Rachel Leach
Assistant Editor..... Andrew Baggott
Assistant Editor..... Brittani Burroughs
Assistant Editor..... Kayla Carnagie
Assistant Editor..... Christina Gilliam
Assistant Editor..... Hannah Hoyt
Assistant Editor..... Rachel Hoyt
Photographer..... Jessica Phillips
Faculty Sponsor..... Derrick Spradlin

STAFF WRITERS:

Amber Oliver
Derek Estes
Dustin Semore
Jake Wilbanks
Ruth Hamm
Thomas Vick

COLUMNISTS:

Jeremy Schrimsher
Chris McKnight
Bryson Leach
Lincoln Stemler
Becca Phillips
Shannon Hargis
Broderick Greer
Michael Young